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N/A In conducting research using animals, the investigator(s) adhered to the "Guide for the Care and Use of Laboratory Animals," prepared by the Committee on Care and use of Laboratory Animals of the Institute of Laboratory Resources, national Research Council (NIH Publication No. 86-23, Revised 1985).

*glw* ☒ For the protection of human subjects, the investigator(s) adhered to policies of applicable Federal Law 45 CFR 46.

☐ N/A In conducting research utilizing recombinant DNA technology, the investigator(s) adhered to current guidelines promulgated by the National Institutes of Health.

☐ N/A In the conduct of research utilizing recombinant DNA, the investigator(s) adhered to the NIH Guidelines for Research Involving Recombinant DNA Molecules.

☐ N/A In the conduct of research involving hazardous organisms, the investigator(s) adhered to the CDC-NIH Guide for Biosafety in Microbiological and Biomedical Laboratories.

  
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10/29/99  
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## INTRODUCTION

The principal purpose of this trial is to assess the potential for the essential nutrient **selenium** (Se) to inhibit the progression of prostate cancer. The rationale for this trial is based on the results of the Nutritional Prevention of Cancer (NPC) Trial, our double-blind, randomized clinical trial, which observed a 63% reduction in prostate cancer incidence during the initial 10 years of follow-up in participants receiving 200 µg of Se compared to those assigned to a placebo<sup>1</sup>. This trial will randomize participants to either a placebo or one of two Se dosages, 200 µg, or 400 µg/day. A study population of prostate cancer subjects was selected because they represent a population that may benefit from selenium's potential to prevent the morbidity and mortality associated with prostate cancer and prostate cancer treatment. The primary endpoints for this trial are the velocity at which the primary clinical marker of prostate cancer progression, serum prostate-specific antigen (PSA) increases and the rate of development of metastases in the population undergoing prostatectomy. A key set of secondary end points consists of markers of tissue changes between initial diagnostic biopsy and radical prostatectomy. Additional endpoints are time to disease progression, initiation of hormone therapy, and the time to documented metastatic disease. The trial will randomize at least 110 patients, in order to have an 80% power to detect a 70% decrease in the velocity of PSA with an alpha of 0.05 during an expected average follow up of 24 months in funding phase one and an additional 20 months in funding phase two of the trial. The minimum treatment effect of 70% was selected for this study of prostate cancer patients because it is similar to the treatment effect observed in the NPC trial among non-melanoma skin cancer patients. Recruitment was hindered in this trial by our decision to require frozen tissue specimens at both biopsy and radical prostatectomy. Based on the advice of our key consulting urologist, that this requirement was seriously limiting recruitment, we have decided to work with both frozen tissue specimens and paraffin-embedded specimens; he and our collaborating investigators have informed us that allowing collaborators to use paraffin-embedded specimens will substantially increase our study accrual. Unfortunately, Dr. Clark has encountered severe health problems and this has limited our ability to recruit collaborating urologists and deal with study problems. However, he recently enlisted Dr. James Marshall (CV enclosed), to assist with the conduct of this trial. Dr. Marshall has taken an increasingly active role; it was his decision to shift to the use of paraffin-embedded tissue.

## BODY

### ***Task 1: Training and Preparation for Trial***

The clinical trial questionnaires that were used in Dr. Clark's *Nutritional Prevention of Cancer* (NPC) and *Watchful Waiting* (WW) trials were modified for this trial as appropriate (Appendix I). A Procedures Manual (Appendix II) has been written to incorporate the data entry protocols, and the coordinating staff has been trained to enter the data into the system. In addition, data entry programs and monitoring routines were written in Visual Basic and Microsoft Access to accommodate the data collection (Appendix III).

Cypress Systems (Fresno, CA) provided the Selenium and Baker's Yeast for the study supplements and Pharma Nord (Denmark) manufactured, tableted, and boxed the pills for this trial in dosages of 200 µg and 400 µg selenium, and a matched placebo. Blood sample

collection kits and processing supplies were acquired to enable us to assay the specimens. Dr. Clark prepared the necessary randomization codes.

## ***Task 2: Subject Recruitment, Enrollment and Randomization***

The recruitment rate for this study has been lower than expected by our original projections. This is partly because of new treatments for prostate cancer (such as "seeding"). In addition, the incidence of prostate cancer appears to have declined slightly: this is probably the result of the detection of large numbers of early stage cases as a result of the advent of the PSA test. The media saturation stemming from the publication of our results in JAMA (December 25, 1996) regarding a possible reduction in the incidence of prostate cancer due to selenium intake, may have led a large number of prostate cancer patients to take selenium, which then makes them ineligible. Summarized below are reasons for the lower recruitment rates, and solutions to increase the recruitment rate:

Reasons for lower-than-expected recruitment rate:

- 1) More prostate cancer patients are taking selenium on their own than originally anticipated.
- 2) IRB and Human Subject approval at each affiliated clinic is more time-consuming than estimated.
- 3) The requirement for snap-frozen tissue has limited study accrual.

Action has been taken to increase recruitment and randomization. Plans for increased recruitment are currently being implemented as noted below:

Recruiting additional urology clinics - IRB applications and approvals are being actively monitored to ensure that each clinic site has all necessary documents as rapidly as possible (Appendix IV). In some cases, the Tucson Coordinating Center (TCC) completes IRB approval forms for the clinics that want to join the study. This speeds the overall approval process by ensuring timely and accurate completion and submission to the appropriate review agencies. As soon as a new clinic has the necessary IRB documentation, the TCC will submit a letter to the DOD for approval for that site.

Advertising/Seminars - in the Tucson and surrounding areas for participants, visiting local military bases and/or sending information in veterans' newsletters regarding the study, and traveling to prostate cancer symposia and urologists' seminars to increase awareness about our trial.

We have recruited nine participants to the study, of which three did not meet the eligibility criteria and one decided not to continue. Therefore, we have five successfully randomized participants. All participants are from the Tucson, AZ clinic.

Participants are randomized into one of three treatment groups (placebo, 200 µg selenium or 400 µg selenium), and are given supplements in six-month supplies.

As mentioned, our decision to require participating urologists to provide frozen sections of biopsy and prostatectomy specimens greatly limited study accrual. This decision was made for a very good reason: frozen tissue can be analyzed for RNA activity; paraffin embedded tissue, given present technology, cannot. Thus, the use of frozen tissue would have enabled us to do all we originally proposed, and a good deal more. Unfortunately, requiring frozen

tissue severely limited urologist participation. Therefore, we have reluctantly decided to rely on paraffin-embedded tissue, which will allow us to use immunohistochemical staining to evaluate apoptosis, proliferation, and the expression of thioredoxin and thioredoxin reductase. It will also allow us to examine the expression of bcl-2 and P-53. Some of our collaborating sites routinely process their tissue by snap-freezing the biopsy and prostatectomy specimens. We will continue to collect snap-frozen material from these sites.

### ***Task 3: Baseline Data Collection***

At time of enrollment, we collect a signed informed consent form, paraffin-embedded biopsy slides or two snap-frozen biopsy cores (depending on the standard processing practice of each urology site), pathology reports, Registration, Baseline and Food Frequency questionnaires, plus a blood sample.

### ***Task 4: Follow-Up***

Participants have their blood drawn at their study visits once a month for the first two months and then semi-annually thereafter. Additionally, they will receive their assigned study supplement and complete follow-up and urological symptoms questionnaires. The questionnaires ascertain information such as any new illnesses, medications, or adverse events. In addition, the participants will complete additional Food Frequency Questionnaires.

### ***Task 5: Laboratory Analyses***

We are conducting PSA analyses at the Tucson Coordinating Center using the Abbot IMx procedure. Blood samples collected from the SELECT Trial participants are sent to Cornell University for Se assays and to the San Diego VA Medical Center for Chromagranin A assays.

In addition to the above noted assays, blood samples are sent to SmithKline Beecham (now part of Quest Diagnostics) for elevated kidney and liver function analyses. This ensures that Selenium is being safely administered to each participant. Plasma alpha tocopherol and lycopene are also archived from the blood draws for future analyses.

Our collaborators are well versed in performing the various proposed analyses on paraffin-embedded tissues. We have worked tissue for Bcl-2, P53, the proliferation antigen Ki67, and the TUNEL assay for apoptosis. We have obtained a monoclonal antibody specific for thioredoxin and a polyclonal specific thioredoxin reductase.

Included is an example of the KA2 basal cell specific antibody (Figure 1, A, B) and an example of the positive control and a specimen using the Ki67 (MIB1) antibody (Figure 1 C, D).

### ***Task 6: Data Entry***

All forms, questionnaires, and laboratory results are being entered into the database by the trained coordinators and laboratory assistants. Data will be checked semi-annually during Quality Control reviews.

## ***Task 7: Data Analyses and Report Writing***

During the last months of the funding period, analyses of the collected data will be performed and reports and manuscripts for publication will be prepared and submitted.

### **KEY RESEARCH ACCOMPLISHMENTS**

No key research accomplishments have been accomplished at this early stage of the clinical trial.

### **REPORTABLE OUTCOMES**

There are no reportable outcomes at this early stage of this clinical trial.

### **CONCLUSIONS**

- Participant enrollment will be accelerated due to ongoing site visits at participating clinics to meet with the collaborating physicians, answer questions and review charts to identify eligible participants.
- Participating urologists will be able to choose to provide paraffin-embedded tissue samples, which will allow more physicians to participate.

### **REFERENCES**

1. Clark LC, Combs GF Jr, Turnbull BW, et al. Effects of selenium supplementation for cancer prevention in patients with carcinoma of the skin. A randomized controlled trial. Nutritional Prevention of Cancer Study Group [see comments] [published erratum appears in JAMA 1997 May 21;277(19):1520]. *JAMA*. 1996;276:1957-63. COMMENTS: Comment in: *JAMA* 1996 Dec 25;276(24):1984-5, Comment in: *JAMA* 1997 Mar 19;277(11):880; discussion 881, Comment in: *JAMA* 1997 Mar 19;277(11):880-1; discussion 881.

### **APPENDICES**

- Appendix I – Clinical Trial Questionnaires
- Appendix II – Procedures Manual
- Appendix III – Data Entry program
- Appendix IV – Summary of IRB Approval Status
- Appendix V – Figure 1, C, D
- Appendix VI – Larry Clark Curriculum Vitae
- Appendix VII – James Marshall Curriculum Vitae

### **WHAT IF I WANT TO WITHDRAW?**

You are free to ask questions at any time throughout the study, and you may withdraw from the study at any time without adversely affecting your medical care.

### **HOW DO I FIND OUT MORE?**

If you are interested in joining the study or would just like to find out more information, please call 1-800-243-6519 outside of Tucson, or 321-7798 within the Tucson area and ask to speak to a SELECT coordinator. We will then send you an information packet and contact your urologist to explain the study to him or her. You can also check out our website at [www.selenium.arizona.edu](http://www.selenium.arizona.edu)

Thank you for taking  
the time to find  
out more about the  
**SELECT Study, A  
Chemoprevention  
Trial of Selenium and  
Prostate Cancer**



**SELECT**

**STUDY**



**CHEMOPREVENTION TRIAL OF  
SELENIUM AND PROSTATE  
CANCER**



**LARRY C. CLARK, M.P.H., PH.D.**

**ARIZONA<sup>®</sup>**  
**CANCER CENTER**



This brochure was produced by the Selenium and Cancer Projects, Larry C. Clark, Principal Investigator, within the Arizona Cancer Center at the University of Arizona, 2504 E. Elm St., Tucson, AZ 85716. [www.selenium.arizona.edu](http://www.selenium.arizona.edu)

## **TRIAL BACKGROUND**

Dr. Larry Clark developed the idea for this trial after reporting the results of the Nutritional Prevention of Cancer (NPC) Trial. This trial observed a decrease in the incidence of prostate cancer for the participants who were taking 200 mcg of selenium per day compared to those taking a placebo.

In this new SELECT study, we want to look at how selenium affects the prostate and have a better understanding of the potential effect that selenium may have on prostate cancer.

## **STUDY SUMMARY**

The purpose of this trial is to assess if treatment with the essential nutrient Selenium slows the advancement of prostate cancer. Different doses of selenium will be given to participants during the study.

Participants in the SELECT study will have a 66% chance of taking Selenium and can ELECT their cancer treatment of either Watchful Waiting or Prostatectomy.

Eligible patients will be randomly placed into one of three groups. Two groups will be given selenium at dosages of either 200 or 400 micrograms. The third group will be given a placebo pill that looks and smells exactly like a selenium pill, but contains no selenium. This placebo group will serve as the control group so that the effect of selenium in the other groups can be clearly determined.

## **WHAT DOES SELENIUM DO?**

The major functions of selenium in the body that have been discovered to date include:

- Selenium helps repair damage to DNA. DNA carries our genetic information and damage to it may increase the risk of cancer.
- Selenium is found in enzymes that may help decrease the spread of damage to cells by promoting a process called apoptosis.
- At high doses, selenium may decrease the rates of tumor growth.
- Selenium appears to improve the functioning of the immune system and its response to infections.

## **WHAT IS SELENIUM?**

Selenium is a nutritionally essential trace element that occurs naturally in the soil. The amount of selenium in the soil varies greatly by region. It enters our bodies through our food (both plant and animal products) and, to a lesser extent, water sources. It enters the food chain when plants absorb selenium from the soil into their leaves, stems, seeds, and fruits. Animals eat plants containing the selenium, and this is stored in their tissues. Some foods that are good sources of selenium are grains grown in the Midwestern United States and animal meats, especially organ meats. Certain foods like brazil nuts are especially high in selenium.

FHS APPROVAL 6/17/99

## **WHO IS ELIGIBLE TO JOIN?**

You may be eligible to join this study if you:

- ✓ Have been recently diagnosed with prostate cancer.
- ✓ Have a current PSA below 50 ng/ml;
- ✓ Have received no therapy (hormones, surgery, or radiation) and are engaged in watchful waiting, or will choose to have a prostatectomy;
- ✓ Are free of any symptomatic metastatic prostate cancer;
- ✓ Have no history of any other internal malignancy within the last 5 years;
- ✓ Are between 45 and 80 years old; and
- ✓ Are not taking more than 50 micrograms per day of selenium from other sources.
- ✓ Are not taking Propecia or Proscar.

## **WHAT WILL I HAVE TO DO?**

If you join this study, you will agree to:

- ✓ Take one tablet every day for up to three years.
- ✓ Give a blood sample every month for the first two months, then semi-annually for the rest of the study.
- ✓ Provide information on your nutrition and mood status periodically.
- ✓ Visit your urologist twice a year.
- ✓ Report any new medication, illnesses, or hospitalizations.



## **Thank You!**

Thank you for taking the time to look at the enclosed information concerning our new study:

### **SELECT: Chemoprevention Trial of Selenium and Prostate Cancer.**

Our current trial, the *Nutritional Prevention Of Cancer Project*, indicates that male study participants taking 200 micrograms of selenium have a decreased incidence of prostate cancer when compared to participants not taking selenium.

This new project will attempt to determine if selenium is beneficial to participants who have prostate cancer.

Included in this letter are the following items:

- ✓ **A Study Summary**
- ✓ **A Participant Information Sheet**

If any of these items are missing, please call 1-800-243-6519, and ask to speak with a SELECT study coordinator. Within the Tucson area, please call 321-7798.



## **SELECT: Chemoprevention Trial of Selenium and Prostate Cancer**

### **SUMMARY OF STUDY**

The purpose of this trial is to assess the potential of treatment with the essential trace element **selenium (Se)** at various doses to inhibit the progression of prostate cancer.

Eligible participants will be randomly placed into one of three groups. Two of these groups will be given selenium at dosages of either 200 or 400 micrograms. The third group will be given a placebo pill that looks and smells exactly like a selenium pill, but has no selenium in it. The placebo group will serve as the control group so that the effect of selenium in the other groups can be clearly determined.

There will be at least 110 participants involved in this study. Results of Prostate-Specific Antigen (PSA) tests can be made available through participants' physicians only. Selenium results will not be available to study participants due to the double-blind design of the trial. The background for this study was provided from the Nutritional Prevention of Cancer (NPC) study.





## **SELECT: Chemoprevention Trial of Selenium and Prostate Cancer**

### **PARTICIPANT INFORMATION SHEET**

The purpose of this research study is to test the possibility that a supplement of the trace element selenium can slow the growth of prostate cancer, and to determine if the supplement is effective in patients who have had a prostatectomy. This trial has the opportunity to assess the potential benefit of selenium supplementation at nutritional doses on the progression of prostate cancer.

The advantage of selenium supplementation therapy is its relative non-toxicity. Additionally, selenium may improve the mood of participants and it can either diminish the growth rate of prostate cancers or induce regression of existing cancers.

To participate in this study, patients will undergo a screening procedure to ensure eligibility. This will entail a physical examination by their urologist including a rectal exam and blood tests to ensure normal liver and kidney function. To be eligible, participants must have a biopsy-proven carcinoma and have elected "watchful waiting" after their diagnosis or have chosen to undergo a prostatectomy. Patients meeting the admission criteria will be contacted by a SELECT study coordinator, enrolled into the trial, and monitored for a period of up to three years.

*(continued)*

*Participant Information Sheet, Page 2*

Participants will be randomized to take either a placebo or one of two selenium dosages. This means that 66% of participants will receive a selenium supplement. A six-month supply of tablets will be dispensed upon entry into the trial.

If participants report symptoms of selenium toxicity such as unexplained garlic breath or changes in their nails or hair they will be asked about any symptoms that may be related to selenium toxicity and provide a blood sample. No evidence of selenium toxicity has been observed in the previous trial as indicated by routine examination of the participants' nails and hair. Furthermore, no participants withdrew from the study due to medical problems.

There will be no loss of benefit or change in treatment for their prostate cancer whether or not the patients decide to take part in this study. Participants are free to withdraw from the study at any time.

## SELECT—Participant Pill Instructions

- Take *one* pill at the *same time* each day. For example, if you take one pill at 8:00 AM on Monday, then take it as close as possible to 8:00 AM on Tuesday.
- Note: the pills are labeled with the day of the week to help you remember taking your pill.

Here's some hints to using this system:

Think of your blister pack of pills as a mini-calendar. The rows represent the weeks you are taking the pills (week 1, week 2, etc) and the columns are the days of the week.

You will take your first pill from the first row on the day of the week you begin. – make sure that you take the pill from the column corresponding to that day of the week! For example, if you start on a Wednesday, find the pill in the first row, third column, (for Wednesday) and take that pill.

Continue taking the pills by going through the rows from left to right. When you reach the very last row of the blister packet, you can go back to the remaining days on the first row (back to your first 'week') that preceded your first pill and take those pills on the corresponding days of the week.

- If you miss the time for taking your study pill for *one day*, skip that dose. Then, double the dose the next day.
- If you miss taking the pill for *5 days in a row or more*, please contact your research coordinator at 1-800-243-6519, or 321-7798 in the Tucson area, to notify us.
- If you have any unused study pills remaining when you receive these pills, please discard them and begin taking the new study pills.
- Please record the date that you take your first pill from a new box of pills. *(Please write the date on the pill box label in the space provided AND write the date on the pill postcard enclosed and place it in the mail immediately).*
- If you have any questions or concerns, please call your coordinator at:  
**1-800-243-6519** (outside the Tucson area), or **321-7798** (in the Tucson area)

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
                     (Last)                      (First)                      (M.I.)

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_  
 \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_  
 \_\_\_\_\_

Registered by: \_\_\_\_\_ Doctor Name: \_\_\_\_\_

For the patient to be eligible for the study, all items in the checklist must be answered affirmatively and verified by medical record review. This patient is eligible for the study if he:

|   | PSA LEVEL=   | NG/ML | YES | NO |
|---|--|-------|-----|----|
| 1 | Has a current PSA of less than 50 ng/ml?   |       |     |    |
| 2 | Has no history of treatment for an internal malignancy in the previous five years?                                 |       | YES | NO |
| 3 | Is taking less than 50 micrograms of selenium a day as a daily supplement (including in multivitamin supplements)? |       | YES | NO |
| 4 | Has liver and kidney enzymes less than 2 times the upper limit of normal?  |       | YES | NO |
| 5 | Is a surgical candidate?   |       | YES | NO |
| 6 | Is less than 80 years of age?  |       | YES | NO |
| 7 | Has not started taking Proscar within the last three months? (Date started taking ____ / ____ / ____)              |       | YES | NO |

|    |   |   |     |    |
|----|---|---|-----|----|
| 8  | Has a biopsy proven adenocarcinoma of the prostate?   | DATE: <u>    </u> / <u>    </u> / <u>    </u> | YES | NO |
| 9  | Has received no therapy (hormones, surgery, or radiation) for prostate cancer and will be followed with watchful waiting or has chosen a prostatectomy? |   | YES | NO |
| 10 | Is free of any symptomatic metastatic prostate cancer?  |   | YES | NO |

Date of biopsy: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Gleason Score:**

Date \_\_\_\_\_

2. If pills are sent from the Tucson Coordinating Center: Upon completion of this form, please fax this document to the TCC at (520) 321-7774. The TCC will fax the form back with a Participant ID number.

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P:\SeLECT Study\FORMS\Questionnaires\Registration.doc

**Chemoprevention Trial of Selenium and Prostate Cancer**

Date: 07/09/98 initial approval

HSC#: 97-57

Amendments: 07/17/98, 07/22/98, 08/06/98, 9/16/98, 10/1/98

I AM BEING ASKED TO READ THE FOLLOWING MATERIAL TO ENSURE THAT I AM INFORMED OF THE NATURE OF THIS RESEARCH STUDY AND OF HOW I WILL PARTICIPATE IN IT, IF I CONSENT TO DO SO. SIGNING THIS FORM WILL INDICATE THAT I HAVE BEEN SO INFORMED AND THAT I GIVE MY CONSENT. FEDERAL REGULATIONS REQUIRE WRITTEN INFORMED CONSENT PRIOR TO PARTICIPATION IN THIS RESEARCH STUDY SO THAT I CAN KNOW THE NATURE AND RISKS OF MY PARTICIPATION AND CAN DECIDE TO PARTICIPATE OR NOT PARTICIPATE IN A FREE AND INFORMED MANNER.

**PURPOSE**

I am being invited to participate voluntarily in a research study of the use of daily selenium supplements on the increasing growth of prostate cancer. Selenium is an essential trace element which is required as part of the human diet. This double-blind (neither patient nor physician has information concerning assignment to selenium/placebo or dosages), randomized (to assign at random) study is designed to test the possibility that a supplement of selenium can decrease the increasing growth of prostate cancer. In a previous trial consisting of patients with a history of skin cancer, it was observed that patients who were in the selenium supplemented group showed a significantly lower risk of developing prostate cancer. I understand that the purpose of this study is to determine if selenium supplementation will decrease the growth of my prostate cancer and to determine how quickly a positive effect will be seen. I also understand that if I elect to undergo a prostatectomy, the purpose of the study will be to determine if selenium supplementation decreases the occurrence of the spread of my disease. I understand that two dosages of selenium will be used in order to determine the most effective dose for use in slowing the growth of prostate cancer. This study will not use selenium as a treatment option for the possible cure of prostate cancer.

**SELECTION CRITERIA**

I understand that I am being invited to participate because I have been diagnosed with localized prostate cancer within the last four years and have not yet received any therapy, such as radiation treatment, hormone therapy or surgery. I will be one of at least 110 individuals participating in this study, which will be conducted under Investigational New Drug #29829 from the Food And Drug Administration. The selenium preparations to be used in this study are investigational and not approved by the Food and Drug Administration (FDA) for commercial use; however, the FDA has allowed their use in this research study.

**STANDARD TREATMENT**

I am being considered for this study because I have declined immediate active treatment for my prostate cancer and have elected to Awatsh for cancer growth prior to any treatment intervention. I will also be considered for participation in this study if I choose to have a prostatectomy. I understand that if I choose to have no therapy for my cancer, there is the possibility that my cancer will spread to other parts of my body. If I decide not to participate in this study, I may elect to continue no treatment for my cancer and wait for any possible changes. Other treatment options are hormone therapy or radiation therapy. I am aware that

\_\_\_\_\_  
Initials\_\_\_\_\_  
Date

**Chemoprevention Trial of Selenium and Prostate Cancer**

Date: 07/09/98 initial approval

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Amendments: 07/17/98, 07/22/98, 08/06/98, 9/16/98, 10/1/98

I will need to consult my regular physician to discuss these treatment options.

**PROCEDURE(S)**

If I agree to participate, I will be asked questions about my health habits (such as smoking), a history of medical problems and current use of vitamins and medications. I will have a complete physical examination by my physician, including rectal exam. I must have a biopsy-proven (removal and analysis of tissue) prostate cancer. Tissue samples from my biopsies will be forwarded for analysis to the investigators participating in this study. A blood sample of approximately 21 cc. (1 1/2 tablespoons) will be collected from me at the beginning of the study and quarterly thereafter at scheduled visits to my physician. The amount of selenium in these samples will be measured in addition to the level of prostate specific antigen (PSA). I understand that there is a possibility that the blood and tissue samples which I am providing under this study may also be used in other prostate cancer research studies and could potentially have some commercial applicability if warranted by new scientific or medical information. Future research with collected specimens will be conducted under an IRB (Internal Review Board) approved protocol.

I will be contacted once a month for the first three months and quarterly thereafter by a study coordinator at the Project Coordinating Center in Tucson, AZ. I will be asked about my general well-being, and to report any new illness requiring a physician's care, new medications which I am taking, and any hospitalizations. I will also be queried regarding signs of Brewer's yeast intolerance or allergies, or symptoms of selenium toxicity. If I am hospitalized, I give my permission for the study investigators to obtain my medical records in order to determine the reasons for my hospitalization and the treatments which I received. This information will remain confidential. Subjects are monitored for all new illnesses and symptoms, since there is always the possibility that unknown benefits or side effects could occur, which can only be detected in double blind clinical trials. I will also be examined at least semi-annually by my urologist.

After I am enrolled in the study I will be assigned by chance to one of three groups: one group will receive a 400 microgram dose of selenium daily in a yeast tablet, one group will receive a 200 microgram dose of selenium daily in a yeast tablet, and the remaining group will receive a placebo yeast tablet. Placebo tablets are made up of Brewer's yeast (without the additional selenium which are in the selenium supplements) and are identical in size and appearance to selenium tablets. The group of patients taking the placebo tablets will serve as the control group for the study. I will take these tablets daily for up to three years. Neither myself nor my physician will know my supplementation group assignment, although this information may be given to my physician if it is medically necessary or in the event of an emergency. I will have a 2 in 3 chance (66%) of receiving selenium supplements in this trial. I will be mailed a 6 month supply of tablets at randomization (when I am assigned at random to either selenium or placebo and to which dosage of selenium) and twice per year thereafter.

I will be asked to participate in this study for approximately 2 1/2 years.

\_\_\_\_\_  
Initials\_\_\_\_\_  
Date

**Chemoprevention Trial of Selenium and Prostate Cancer**

Date: 07/09/98 initial approval

HSC#: 97-57

Amendments: 07/17/98, 07/22/98, 08/06/98, 9/16/98, 10/1/98

**RISKS**

There are no known consequences to my health if I am assigned to the placebo group, since it contains only Brewer's yeast. If I am assigned to one of the selenium groups I understand that there is a risk that I could develop side effects including garlic breath, nail brittleness and hair breakage. If I believe that I have developed these or other symptoms related to the selenium supplementation, I may request the study center to decrease my dose and still remain an active participant in the project. In a study conducted in China, adverse side effects have been observed in a small percentage (10%) of Chinese subjects who had consumed a diet with over 1,000 microgram selenium daily. Individuals with chronic or prolonged high selenium intakes above those used in this trial have reported the development of "pins and needles" sensations, skin rash, irritability, weakness, nausea, or vomiting.

There may be some pain from the needle stick required to obtain my blood for evaluation, and some bruising at the needle site, or other minor complications from blood sample collection.

If I have hair or nail changes, I will visit a project dermatologist who will examine, sample and photograph them. These photographs will be used to observe the effects of selenium on hair and nails.

**BENEFITS**

I may not receive any benefit from participation on this study, beyond the regular monitoring of my PSA.

**CONFIDENTIALITY**

I understand that my medical records will become part of my research file and will remain confidential, but the information will be available to, and will be analyzed by, the investigators and institutions participating in this study. Also, the Food and Drug Administration may inspect these records at any time. I will not, however, be personally identified in any publication of the results of this study.

It should be noted that representatives of the U.S. Army Medical Research and Materiel Command are eligible to review research records as a part of their responsibility to protect human subjects in research.

I will be contacted periodically by the project investigators to obtain additional new information which may be important for the project. I also understand that my doctor may ask me to withdraw from the study for scientific reasons or for my safety; for example, if I develop side effects or other medical problems.

\_\_\_\_\_  
Initials\_\_\_\_\_  
Date

Date: 07/09/98

HSC#: 97-57

07/17/98 amended

**Chemoprevention Trial of Selenium and Prostate Cancer****PARTICIPATION COSTS AND SUBJECT COMPENSATION**

Should I be injured as a direct result of participating in this research project, I will be provided medical care, at no cost to me, for that injury. I will not receive any injury compensation, only medical care. I also understand that this is not a waiver or release of my legal rights. I should discuss this issue thoroughly with the principal investigator before I enroll in this study.

I will be responsible for the usual costs of treatment and the costs of my regularly scheduled clinic visits (including transportation, clinic fees, physician's fees, biopsy (removal and analysis of tissue), bone scan and laboratory fees, etc.), but I will not be charged for the supplement (tablets) or placebo or for the laboratory tests relating to this study protocol. I will not be paid for participating in this study.

**LIABILITY**

Side effects or harm are possible in any research program despite the use of high standards of care and could occur through no fault of mine or the investigator involved. Known side effects have been described in this consent form. However, unforeseeable harm also may occur and require care. I do not give up any of my legal rights by signing this form. In the event that I require or am billed for medical care that I feel has been caused by the research, I should contact the principal investigator, Larry C. Clark, M.P.H., Ph. D., at (520) 321-7798. If I have questions regarding my rights as a research subject, I may call the Human Subjects Committee Office, University of Arizona, Tucson, Arizona, 520-626-6721.

I understand that I can ask my urologist or the project coordinator at the Patient Coordinating Center (phone 520-321-7798) any questions that I may have about the study. They will answer any further questions I may have at any time concerning the study, procedures, or any illnesses or injuries that may appear to be related to the study.

**VOLUNTEER REGISTRY DATA BASE REQUIREMENTS**

I understand that the U.S. Army Medical Research and Materiel Command has sponsored this research. I also understand that it is the policy of the U.S. Army Medical Research and Materiel Command that data sheets are to be completed on all volunteers participating in research for entry into this Command's Volunteer Registry Data Base. The information to be entered into this confidential data base will include my name, address, Social Security number, study name and dates. The intent of the data base is two-fold: first, to readily answer questions concerning an individual's participation in research sponsored by USAMRMC; and second, to ensure that the USAMRMC can exercise its obligation to ensure research volunteers are adequately warned (duty to warn) of risks and to provide new information as it becomes available. The information will be stored at USAMRMC for a minimum of 75 years.

\_\_\_\_\_  
Initials\_\_\_\_\_  
Date



Date: 07/09/98

HSC#: 97-57

07/17/98 amended

**Chemoprevention Trial of Selenium and Prostate Cancer****AUTHORIZATION**

BEFORE GIVING MY CONSENT BY SIGNING THIS FORM, THE METHODS, INCONVENIENCES, RISKS, AND BENEFITS HAVE BEEN EXPLAINED TO ME AND MY QUESTIONS HAVE BEEN ANSWERED. I UNDERSTAND THAT I MAY ASK QUESTIONS AT ANY TIME AND THAT I AM FREE TO WITHDRAW FROM THE PROJECT AT ANY TIME WITHOUT CAUSING BAD FEELINGS OR AFFECTING MY MEDICAL CARE. MY PARTICIPATION IN THIS PROJECT MAY BE ENDED BY THE INVESTIGATOR OR BY THE SPONSOR FOR REASONS THAT WOULD BE EXPLAINED. NEW INFORMATION DEVELOPED DURING THE COURSE OF THIS STUDY WHICH MAY AFFECT MY WILLINGNESS TO CONTINUE IN THIS RESEARCH PROJECT WILL BE GIVEN TO ME AS IT BECOMES AVAILABLE. I UNDERSTAND THAT THIS CONSENT FORM WILL BE FILED IN AN AREA DESIGNATED BY THE HUMAN SUBJECTS COMMITTEE WITH ACCESS RESTRICTED TO THE PRINCIPAL INVESTIGATOR, LARRY C. CLARK, M.P.H., PH.D. OR AUTHORIZED REPRESENTATIVE OF THE ARIZONA CANCER CENTER. I UNDERSTAND THAT I DO NOT GIVE UP ANY LEGAL RIGHTS BY SIGNING THIS FORM. A COPY OF THIS SIGNED CONSENT FORM WILL BE GIVEN TO ME.

\_\_\_\_\_  
Subject's Signature\_\_\_\_\_  
Date\_\_\_\_\_  
Witness' Signature\_\_\_\_\_  
Date

## INVESTIGATOR'S AFFIDAVIT

I hereby certify that to the best of my knowledge the person who is signing this consent form understands clearly the nature, demands, benefits, and risks involved in his/her participation and his/her signature is legally valid. A medical problem or language or educational barrier has not precluded this understanding.

\_\_\_\_\_  
Signature of Investigator\_\_\_\_\_  
Date

I certify that this is an accurate and true translation.

\_\_\_\_\_  
Lori Fischbach, M.P.H., Ph.D.

2504 E. Elm St

520-321-7798 tel

520-321-7774 fax

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\_\_\_\_\_  
Initials\_\_\_\_\_  
Date

# FOOD QUESTIONNAIRE



This form asks about your usual food intake during \_\_\_\_\_.  
It takes about 30-45 minutes to complete. Please follow these instructions:

- Answer each question as best you can -- estimate if you aren't sure.
- **USE PENCIL.**
- Be certain to completely blacken in each of your answers, and erase completely if you make any changes.
- Do not make any other marks on this form. If you wish to make comments, please use a separate piece of paper.

Please print your name in this box.  
Please do not write outside the boxed area.

| DATE |     |    |   |
|------|-----|----|---|
| MO   | DAY | YR |   |
|      |     | 9  |   |
| 0    | 0   | 0  | 0 |
| 1    | 1   | 1  | 1 |
| 2    | 2   | 2  | 2 |
| 3    | 3   | 3  | 3 |
| 4    | 4   | 4  | 4 |
| 5    | 5   | 5  | 5 |
| 6    | 6   | 6  | 6 |
| 7    | 7   | 7  | 7 |
| 8    | 8   | 8  | 8 |
| 9    | 9   | 9  | 9 |

| SEX                          |
|------------------------------|
| <input type="radio"/> Male   |
| <input type="radio"/> Female |

| AGE                                |
|------------------------------------|
| <input type="radio"/> Less than 20 |
| <input type="radio"/> 20-29        |
| <input type="radio"/> 30-39        |
| <input type="radio"/> 40-49        |
| <input type="radio"/> 50-59        |
| <input type="radio"/> 60-69        |
| <input type="radio"/> 70+          |

| IDENTIFICATION NUMBER |   |   |   |   |   |   |   |   |   |
|-----------------------|---|---|---|---|---|---|---|---|---|
|                       |   |   |   |   |   |   |   |   |   |
| 0                     | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 1                     | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2                     | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 3                     | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 4                     | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 5                     | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| 6                     | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 7                     | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 |
| 8                     | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 9                     | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 |



PLEASE MAKE NO MARKS IN THIS AREA

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Answer each question completely. Some questions have more than one part as shown in the example below. Make sure you complete all parts of the question.

**Example:** This person ate oil-packed tuna. It was usually prepared as tuna salad or tuna noodle casserole.

**4. Did you eat canned tuna during this time period?**

☐ No (Go to question 5.) ☒ Yes

**4.1 When you ate canned tuna was it usually ...**

- ☐ Water-packed
- ☒ Oil-packed
- ☐ Either one
- ☐ Don't know

**4.2 When you ate canned tuna how was it usually prepared? (Mark one or two.)**

- ☐ Tuna, plain
- ☒ Tuna salad with mayonnaise
- ☒ Tuna noodle casserole

These questions ask about the foods you ate during \_\_\_\_\_

**1. Did you eat chicken or turkey during this time period?**

☐ No (Go to question 2.) ☐ Yes

**1.1 When you ate chicken or turkey, how often did you eat the skin?**

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

**1.2 Did you usually choose ...**

- ☐ Light meat
- ☐ Dark meat
- ☐ Both

**2. Did you eat beef, pork or lamb during this time period?**

☐ No (Go to question 3.) ☐ Yes

**2.1 When you ate beef, pork or lamb, how often did you eat the fat?**

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

**3. Did you eat hamburger or other ground meat during this time period?**

☐ No (Go to question 4.) ☐ Yes

**3.1 When you ate hamburger or other ground meat, was it usually ...**

- ☐ Regular
- ☐ Lean
- ☐ Extra lean
- ☐ Ground turkey
- ☐ Don't know

**4. Did you eat canned tuna during this time period?**

☐ No (Go to question 5.) ☐ Yes

**4.1 When you ate canned tuna was it usually ...**

- ☐ Water-packed
- ☐ Oil-packed
- ☐ Either one
- ☐ Don't know

**4.2 When you ate canned tuna how was it usually prepared? (Mark one or two.)**

- ☐ Tuna, plain
- ☐ Tuna salad with mayonnaise
- ☐ Tuna noodle casserole

5. Did you drink milk or beverages made with milk, such as hot chocolate, during this time period? (Do not include milk used on cereal or in coffee or tea.)

☐ No (Go to question 6.) ☐ Yes

5.1 When you drank milk or milk beverages, was it usually ...

- ☐ Whole milk
- ☐ 2% milk
- ☐ 1% milk or buttermilk
- ☐ Non-fat or skim milk
- ☐ Evaporated or condensed milk
- ☐ Soy milk
- ☐ Don't know

6. Did you use milk, cream or creamer on cereal during this time period?

☐ No (Go to question 7.) ☐ Yes

6.1 When you used milk, cream or creamer on cereal, what type did you usually use? (Mark one or two.)

- ☐ Cream or half and half
- ☐ Whole milk
- ☐ 2% milk
- ☐ 1% milk
- ☐ Non-fat or skim milk
- ☐ Evaporated or condensed milk
- ☐ Soy milk
- ☐ Non-dairy creamer
- ☐ Don't know

7. Did you use milk, cream or creamer in coffee or tea during this time period?

☐ No (Go to question 8.) ☐ Yes

7.1 When you used milk, cream or creamer in coffee or tea, what type did you usually use? (Mark one or two.)

- ☐ Cream or half and half
- ☐ Whole milk
- ☐ 2% milk
- ☐ 1% milk
- ☐ Non-fat or skim milk
- ☐ Evaporated or condensed milk
- ☐ Soy milk
- ☐ Non-dairy creamer
- ☐ Don't know

8. Did you eat cold cereals during this time period?

☐ No (Go to question 9.) ☐ Yes

8.1 When you ate cold cereals, what type did you usually eat? (Mark one or two.)

- ☐ Granola cereals
- ☐ High-fiber or bran cereals, such as FiberOne®, Raisin Bran®
- ☐ Whole grain cereals such as Cheerios®, Shredded Wheat®
- ☐ Fortified cereals such as Total®, Product 19®
- ☐ Other cereals such as corn flakes, Frosted Flakes®

9. Did you eat okra, squash, or yams during this time period?

☐ No (Go to question 10.) ☐ Yes

9.1 When you ate okra, squash, or yams, how often were they fried? (Do not include potatoes.)

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

10. What kinds of fat did you usually use to deep fry, pan fry or sauté foods? (Mark one or two.)

- ☐ Stick margarine
- ☐ Tub margarine
- ☐ Butter
- ☐ Shortening (Crisco®, lard, bacon fat or drippings, salt pork, ham hock)
- ☐ Olive or canola oil
- ☐ Other oils (vegetable, corn, peanut, safflower)
- ☐ Non-stick spray (Pam®)
- ☐ Didn't add fat



PLEASE MAKE NO MARKS IN THIS AREA

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11. What kinds of fat did you usually add when cooking beans, rice, vegetables and potatoes? (Mark one or two.)

- ☐ Low calorie margarine
- ☐ Stick margarine
- ☐ Tub margarine
- ☐ Butter
- ☐ Shortening (Crisco®, lard, bacon fat or drippings, salt pork, ham hock)
- ☐ Olive or canola oil
- ☐ Other oils (vegetable, corn, peanut, safflower)
- ☐ Non-stick spray (Pam®)
- ☐ Didn't add fat

12. What kinds of fat did you usually add after cooking vegetables, beans, rice and potatoes? (Mark one or two.)

- ☐ Low calorie margarine
- ☐ Stick margarine
- ☐ Tub margarine
- ☐ Butter
- ☐ Sour cream
- ☐ Olive or canola oil
- ☐ Other oils (vegetable, corn, peanut, safflower)
- ☐ Didn't add fat

13. What kinds of fat did you usually use on breads, muffins, tortillas and rolls? (Mark one or two.)

- ☐ Low calorie margarine
- ☐ Stick margarine
- ☐ Tub margarine
- ☐ Butter
- ☐ Olive or canola oil
- ☐ Other oils (vegetable, corn, peanut, safflower)
- ☐ Didn't add fat

14. Did you make your own tortillas during this time period?

- ☐ No (Go to question 15.)
- ☐ Yes

14.1 When you made tortillas, did you make them with lard, shortening, or other fat?

- ☐ Yes, made with fat.
- ☐ No, made without fat.

15. What type of salad dressing did you usually use?

- ☐ Regular, such as French or oil and vinegar
- ☐ Low-fat (diet)
- ☐ Fat-free (no oil)
- ☐ Didn't use salad dressing

16. What type of mayonnaise did you usually use?

- ☐ Regular
- ☐ Low-fat (diet)
- ☐ Fat-free
- ☐ Didn't use mayonnaise

17. Did you eat popcorn during this time period?

- ☐ No (Go to question 18.)
- ☐ Yes

17.1 What type of popcorn did you usually eat?

- ☐ Popped in oil, pre-popped, or at movies
- ☐ Regular microwave
- ☐ Air-popped or special "lite" microwave

17.2 When you ate popcorn, how often did you add butter or margarine?

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

18. Did you eat cookies during this time period?

- ☐ No (Go to question 19.)
- ☐ Yes

18.1 When you ate cookies, how often were they graham crackers, vanilla wafers, fig bars, or special *low fat* or *no fat* cookies?

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

19. Did you eat cakes or other pastries during this time period?

- ☐ No (Go to next page.)
- ☐ Yes

19.1 When you ate cakes or other pastries, how often were they angel food cakes, sponge cakes, or special *low fat* or *no fat* cakes or pastries?

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

The next section is about how often you usually eat specific foods.

First: Mark the column to show how often, on average, you ate the food.

Second: Mark your usual serving size as small, medium or large.

Please note:

- A small serving is about one-half (1/2) the medium serving size, or less.
- A large serving is about one-and-a-half (1 1/2) times the medium serving size, or more.
- If you never ate a food, mark "Never or less than once per month," and omit the serving size altogether.
- Please *do not skip* any foods.

Example: This person ate a medium serving of rice about twice per month and never ate sausage.

| TYPE OF FOOD | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                                  |                       |                       |                       |                       |                       |                       |                      | AMOUNT                |                                  |                       |
|--------------|---|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------|-----------------------|----------------------------------|-----------------------|
|              | Never or less than once per month         | 1 per month           | 2-3 per month                    | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size  | Your Serving Size     |                                  |                       |
|              |   |                       |                                  |                       |                       |                       |                       |                       |                       |                      | S                     | M                                | L                     |
| Rice         | <input type="radio"/>                     | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup              | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| Sausage      | <input checked="" type="radio"/>          | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 2 ounces | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |

During \_\_\_\_\_ ...

| TYPE OF FOOD  | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                            | AMOUNT                |                       |                       |
|---|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
|   | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size        | Your Serving Size     |                       |                       |
|   |   |                       |                       |                       |                       |                       |                       |                       |                       |                            | S                     | M                     | L                     |
| <b>FRUITS AND JUICES</b>  |   |                       |                       |                       |                       |                       |                       |                       |                       |                            |                       |                       |                       |
| Apples and pears  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 1/2 cup        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Bananas   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Peaches, nectarines and plums (fresh or canned)                                 | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 1/2 cup        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Cantaloupe, orange melon, muskmelon, mango and papaya                           | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 melon or 1 cup         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Watermelon and red melon  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium slice or 1 cup    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| All other melon, such as honeydew   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium slice or 1 cup    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Apricots (fresh, canned, or dried)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 medium or 4 halves       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other dried fruit, such as raisins and prunes                                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 cup                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Oranges, grapefruit and tangerines (not juice)                                  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 orange or 1/2 grapefruit | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Strawberries and kiwi   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Any other fruit, such as fruit cocktail, berries, grapes, applesauce, pineapple | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



PLEASE MAKE NO MARKS IN THIS AREA

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| TYPE OF FOOD  | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                           | AMOUNT                     |                       |                       |
|---|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|----------------------------|-----------------------|-----------------------|
|   | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size       | Your Serving Size<br>S M L |                       |                       |
| Orange juice and grapefruit juice   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 6 ounce glass             | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tang®, Kool-Aid®, Hi-C®, and other fruit drinks   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 6 ounce glass             | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Other fruit juices such as apple, grape   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 6 ounce glass             | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| <b>VEGETABLES</b>   |   |                       |                       |                       |                       |                       |                       |                       |                       |                           |                            |                       |                       |
| Green or string beans   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Green or English peas   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Refried beans   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| All other beans such as baked beans, lima beans, black-eyed peas and chili without meat | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tofu and textured vegetable products  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 slices or 3 ounces      | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Avocado and guacamole, including added to mixed dishes                                  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 medium or 1/4 cup     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Corn and hominy   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tomatoes, fresh or juice  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 6 ounce glass | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tomatoes cooked, tomato sauce, salsa and salsa picante                                  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Green peppers, green chilies, jalapeños, and green chili salsa                          | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Red peppers and red chilies   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Broccoli  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Cooked greens, such as spinach, mustard greens, turnip greens, collards                 | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Carrots, including mixed dishes with carrots  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Summer squash, zucchini, nopales, and okra  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Winter squash, such as acorn, butternut, pumpkin  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Coleslaw  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Cauliflower, cabbage, sauerkraut and Brussels sprouts                                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Onions and leeks, including in cooking  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 cup                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |

| TYPE OF FOOD  | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                          | AMOUNT                     |                       |                       |
|---|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------|----------------------------|-----------------------|-----------------------|
|   | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size      | Your Serving Size<br>S M L |                       |                       |
| Lettuce and plain lettuce salad   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium bowl            | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Mixed lettuce or spinach salad with vegetables such as carrots or tomatoes                                      | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium bowl            | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Salad dressing, such as Italian, 1000 Island, French (include low-fat and fat-free dressings)                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 tablespoons            | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Plantains, fried  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                    | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| French fries, fried potatoes, fried rice, fried cassava and fritters  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup                  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Sweet potatoes and yams   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Other potatoes, cassava, and yucca (boiled, baked, or mashed)   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 1/2 cup      | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Potato, macaroni, or pasta salads made with mayonnaise or oil   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Rice, grains and plain noodles  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup                  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Butter, margarine, sour cream, oils, or other fat added to vegetables, beans, rice, and potatoes, after cooking | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 pats or 2 teaspoons    | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| <b>MEAT, FISH; POULTRY, LUNCH ITEMS:</b>  |   |                       |                       |                       |                       |                       |                       |                       |                       |                          |                            |                       |                       |
| Ground meat including hamburgers, meatloaf, and picadillo   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 3 ounces     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Beef, pork and lamb as a main dish, such as steak, roast and ham  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 4 ounces                 | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Beef, pork and lamb as a sandwich (steak sandwich, BBQ sandwich)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 ounces                 | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Stew, pot pie and casseroles with meat or chicken   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                    | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Chili with meat and beans   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                    | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Liver, including chicken liver, and other organ meats   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 4 ounces                 | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Fried chicken   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 small or 1 large piece | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Chicken and turkey (roasted, stewed or broiled)   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 small or 1 large piece | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Gravies made with meat drippings and white sauce  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/4 cup                  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Fried fish, fish sandwich, and fried shellfish (shrimp, oysters)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 ounces or 1 sandwich   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |



| TYPE OF FOOD  | HOW OFTEN DID YOU EAT THE FOOD (Mark one)  |                       |                       |                       |                       |                       |                       |                       |                       |  | AMOUNT                        |                       |                       |
|---|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|-------------------------------|-----------------------|-----------------------|
|   | Never or<br>less than<br>once per<br>month | 1<br>per<br>month     | 2-3<br>per<br>month   | 1<br>per<br>week      | 2<br>per<br>week      | 3-4<br>per<br>week    | 5-6<br>per<br>week    | 1<br>per<br>day       | 2+<br>per<br>day      | Medium<br>Serving<br>Size                | Your Serving<br>Size<br>S M L |                       |                       |
| Shellfish, not fried (shrimp, lobster, crab and oysters)                    | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 ounces<br>or 1/2 cup                   | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Canned tuna, tuna salad, and tuna casserole                                 | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup<br>tuna or<br>1 cup<br>casserole | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| White fish (broiled or baked) such as sole, snapper, cod                    | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 ounces                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Dark fish (broiled or baked) such as salmon, mackerel, bluefish             | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 ounces                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Macaroni and cheese, lasagna, or noodles with a cream sauce                 | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                                    | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Spaghetti or other noodles with meat sauce                                  | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                                    | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Spaghetti or other noodles with tomato sauce (and no meat)                  | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                                    | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Low-fat pizza   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices of<br>a 12"<br>pizza            | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Pizza   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices of<br>a 12"<br>pizza            | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Tamales, with or without meat   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Chilaquiles   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                                    | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Soft quesadilla   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Crispy quesadilla and chili relleno   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Soft taco and enchilada baked without oil                                   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Flauta and crispy rolled taco   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Regular burrito and enchilada   | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 burrito<br>or 2<br>enchiladas          | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Taco and tostada  | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Lunch meat such as ham, turkey and other special lean meats                 | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| All other lunch meat such as bologna, salami, Spam®, potted and canned meat | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices                                 | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |
| Hot dogs, chorizo, and other sausage such as bratwurst                      | <input type="radio"/>                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 hot dogs<br>or 3<br>ounces             | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> |

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PLEASE MAKE NO MARKS IN THIS AREA

| TYPE OF FOOD   | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                            | AMOUNT                     |                       |                       |
|--|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------|----------------------------|-----------------------|-----------------------|
|  | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size        | Your Serving Size<br>S M L |                       |                       |
| Cream soups such as chowders, potato, tomato, cheese, ajiaco                                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Bean soups such as pea, lentil, black bean, potajes  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Vegetable soups  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Menudo and tortilla soup   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Other soups such as chicken noodle   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| <b>BREADS, SNACKS, SPREADS</b>   |   |                       |                       |                       |                       |                       |                       |                       |                       |                            |                            |                       |                       |
| Biscuits, muffins, scones, and croissants  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 biscuits or 1 medium     | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| White breads, including bagels, rolls, pita bread, and English muffins                         | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 1 medium       | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Dark breads, including dark bagels, rolls, pita bread, and English Muffins                     | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 1 medium       | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Corn bread, corn muffins, and cornmeal mush  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium or 1/2 cup        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tortillas, corn (not including tacos)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 medium                   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Tortillas, flour or wheat (not including tacos)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 - 12 inch or 2 - 7 inch  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Indian fry bread   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 - 9 inch                 | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Snacks such as potato chips, corn chips, tortilla chips, pork skins, Ritz® and cheese crackers | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 handfuls or 1 cup        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Saltines, SnackWell's®, fat-free tortilla chips, and fat-free potato chips                     | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 5 crackers or 2 handfuls   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Popcorn  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 4 handfuls or 2 cups       | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Peanut butter, peanuts, other nuts and seeds   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 tablespoons or 1 handful | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Butter, margarine or oil, on bread or tortillas  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 pats or 2 teaspoons      | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Mayonnaise and mayonnaise type spreads, on sandwiches and in salads                            | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 tablespoons              | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |

| TYPE OF FOOD   | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                                | AMOUNT                     |                       |                       |
|--|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------------|----------------------------|-----------------------|-----------------------|
|  | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size            | Your Serving Size<br>S M L |                       |                       |
| <b>BREAKFAST FOODS</b>   |   |                       |                       |                       |                       |                       |                       |                       |                       |                                |                            |                       |                       |
| Cold cereal  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl         | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Cooked cereals and grits   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup or 1 medium bowl         | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Margarine or butter added to cooked cereal or grits  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 pats or 2 teaspoons          | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Milk on cereal (cold and cooked)   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Pancakes and waffles   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 pancakes or 1 medium waffle  | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Eggs   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 eggs                         | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Bacon, breakfast sausage, and scrapple   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 strips or 2 links or 1 slice | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| <b>DAIRY PRODUCTS</b>  |   |                       |                       |                       |                       |                       |                       |                       |                       |                                |                            |                       |                       |
| Low-fat cottage cheese   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Cottage cheese and ricotta cheese  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1/2 cup                        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Non-fat cheeses. Include cheese added to foods and in cooking  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 1/4 cup shredded   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Part-skim or reduced fat cheeses, such as Mexican-type cheeses or mozzarella. Include cheese added to foods and in cooking | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 1/4 cup shredded   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| All other cheeses, such as cheddar, Swiss, or cream cheese. Include cheese added to foods and in cooking                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 slices or 1/4 cup shredded   | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Non-fat yogurt (not frozen)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                          | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| All other yogurt (not frozen)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 cup                          | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| <b>SWEETS</b>  |   |                       |                       |                       |                       |                       |                       |                       |                       |                                |                            |                       |                       |
| Ice cream  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 scoop or 3/4 cup             | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Pudding, custard, and flan   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3/4 cup                        | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |
| Low-fat or non-fat frozen desserts, such as frozen yogurt, sherbet, ice milk, and low-fat milkshakes                       | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 scoop or 3/4 cup             | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> |




PLEASE MAKE NO MARKS IN THIS AREA

708571

| TYPE OF FOOD   | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                           | AMOUNT                |                       |                       |  |
|--|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|--|
|  | Never or less than once per month         | 1 per month           | 2-3 per month         | 1 per week            | 2 per week            | 3-4 per week          | 5-6 per week          | 1 per day             | 2+ per day            | Medium Serving Size       | Your Serving Size     |                       |                       |  |
|  |   |                       |                       |                       |                       |                       |                       |                       |                       |                           | S                     | M                     | L                     |  |
| Doughnuts, cakes, pastries, Pop-Tarts®, and pan dulce          | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 piece                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Cookies  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 small or 1 large        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Pumpkin and sweet potato pie                                   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium slice            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| All other pies, fried pastries, pastelitos and fruit empanadas | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium slice or 1 piece | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Chocolate candy and candy bars                                 | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 small bar or 1 ounce    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Hard candy, jam, jelly, honey, or syrup                        | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 3 pieces or 1 tablespoon  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |

| BEVERAGES<br>(Please note that the frequency headings are different.) → | HOW OFTEN DID YOU EAT THE FOOD (Mark one) |                       |                       |                       |                       |                       |                       |                       |                       |                           | AMOUNT                |                       |                       |  |
|---|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|--|
|   | Never or less than once per month         | 1-3 per month         | 1 per week            | 2-4 per week          | 5-6 per week          | 1 per day             | 2-3 per day           | 4-5 per day           | 6+ per day            | Medium Serving Size       | Your Serving Size     |                       |                       |  |
|   |   |                       |                       |                       |                       |                       |                       |                       |                       |                           | S                     | M                     | L                     |  |
| Milk, all types (including canned and soy) not on cereal                | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 8 ounce glass             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Regular soft drinks (not diet)  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 12 ounces or 1 can        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Beer  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 12 ounce can or bottle    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Wine  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 medium glass (6 ounces) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Liquor  | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 shot (1 1/2 ounces)     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Coffee or tea (all types)   | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 8 ounce cup               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Milk, cream, or creamer in coffee or tea                                | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 tablespoon              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |
| Sugar in coffee or tea and on cereal                                    | <input type="radio"/>                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 teaspoons               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |  |

| SUMMARY QUESTIONS (please note that the frequency headings are different.)  | Less than one per week | 1-2 per week          | 3-4 per week          | 5-6 per week          | 1 per day             | 2 per day             | 3 per day             | 4 per day             | 5+ per day            |
|--|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| How often did you use fat to deep-fry, pan fry, or sauté? Count all fat such as margarine, oil, bacon drippings, or lard.                                    | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| How often did you add fat when cooking beans, rice, vegetables, and potatoes? Count all fat such as margarine, oil, bacon drippings, or lard.                | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| How often did you eat a serving of vegetables? Do <u>not</u> count salad, potatoes or dried beans or peas.   | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| How often did you eat a serving of fruit? Do <u>not</u> count juices.  | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**THANK YOU!** Please take a moment to fill in any questions you may have skipped.

|   |        |
|---|--------|
|  | 708571 |
| PLEASE MAKE NO MARKS IN THIS AREA   |        |

NAME \_\_\_\_\_ DATE \_\_\_\_\_

SEX: Male (M) Female (F)

Below is a list of words that describe feelings people have. Please read each one carefully. Then fill in ONE circle under the answer to the right which best describes HOW YOU HAVE BEEN FEELING DURING THE PAST WEEK INCLUDING TODAY.

The numbers refer to these phrases.

- 0 = Not at all  
1 = A little  
2 = Moderately  
3 = Quite a bit  
4 = Extremely

Col (C)

O.P. (O)

NOT AT ALL  
A LITTLE  
MODERATELY  
QUITE A BIT  
EXTREMELY

1. Friendly . . . . . 0 1 2 3 4

2. Tense . . . . . 0 1 2 3 4

3. Angry . . . . . 0 1 2 3 4

4. Worn out . . . . . 0 1 2 3 4

5. Unhappy . . . . . 0 1 2 3 4

6. Clear-headed . . . . . 0 1 2 3 4

7. Lively . . . . . 0 1 2 3 4

8. Confused . . . . . 0 1 2 3 4

9. Sorry for things done . 0 1 2 3 4

10. Shaky . . . . . 0 1 2 3 4

11. Listless . . . . . 0 1 2 3 4

12. Peeved . . . . . 0 1 2 3 4

13. Considerate . . . . . 0 1 2 3 4

14. Sad . . . . . 0 1 2 3 4

15. Active . . . . . 0 1 2 3 4

16. On edge . . . . . 0 1 2 3 4

17. Grouchy . . . . . 0 1 2 3 4

18. Blue . . . . . 0 1 2 3 4

19. Energetic . . . . . 0 1 2 3 4

20. Panicky . . . . . 0 1 2 3 4

NOT AT ALL  
A LITTLE  
MODERATELY  
QUITE A BIT  
EXTREMELY

21. Hopeless . . . . . 0 1 2 3 4

22. Relaxed . . . . . 0 1 2 3 4

23. Unworthy . . . . . 0 1 2 3 4

24. Spiteful . . . . . 0 1 2 3 4

25. Sympathetic . . . . . 0 1 2 3 4

26. Uneasy . . . . . 0 1 2 3 4

27. Restless . . . . . 0 1 2 3 4

28. Unable to concentrate 0 1 2 3 4

29. Fatigued . . . . . 0 1 2 3 4

30. Helpful . . . . . 0 1 2 3 4

31. Annoyed . . . . . 0 1 2 3 4

32. Discouraged . . . . . 0 1 2 3 4

33. Resentful . . . . . 0 1 2 3 4

34. Nervous . . . . . 0 1 2 3 4

35. Lonely . . . . . 0 1 2 3 4

36. Miserable . . . . . 0 1 2 3 4

37. Muddled . . . . . 0 1 2 3 4

38. Cheerful . . . . . 0 1 2 3 4

39. Bitter . . . . . 0 1 2 3 4

40. Exhausted . . . . . 0 1 2 3 4

41. Anxious . . . . . 0 1 2 3 4

42. Ready to fight . . . . 0 1 2 3 4

43. Good natured . . . . . 0 1 2 3 4

44. Gloomy . . . . . 0 1 2 3 4

IDENTIFICATION

NOT AT ALL  
A LITTLE  
MODERATELY  
QUITE A BIT  
EXTREMELY

45. Desperate . . . . . 0 1 2 3 4

46. Sluggish . . . . . 0 1 2 3 4

47. Rebellious . . . . . 0 1 2 3 4

48. Helpless . . . . . 0 1 2 3 4

49. Weary . . . . . 0 1 2 3 4

50. Bewildered . . . . . 0 1 2 3 4

51. Alert . . . . . 0 1 2 3 4

52. Deceived . . . . . 0 1 2 3 4

53. Furious . . . . . 0 1 2 3 4

54. Efficient . . . . . 0 1 2 3 4

55. Trusting . . . . . 0 1 2 3 4

56. Full of pep . . . . . 0 1 2 3 4

57. Bad-tempered . . . . . 0 1 2 3 4

58. Worthless . . . . . 0 1 2 3 4

59. Forgetful . . . . . 0 1 2 3 4

60. Carefree . . . . . 0 1 2 3 4

61. Terrified . . . . . 0 1 2 3 4

62. Guilty . . . . . 0 1 2 3 4

63. Vigorous . . . . . 0 1 2 3 4

64. Uncertain about things . 0 1 2 3 4

65. Bushed . . . . . 0 1 2 3 4

MAKE SURE YOU HAVE  
ANSWERED EVERY ITEM.



POM 021

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*You will only need to fill out this INITIAL QUESTIONNAIRE once. Please fill out all questions completely and accurately. All information will be kept **strictly confidential** and used for research purposes only.*

### **A) PARTICIPANT'S INFORMATION**

### **B) MEDICAL RECORDS RELEASE**

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**SELECT Trial – INITIAL QUESTIONNAIRE****C) PERSONAL HISTORY**

\* \* \* \* \*

What is your current age? ..... YEARS

What is your race?..... CAUCASIAN \_\_\_\_\_  
 AFRICAN AMERICAN \_\_\_\_\_  
 HISPANIC \_\_\_\_\_  
 ASIAN \_\_\_\_\_  
 AMERICAN INDIAN \_\_\_\_\_  
 OTHER \_\_\_\_\_

What is your height? ..... FEET/INCHES

What is your weight? ..... LBS.

What is your current marital status?..... (Circle one) SINGLE MARRIED  
 DIVORCED WIDOWED

What is the highest grade you have completed in **school**? (Circle the highest grade completed)

|      |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |     |
|------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|-----|
| NONE | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18+ |
|------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|-----|

**D) CONTACT PERSON**

\* \* \* \* \*

Please supply the name and address of a **contact person** or **next of kin** that is NOT living with you.

Name of contact person: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

**E) OCCUPATIONAL INFORMATION**

\* \* \* \* \*

What is your current or most recent **occupation**? ....What **type of work** did you spend the most years doing? .....What are/were the **main duties** at this workplace? ..

Are you currently retired? ..... YES NO

Are you currently, or have you ever served in the military service? ..... YES NO



**F) TOBACCO USE**

\* \* \* \* \*

Use the following chart to record your tobacco usage. Follow the indentations to answer questions relating to the previous question.

|  |   |        |
|--|---|--------|
| <b>Cigarettes</b>  |   |        |
| Do you <b>smoke cigarettes currently?</b>  |   | YES No |
|  | If YES, how <b>many cigarettes</b> do you smoke per day?                                | #/DAY  |
|  | How <b>old</b> were you when you <b>first started</b> smoking?                          | AGE=   |
| If NO, have you <b>ever smoked cigarettes?</b>   |   | YES No |
|  | If YES, how many cigarettes did you <b>smoke per day?</b>                               | #/DAY  |
|  | <b>How old</b> were you when you <b>first started</b> smoking                           | AGE=   |
|  | <b>How old</b> were you when you <b>last stopped</b> smoking?                           | AGE=   |
| If you have ever smoked cigarettes, but do not fit into any of the above categories, please explain: |   |        |
| Have you <b>ever lived with a smoker?</b>  |   | YES No |
|  | If YES, <b>as a child</b> (ages 0-18), how many <b>years</b> did you live with a smoker | #YEARS |
|  | If YES, <b>as an adult</b> , how many <b>years</b> did you live with a smoker?          | #YEARS |

|   |                                |        |
|---|--------------------------------|--------|
| Do you currently <b>smoke cigars?</b>       |                                | YES No |
|   | If YES, how many <b>years?</b> | YEARS= |
| If NO, have you <b>ever smoked cigars?</b>  |                                | YES No |
| Do you currently <b>smoke a pipe?</b>       |                                | YES No |
|   | If YES, how many <b>years?</b> | YEARS= |
| If NO, have you <b>ever smoked a pipe?</b>  |                                | YES No |
| Do you currently <b>chew tobacco?</b>       |                                | YES No |
|   | If YES, how many <b>years?</b> | YEARS= |
| If NO, have you <b>ever chewed tobacco?</b> |                                | YES No |

**SELECT Trial – INITIAL QUESTIONNAIRE****G) ALCOHOL USE**

\* \* \* \* \*

Use the following chart to record your alcohol usage. Follow the indentations to answer questions relating to the previous question.

|   |  |  |
|---|--|--|
| Do you currently drink <b>BEER, WINE, or LIQUOR</b> |  | YES NO   |
|   | If YES, <b>how often</b> do you drink alcohol?                         | <input type="checkbox"/> LESS THAN ONE/WEEK<br><input type="checkbox"/> ONE DAY PER WEEK<br><input type="checkbox"/> 2-3 DAYS PER WEEK<br><input type="checkbox"/> 3-7 DAYS PER WEEK |
|   | When you drink alcohol, how many drinks do you usually have each time? | DRINKS=  |
|   | If NO, have you <b>ever</b> consumed alcohol?                          | YES NO   |
|   | How many days in the week did you drink alcohol?                       | #/WEEK   |
|   | How many drinks did you usually have each day?                         | #/DAY  |
|   | How many years did you drink alcohol?                                  | YEARS=   |

**H) GENERAL HEALTH**

\* \* \* \* \*

Do you currently or have you ever had problems with the following:

|  |        |
|--|--------|
| Nails  | YES NO |
| Unexplained hair loss  | YES NO |
| Persistent garlic odor on your breath (excluding meals)  | YES NO |
| Fatigue  | YES NO |
| Nausea   | YES NO |
| <p>If you answered YES to any of the above questions, please list date(s) and describe the problem(s):</p> |        |

Have you had any of the following:

If you answer YES to any of the following questions, please LIST THEM ON THE ILLNESS DOCUMENTATION FORM on the PROCEDURES and SURGERIES FORM.

|                                      |        |
|--------------------------------------|--------|
| Cancers (other than skin & prostate) | YES NO |
| Hospitalizations                     | YES NO |
| Cancer screenings                    | YES NO |
| Other Illnesses                      | YES NO |

**I. SECOND ADDRESS:**

Street Address:.....

City, State, ZIP:.....

Phone:.....

I am at this address from      /      to      /       
mm dd mm dd

Select Study – INITIAL QUESTIONNAIRE**J) ILLNESS DOCUMENTATION**

Check any of the following illnesses and medical conditions you may have had in the last five years.

\* \* \* \* \*

☐ Check here if you have had NO ILLNESSES in the past FIVE (5) years.

| ILLNESS                                    | When?   | PHYSICIAN        | HOSPITAL            |
|--|---------|------------------|---------------------|
| EXAMPLE: High Blood Pressure               | 6/25/97 | Dr. Albert Smith | Rose Medical Center |
| <input type="checkbox"/> Cancer:           |         |                  |                     |
| What Type?                                 |         |                  |                     |
| <input type="checkbox"/> Glaucoma          |         |                  |                     |
| <input type="checkbox"/> Cataracts         |         |                  |                     |
| <input type="checkbox"/> Colon Polyps      |         |                  |                     |
| <input type="checkbox"/> Heart Problems:   |         |                  |                     |
| What Kind?                                 |         |                  |                     |
| <input type="checkbox"/> Hospitalizations: |         |                  |                     |
| Why?                                       |         |                  |                     |
| <input type="checkbox"/> Other:            |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |
|  |         |                  |                     |

Please list all past prostate biopsies.

[illegible]

\*\*\*\*\*

**☐ Check here if you take NO PRESCRIPTION MEDICATIONS currently.**

[illegible]

\*  
\*  
\*  
\*  
\*  
\*  
\*

*Please list all current vitamin or mineral supplements, herbal remedies and NON-prescription medications.*

**[ ] Check here if taking NO VITAMIN, MINERAL, HERBAL OR NON-PRESCRIPTION MEDICATIONS.**

[illegible]

**N) PHYSICIAN INFORMATION FORM***Please list all of your current doctors below:*

\* \* \* \* \*

Physician \_\_\_\_\_

Specialty \_\_\_\_\_

Facility/Hospital \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Physician \_\_\_\_\_

Specialty \_\_\_\_\_

Facility/Hospital \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Physician \_\_\_\_\_

Specialty \_\_\_\_\_

Facility/Hospital \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Physician \_\_\_\_\_

Specialty \_\_\_\_\_

Facility/Hospital \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_



# Select Study – INITIAL QUESTIONNAIRE

|                             |                             |
|-----------------------------|-----------------------------|
| Physician _____             | Physician _____             |
| Specialty _____             | Specialty _____             |
| Facility/Hospital _____     | Facility/Hospital _____     |
| Address _____               | Address _____               |
| City, State, Zip Code _____ | City, State, Zip Code _____ |
| Phone _____ Fax _____       | Phone _____ Fax _____       |
| Physician _____             | Physician _____             |
| Specialty _____             | Specialty _____             |
| Facility/Hospital _____     | Facility/Hospital _____     |
| Address _____               | Address _____               |
| City, State, Zip Code _____ | City, State, Zip Code _____ |
| Phone _____ Fax _____       | Phone _____ Fax _____       |

**Select Study – FOLLOW-UP STUDY-VISIT**

Name: \_\_\_\_\_  
 Distribution Number/Visit Number: \_\_\_\_\_ / \_\_\_\_\_  
 Participant's Number: \_\_\_\_\_  
 Clinic: \_\_\_\_\_

*This is the FOLLOW-UP STUDY VISIT QUESTIONNAIRE. Please fill out all questions completely and accurately. All information will be kept strictly confidential and used for research purposes only.*

• Today's date .....Date \_\_\_\_\_

• Since my last visit, I missed taking a pill: (circle one)

- |   |  |
|---|--|
| _____ 1. NEVER (LESS THAN ONCE A MONTH) | _____ 4. MORE THAN ONCE A WEEK                   |
| _____ 2. ABOUT ONCE A MONTH             | _____ 5. STOPPED THEN RESTARTED TAKING THE PILLS |
| _____ 3. ABOUT ONCE A WEEK              | _____ 6. STOPPED AND DID NOT RESTART             |

• If you stopped taking the pills, please answer the following:

Date I **stopped** taking the pills .....Date \_\_\_\_\_

Date I **restarted** taking the pills .....Date \_\_\_\_\_

*Please describe the reason for stopping pills:*

| Do you have any new problems with:                              | Choose: | Enter the date: |
|---|---------|-----------------|
| 1 persistent garlic odor on your breath? (not related to meals) | YES NO  |                 |
| 2 persistent hair loss?   | YES NO  |                 |
| 3 persistent nails splitting?                                   | YES NO  |                 |
| 4 persistent fatigue?   | YES NO  |                 |
| 5 persistent nausea?  | YES NO  |                 |

**MEDICAL RECORDS RELEASE**

\* \* \* \* \*

I give permission to the *Select Study* project to obtain copies of my medical records from my medical care providers for the duration of the study. I understand that this information will be kept strictly confidential and used for research purposes only.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Today's Date

Select Study– FOLLOWUP STUDY-VISIT**Illness Documentation**

☐ Check here if you have had **NO NEW ILLNESSES** since your last study visit.

| ILLNESS                                    | WHEN?          | PHYSICIAN               | HOSPITAL                   |
|--|----------------|-------------------------|----------------------------|
| <i>EXAMPLE: High Blood Pressure</i>        | <i>6/25/97</i> | <i>Dr. Albert Smith</i> | <i>Rose Medical Center</i> |
| <input type="checkbox"/> Cancer:           |                |                         |                            |
| What Type?                                 |                |                         |                            |
| <input type="checkbox"/> Glaucoma          |                |                         |                            |
| <input type="checkbox"/> Cataracts         |                |                         |                            |
| <input type="checkbox"/> Colon Polyps      |                |                         |                            |
| <input type="checkbox"/> Heart Problems:   |                |                         |                            |
| What Kind?                                 |                |                         |                            |
| <input type="checkbox"/> Hospitalizations: |                |                         |                            |
| Why?                                       |                |                         |                            |
| <input type="checkbox"/> Other:            |                |                         |                            |
|  |                |                         |                            |
|  |                |                         |                            |
|  |                |                         |                            |
|  |                |                         |                            |
|  |                |                         |                            |
|  |                |                         |                            |

**Select Study – FOLLOWUP STUDY-VISIT****Procedures and Surgeries Documentation**

☐ Check here if you have had **NO PROCEDURES OR SURGERIES** since your last study visit.

| PROCEDURE/SURGERY   | DATE     | PHYSICIAN        | HOSPITAL            |
|---------------------|----------|------------------|---------------------|
| EXAMPLE Colonoscopy | 11/16/97 | Dr. Albert Smith | Rose Medical Center |
|                     |          |                  |                     |
|                     |          |                  |                     |
|                     |          |                  |                     |
|                     |          |                  |                     |
|                     |          |                  |                     |
|                     |          |                  |                     |

**Prescription Medication Documentation**

☐ Check here if you have had **NO NEW PRESCRIPTION MEDICATIONS** or **CHANGES** since your last study visit.

| PRESCRIPTION MEDICATION | DOSAGE | HOW OFTEN | REASON     | START DATE | STOP DATE | PHYSICIAN        |
|-------------------------|--------|-----------|------------|------------|-----------|------------------|
| EXAMPLE Penicillin      | 250 mg | 3 a day   | bronchitis | 2/1/97     | 2/13/97   | Dr. Albert Smith |
|                         |        |           |            |            |           |                  |
|                         |        |           |            |            |           |                  |
|                         |        |           |            |            |           |                  |
|                         |        |           |            |            |           |                  |
|                         |        |           |            |            |           |                  |
|                         |        |           |            |            |           |                  |

Select Study – FOLLOWUP STUDY-VISIT

List any vitamin or mineral supplements, herbal remedies or non-prescription drugs

☐ Check here if you have had **no change** or **no new items** since your last study visit

Are you taking any multivitamin supplements?      YES      NO (circle one)

If yes, how much Selenium does it contain?      \_\_\_\_\_ mcg      ☐ Check if vitamin contains **no Selenium**

| SUPPLEMENT   | DOSAGE | HOW OFTEN | REASON | START DATE | STOP DATE |
|--------------|--------|-----------|--------|------------|-----------|
| EXAMPLE Iron | 325 mg | 1 a day   | anemia | 2/1/97     | 2/13/97   |
|              |        |           |        |            |           |
|              |        |           |        |            |           |
|              |        |           |        |            |           |
|              |        |           |        |            |           |
|              |        |           |        |            |           |
|              |        |           |        |            |           |
|              |        |           |        |            |           |

Comments?

Name: \_\_\_\_\_

Distribution Number/VisitNumber: \_\_\_\_\_ / \_\_\_\_\_

Participant ID Number: \_\_\_\_\_

Clinic: \_\_\_\_\_

Today's Date 

|  |  |
|--|--|
|  |  |
|--|--|

 / 

|  |  |
|--|--|
|  |  |
|--|--|

 / 

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|--|--|--|--|

These questions on the UROLOGICAL SYMPTOMS QUESTIONNAIRE will help monitor your health condition relating to the prostate and the use of supplements.

USE A PENCIL OR BLACK PEN. MAKE A CHECK IN FRONT OF THE APPROPRIATE RESPONSE

|   |   |   |
|---|---|---|
| 1 | How has your appetite been?                       | <div style="text-align: right;"><input type="checkbox"/> 1-GOOD<br/><input type="checkbox"/> 2-FAIR<br/><input type="checkbox"/> 3-POOR</div>   |
| 2 | What is your current weight?                      | LBS: _____  |
| 3 | Have you experienced any of these weight changes? | <div style="text-align: right;"><input type="checkbox"/> 1-WEIGHT LOSS<br/><input type="checkbox"/> 2-WEIGHT GAIN<br/><input type="checkbox"/> 3-NO CHANGE<br/><br/>_____ # OF POUNDS</div> |
| 4 | Are you trying to lose weight?                    | <div style="text-align: right;"><input type="checkbox"/> YES    <input type="checkbox"/> NO</div>   |

**Since your LAST STUDY VISIT***Make only one Choice*

|   |   |   |
|---|---|---|
| 5 | Do you have any new aches or pain?              | <div style="text-align: right;"><input type="checkbox"/> YES    <input type="checkbox"/> NO</div> <div>WHERE? _____</div> |
| 6 | Have you experienced any numbness or tingling?  | <div style="text-align: right;"><input type="checkbox"/> YES    <input type="checkbox"/> NO</div> <div>WHERE? _____</div> |
| 7 | Have you experienced any weakness in your arms? | <div style="text-align: right;"><input type="checkbox"/> YES    <input type="checkbox"/> NO</div>                         |



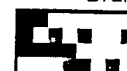
***Make only one Choice***

|    |   |   |
|----|---|---|
| 8  | Have you experienced any weakness in your legs?   | <input type="checkbox"/> YES <input type="checkbox"/> NO  |
| 9  | How many times do you usually get up at night to urinate? (from the time you go to bed until the time you get up in the morning.) | <input type="checkbox"/> 0-NONE<br><input type="checkbox"/> 1-ONE TIME<br><input type="checkbox"/> 2-TWO TIMES<br><input type="checkbox"/> 3-THREE TIMES<br><input type="checkbox"/> 4-FOUR TIMES<br><input type="checkbox"/> 5-FIVE TIMES<br><input type="checkbox"/> 6-SIX OR MORE TIMES  |
| 10 | How often have you had a sensation of not completely emptying your bladder after urination?                                       | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |
| 11 | How many times have you had to urinate again less than two hours after your last urination?                                       | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |
| 12 | How often have you found that you stop and start again several times while urinating?   | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |
| 13 | How often have you found it difficult to postpone urination?  | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |



***Make only one Choice***

|    |  |   |
|----|--|---|
| 14 | How often have you had a weak urinary stream?  | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |
| 15 | How often have you had to push or strain to begin urination?   | <input type="checkbox"/> 1-NOT AT ALL<br><input type="checkbox"/> 2-LESS THAN 1 IN 5 TIMES<br><input type="checkbox"/> 3-LESS THAN HALF THE TIME<br><input type="checkbox"/> 4-ABOUT HALF THE TIME<br><input type="checkbox"/> 5-MORE THAN HALF<br><input type="checkbox"/> 6-ALMOST ALWAYS |
| 16 | Have you seen any blood in your urine?   | <input type="checkbox"/> 1-INITIALLY<br><input type="checkbox"/> 2-FINISHING<br><input type="checkbox"/> 3-TOTAL<br><input type="checkbox"/> 4-CLOTS<br><input type="checkbox"/> 5-NONE   |
| 17 | How do you rate your stream?   | <input type="checkbox"/> 1-GOOD<br><input type="checkbox"/> 2-FAIR<br><input type="checkbox"/> 3-WEAK<br><input type="checkbox"/> 4-STEADY<br><input type="checkbox"/> 5-INTERMITTENT<br><input type="checkbox"/> 6-DOUBLE  |
| 18 | Have you noticed any stress incontinence?<br><i>(leakage of urine when sneezing, coughing or laughing)</i> | <input type="checkbox"/> YES <input type="checkbox"/> NO  |
| 19 | If YES, please rate your incontinence  | <input type="checkbox"/> 1-STABLE<br><input type="checkbox"/> 2-IMPROVED<br><input type="checkbox"/> 3-WORSE<br><br><input type="checkbox"/> # OF PADS/24 HOURS   |





|   |   |   |
|---|---|---|
| 5 | Have you experienced any of these?<br>(Choose all that apply) | <input type="checkbox"/> NAUSEA <input type="checkbox"/> VOMITING<br><input type="checkbox"/> FEVER <input type="checkbox"/> CHILLS<br><input type="checkbox"/> NO SYMPTOMS |
|---|---|---|

### Appointment Information

|    |                                    |   |
|----|------------------------------------|---|
| 24 | My LAST urology appointment was:   | DATE: <input type="text"/> / <input type="text"/> / <input type="text"/>  |
| 25 | My NEXT urology appointment is:    | DATE: <input type="text"/> / <input type="text"/> / <input type="text"/><br><input type="checkbox"/> NO APPOINTMENT SCHEDULED |
| 26 | My NEXT blood draw appointment is: | DATE: <input type="text"/> / <input type="text"/> / <input type="text"/><br><input type="checkbox"/> NO APPOINTMENT SCHEDULED |

**Comments?**



# SELECT/NBT STUDY LABORATORY FROM (visit #1)

Distribution Number \_\_\_\_\_  
Patient Number \_\_\_\_\_  
Clinic \_\_\_\_\_  
Interviewer \_\_\_\_\_

Patient Name: \_\_\_\_\_

Was blood drawn? YES NO

*If yes, please complete the information in this box. If no, please choose a reason from the list at the bottom of the page.*

Please affix sample label here: \_\_\_\_\_

Date: \_\_\_\_\_ Time of blood draw: \_\_\_\_\_ am/pm

Time of last meal: \_\_\_\_\_ am/pm

Weight: \_\_\_\_\_

**Please Complete: Date of Next Visit** \_\_\_\_\_

\*\*\*\*\*

**In the last week, have you experienced the following?**  
*(These may effect your PSA level)*

- |    |   |        |
|----|---|--------|
| 1. | Have you been treated for a urinary or prostate infection?    | YES NO |
| 2. | Have you used a urinary catheter?                             | YES NO |
| 3. | Had any type of sexual activity that resulted in ejaculation? | YES NO |

If blood could not be drawn, please indicate the reason why by circling one of the following items:

1. Unable to find an adequate vein
2. Unable to draw enough blood
3. Refused
4. Withdrawn from study
5. Other- Reason \_\_\_\_\_

## Appendix II: Procedures Manual

## Table of Contents

### Study Brochure

### Patient Information Packet

- Introductory Letter
- Study Summary
- Patient Information Sheet

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- Patient letters
- Blood cover letter 1 & 2
- Blood kit letter

### Forms to Clinic

- Registration Form

### Protocols

- Trial Flow Diagram (within Tucson and outside of Tucson)
- Clinic Protocol for Sites Within Tucson
- Clinic Protocol for Sites Outside of Tucson
- Task checklists
- Task list for enrollment and randomization
- Dates to Remember

### Adverse Events

- Adverse Protocols/Flowcharts

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- Adding/editing doctors
- Follow up questionnaire
- Urology Questionnaire

### Questionnaires/ Consent

- Initial Questionnaires
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- Urology Questionnaire
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- Mood Questionnaire
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- Blood Kit Types
- Blood Kit Schedule
- Assembling Blood Kits
- Select Laboratory Forms
- Procedure for drawing, processing and mailing blood/plasma samples
- Off-Site Blood Draw Protocol
- Blood Processing Instructions
- Pill information sheet

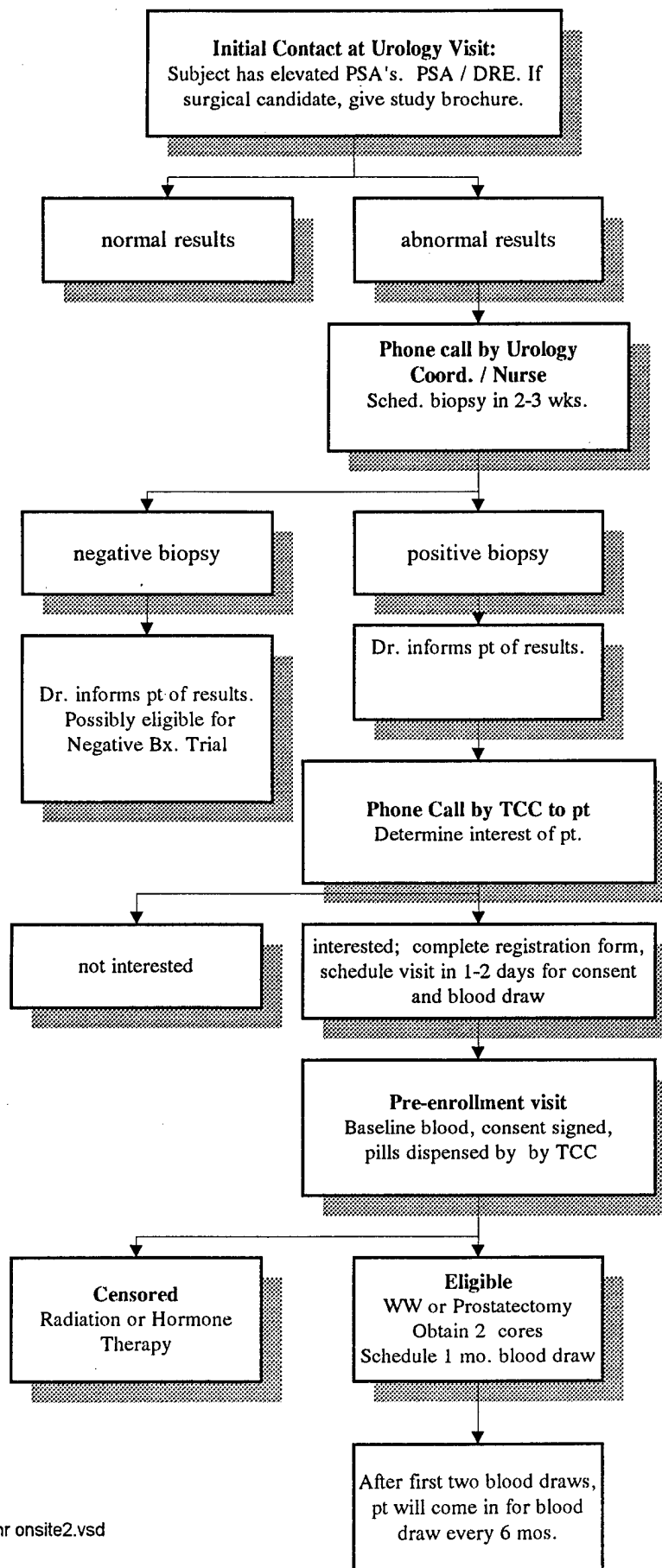
### Grant Info

**SELECT TRIAL  
CLINIC PROTOCOL FOR SITES WITHIN TUCSON**

- 1) **Initial Contact at Urology Visit:**
  - a) Patient is referred to your urology clinic for an examination due to a high PSA level or other indication of potential prostate cancer.
  - b) Patient has a repeat PSA and DRE and other appropriate examination.
  - c) If patient is a surgical candidate, present patient with study brochure.
  
- 2) **If patient has a biopsy positive for prostate cancer:**
  - a) Inform patient of biopsy results
  - b) Determine patient interest in Select study
  - c) If patient wishes to participate, complete registration form and fax to the Tucson Coordinating Center (TCC).
  - d) *TCC will then schedule the visit to occur within a day or two, if possible, completing the consent form and blood draw at that visit.*
  - e) *Pills are dispensed from TCC, pills will be directly administered or federal expressed and participant will be given more information about the study.*
  
- 3) **If patient has a biopsy negative for prostate cancer:**
  - a) Your office informs patient of results.
  - b) Patient may be eligible for NBT.
  
- 6) **Treatment choice for PCa**
  - a) If participant chooses to have a **prostatectomy or observation (Watchful Waiting)**, he will continue to be followed by the TCC.
  - b) If participant chooses any treatment other than those listed in "a", he will be censored.
  
- 7) **Further follow-up for participant**
  - a) *TCC office will schedule participant for second blood draw one month after prostatectomy.*
  - b) *Participant will continue with semi-annual blood draws at the TCC.*
  - c) *TCC will mail and monitor baseline, food frequency, and follow-up questionnaires.*

# SELECT TRIAL

## Flow Diagram (within Tucson)

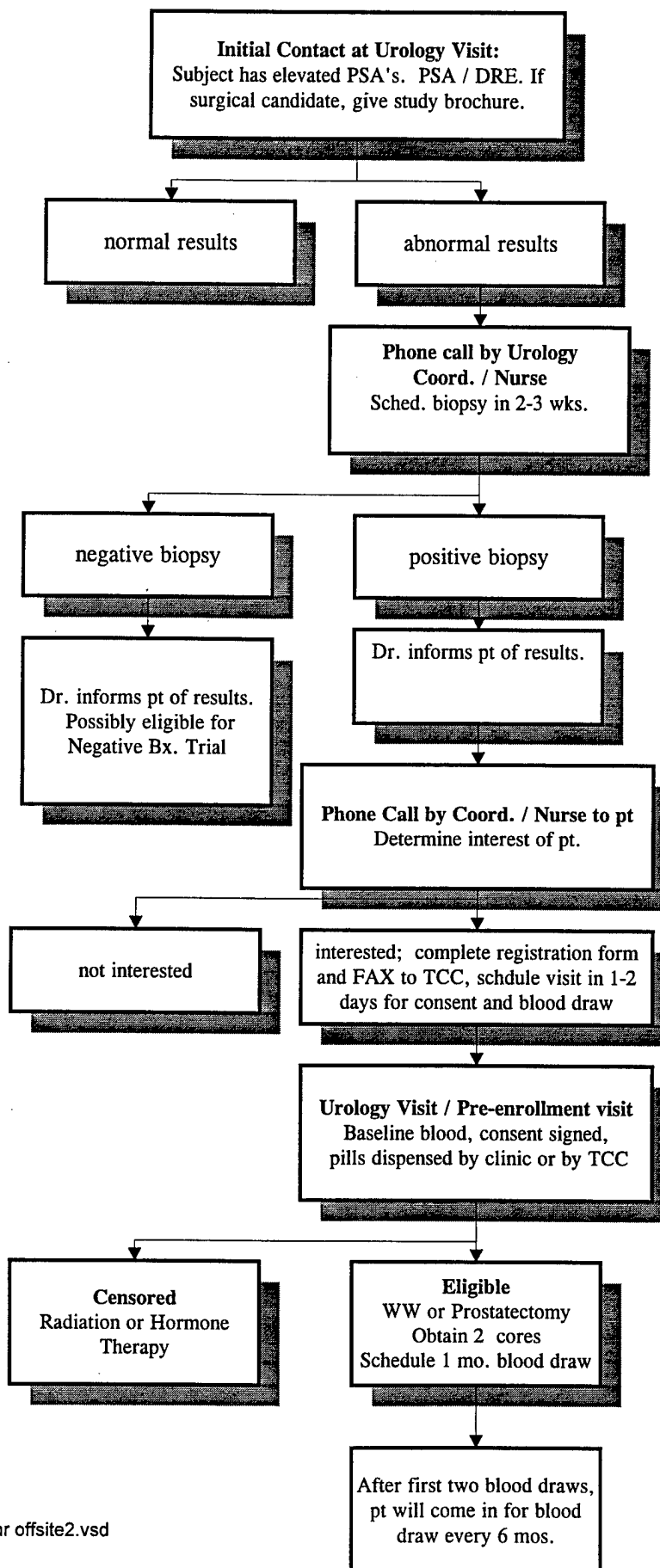


**SELECT TRIAL  
CLINIC PROTOCOL FOR SITES OUTSIDE OF TUCSON**

- 1) **Initial Contact at Urology Visit:**
  - a) Patient is referred to your urology clinic for an examination due to a high PSA level or other indication of potential prostate cancer.
  - b) Patient has a repeat PSA and DRE and other appropriate examination.
  - c) If patient is a surgical candidate, present patient with study brochure
  
- 2) **If patient has a biopsy positive for prostate cancer:**
  - a) Inform patient of biopsy results
  - b) Determine patient interest in Select study
  - c) If patient wishes to participate, complete registration form and fax to the Tucson Coordinating Center (TCC).
  - d) Schedule visit to occur within a day or two, if possible, then complete consent form at the visit and draw blood.
  
  - e) If pills are dispensed at clinic, clinic will hold a randomized block of pills and dispense pills at time of blood draw and informed consent. *TCC will mail more information about the study.*
  
  - f) *If pills are dispensed from TCC, pills will be federal expressed and be given more information about the study.*
  
- 3) **If patient has a biopsy negative for prostate cancer:**
  - a) Your office informs patient of results.
  - b) Patient may be eligible for NBT.
  
- 6) **Treatment choice for PCa**
  - a) If participant chooses to have a **prostatectomy or observation (Watchful Waiting)**, he will continue to be followed by the TCC.
  - b) If participant chooses any treatment other than those listed in "a", he will be censored.
  
- 7) **Further follow-up for participant**
  - a) Schedule participant for second blood draw one month after prostatectomy.
  - b) Participant will continue with semi-annual blood draws.
  - c) *TCC will mail and monitor baseline, food frequency, and follow-up questionnaires.*

# SELECT TRIAL

## Flow Diagram (outside of Tucson)



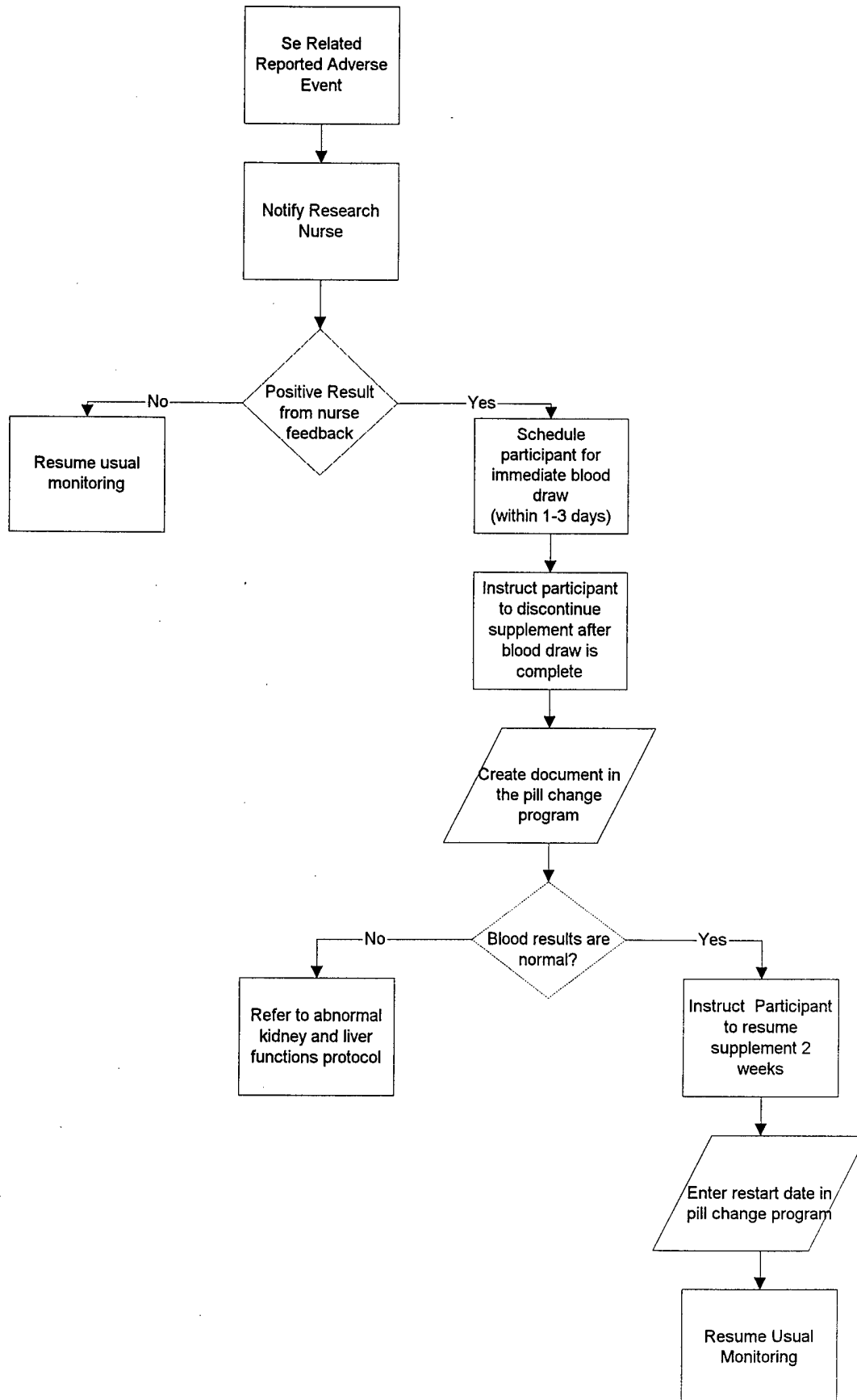


## Dates to Remember

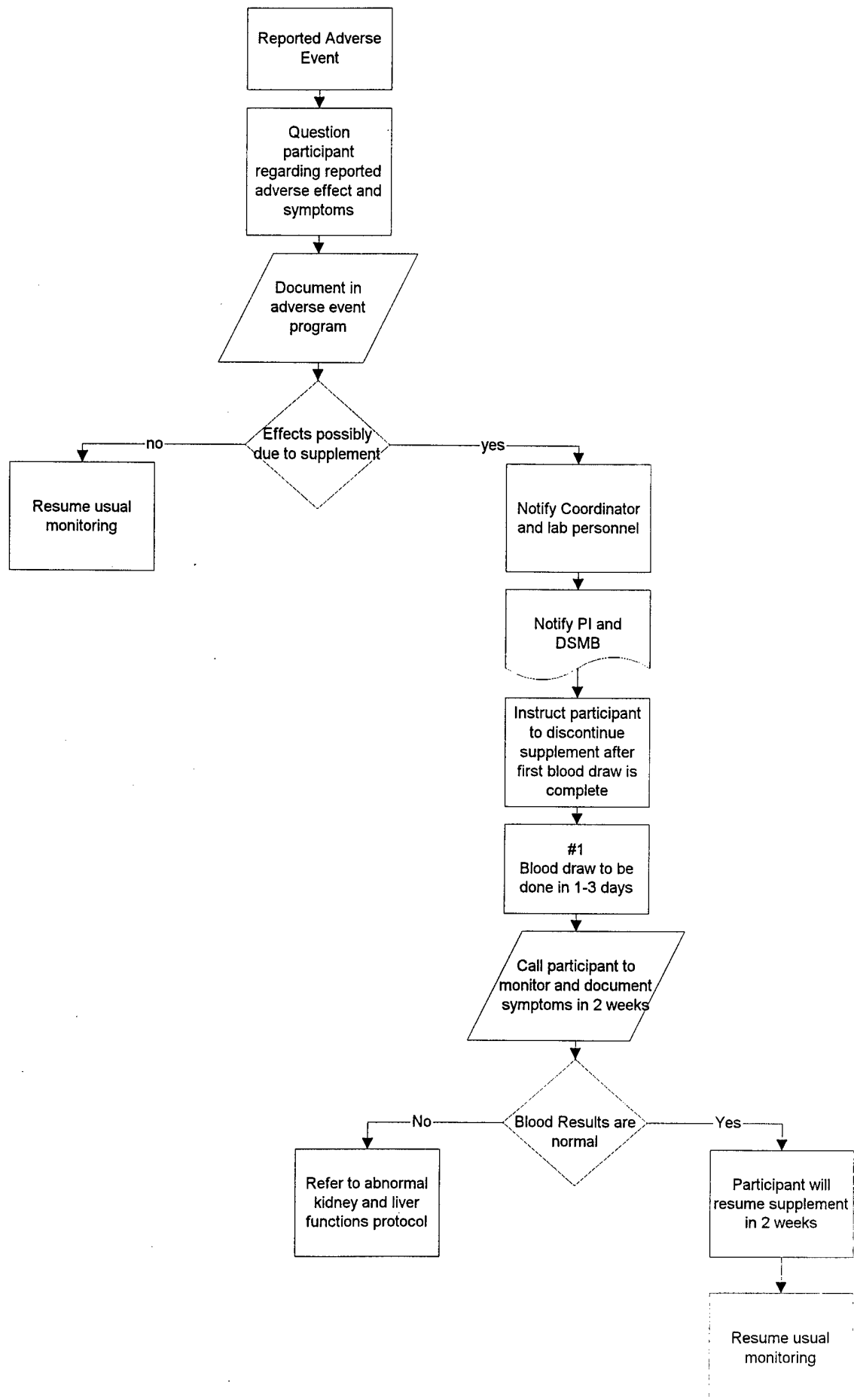
|                            |  |
|----------------------------|--|
| <b>Recruitment Date:</b>   | Date on the Registration form                            |
| <b>Randomization Date:</b> | Date participant is randomized in the computer program   |
| <b>First Pill Date:</b>    | Date first study pill taken (derived from pill postcard) |

P:\SeLECT study\Misc\Dates to Remember.doc

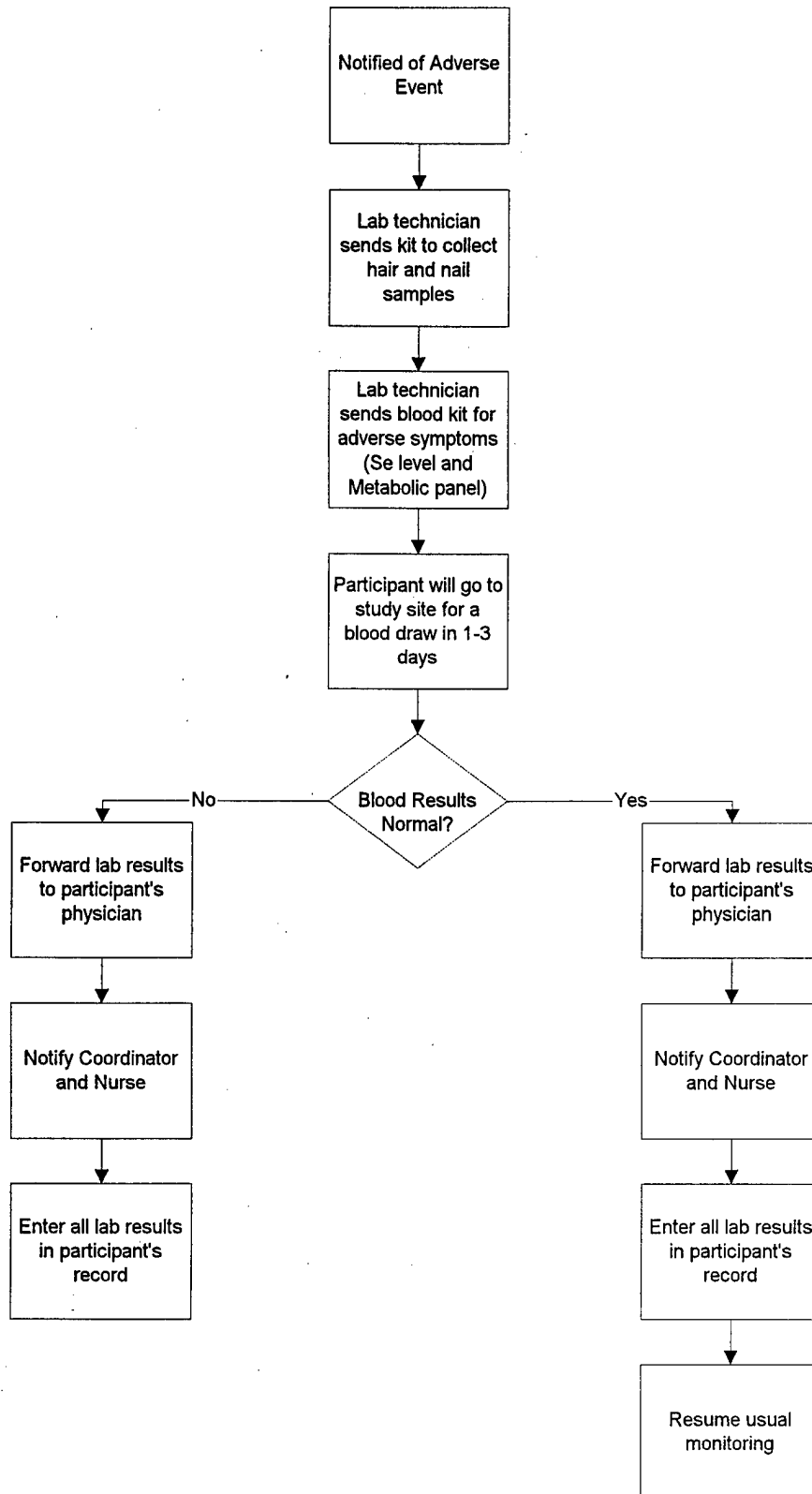
## Coordinator Adverse Effect Protocol



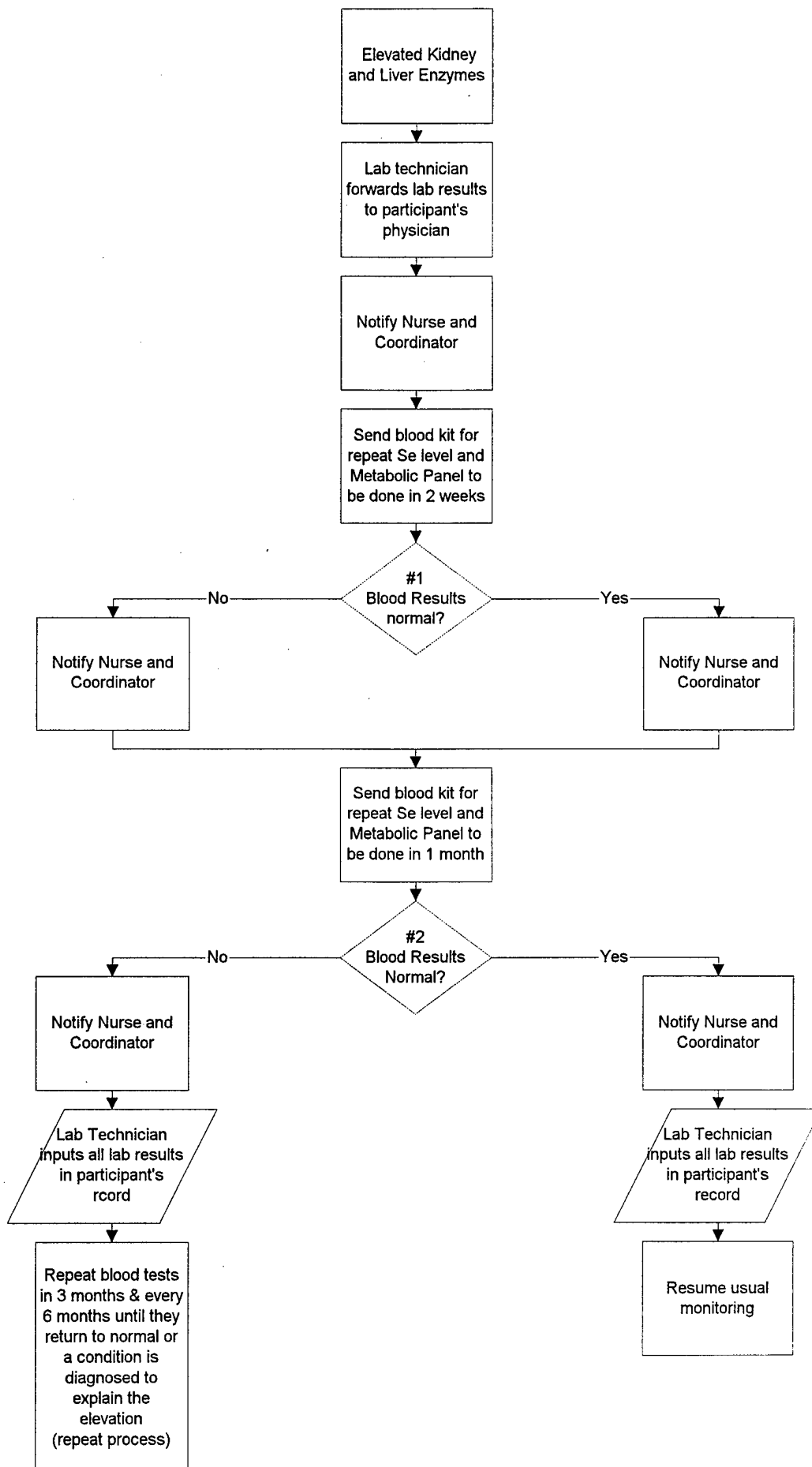
## Nurse Adverse Effect Protocol



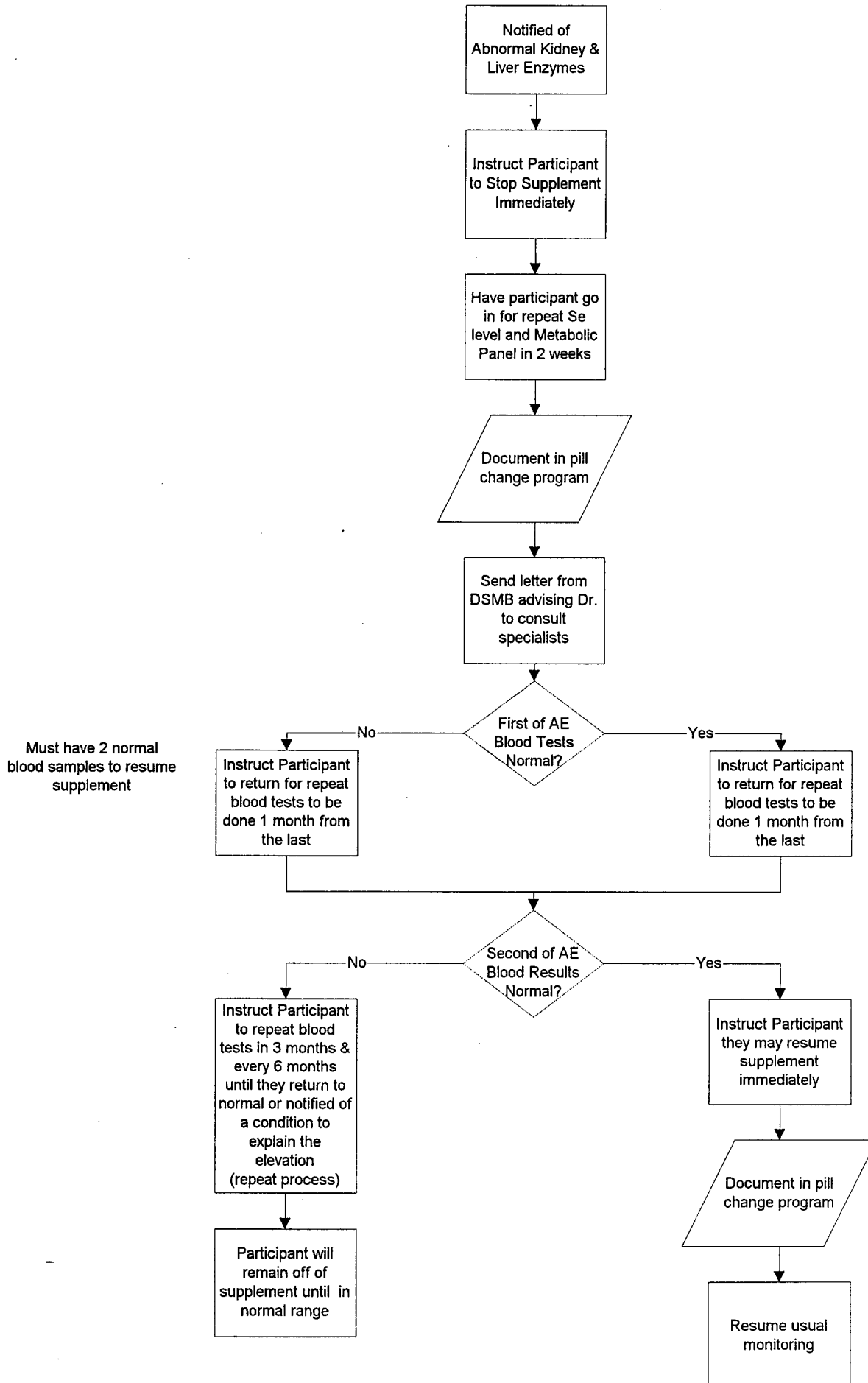
## Laboratory Adverse Effects Protocol



**Laboratory  
Elevated Kidney and Liver  
Enzymes Protocol**  
(2 X nl)

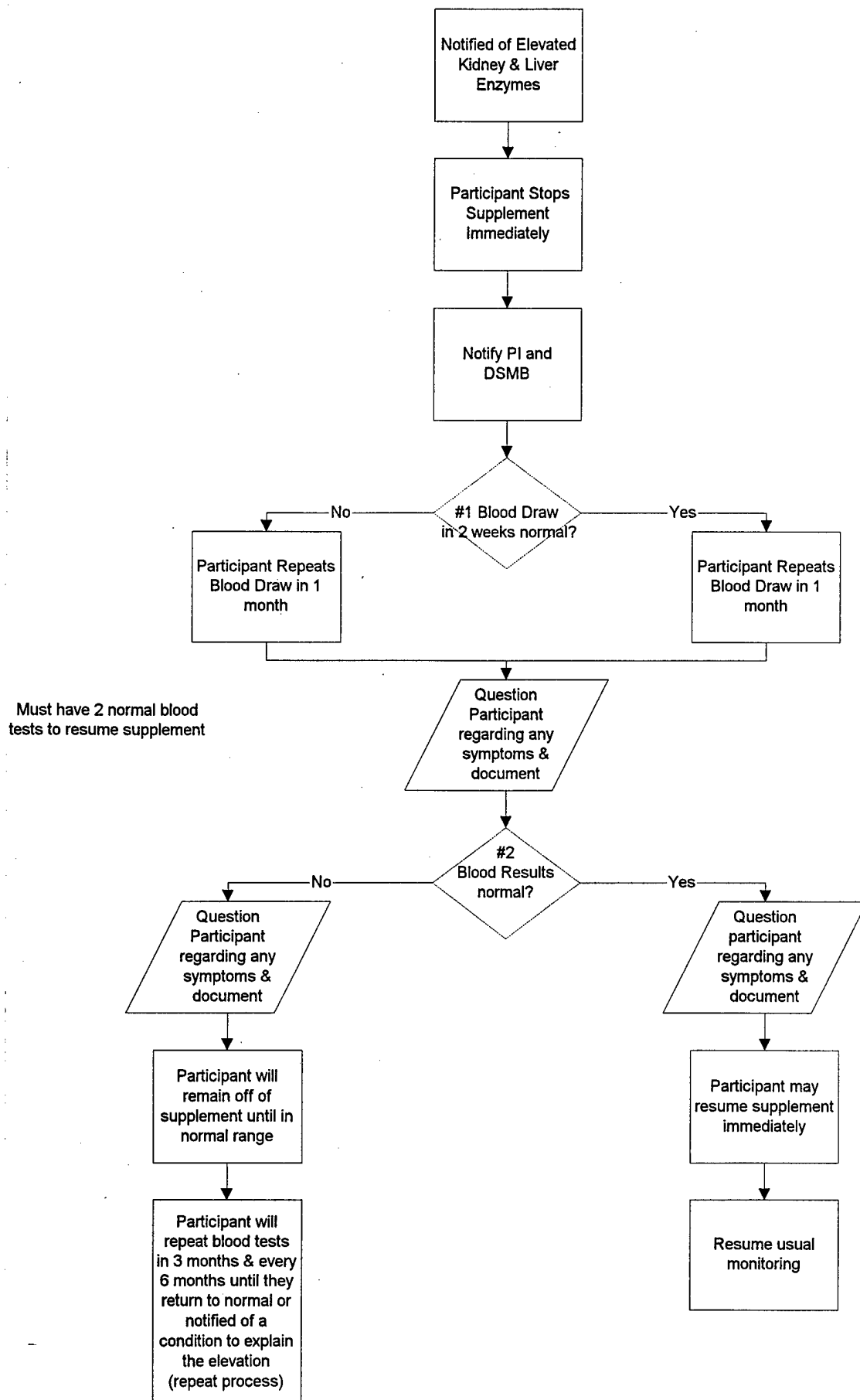


**Coordinator Protocol**  
**Elevated Kidney & Liver Enzymes**  
(2 X nl)



# Nurse Protocol Elevated Kidney & Liver Enzymes

(2 X nl)



## **PILL INFORMATION**

### **Pill Material Supplied By:**

**Cypress Systems, Inc.**

5150 N. 6th St.

Suite 156

PO Box 25729

Fresno, CA 93729

Phone number: (209) 229-9122

Fax number: (209) 225-9007

### **Pill Formulation Done By:**

**Pharma Nord**

Administration:

Sadelmagervej 30-32

DK-7100 Vejle

Denmark

Production:

Tinglykke 4-6

DK-6500 Vojens

Denmark

Phone number 75 85 74 00

Fax number: 75 85 74 74



## **SELECT**

### **Computer Entry Instructions- New Patient Registration**

1. Receive fax
2. Go to the SELECT program and click on add patient button.  
This will open to the main screen and then you enter patient name, SS# and DOB on the top half of the screen.
3. Go the address tab and enter the information. (May have to enter status as 'recruited' in order to gain access to address tab) Note: what you put in for address may change when you get the initial questionnaire. If the participant has more than one address, put start and stop dates to the left of each address)
4. Go to the Registration tab and enter the recruited by (person in the Dr.'s office), the recruited date (upper right-hand corner of the registration form), and the initials of the coordinator assigned to this participant. Check off any boxes for documentation you may have (could be coming in the mail). "Recruited" should appear in the status box. If not, select recruited from the drop down box.
5. To mail participant the information packet
  - a. Go to the distribution tab and select "info packet" from the drop down box.  
Under item category put 1 under number of mailing labels column (do not put date in date distributed box, it will think you already sent it and will not let you print. It will appear automatically after printing job in complete).
  - b. Go to print labels button and highlight the patient's name. (Click on the row)
  - c. Click on the print mail label button and the label will appear.  
If it looks correct and you have labels in the printer then click on the little printer in the toolbar on top.
6. Items in the Information Packet  
Thank you sheet - on lavender  
Study Summary sheet - on yellow  
Patient information sheet (2 pages) - on pink  
Folder for patient to keep stuff in (when ordered)  
These items should be found in the Protocol Notebook and in the P drive, SeLECT folder in forms.
7. If patient is interested in participating, fax back registration log to the clinic with the patient ID#.

P:\SeLECT Study\Protocols\New patient\new participant initial entry.doc

## **SELECT**

### **Computer Entry Instructions-Patient Randomization protocol**

1. If not in already, click on icon to open SELECT program, pt table will open automatically. Highlight participant's name and click on 'edit patient' button.
2. Click on the 'Registration' tab. Then, hit the 'Randomize' button in the middle of the screen. 'Randomized' should appear in the status box. If not, select randomized from the drop down box.
3. To mail participant study pills and questionnaire packet.
  - A. Click on the 'distribution' tab. Click on the pull down menu for the last empty window table cell at the bottom of the 'item category' column. From this pull-down menu, choose 'Study Pills'. The program will automatically bring up a window asking you how many bottles you wish to distribute, it should default on '1', then click ok. There should now be a '1' in the column for the quantity of pills. If you haven't generated a label for your questionnaire mailing envelope, put a '2' in the quantity column for mailing – one label for the pill shipment, one label for questionnaires envelope. In the 'expect response' column put 'no' for the study pills.
  - B. Click on the pill button to see what type of pills this person has been assigned to get– it will be a single letter designation and will also be listed on the pill label. Close the window.
  - C. Hit the 'print label' button. A table will come up with several pt.'s names– highlight the participant's name, and then hit the 'print pill label' button. The label will be displayed on the screen. Make sure you have a label sheet loaded in the printer (it takes (Avery 5164, 3 1/3" x 4" labels), then click on the print icon (or press Ctrl + P, and then 'enter'). Next, print the mail labels. Hit 'print label' button, highlight participant name, click on the 'print mail label' button, and click on the print icon.
  - D. Go get participant's pills in the pill room. Grab a box on the shelf with the letter that corresponds to the one-letter designation for the type of pills the participant had been assigned after randomization. That letter is on the pill label. For the initial shipment of study pills, send only one blister flat of pills. Once you grab the pills, make sure you remember who it is for because there is nothing on the pills to designate what pill group it belongs to.
  - E. Grab a yellow pill information sheet titled: 'SELECT—Participant Pill Instructions'. Place the pills in a ziploc baggie with the pills instructions and a pill postcard (with the participant's id# and distribution # for the pills written on it). Place the pill label on the outside of the baggie. Get a mailing box. Put the participant's pills in this box. Please put two layers of cellophane tape on both sides of the box to make sure it is sealed properly. Put mailing label on top.

## SELECT FORMS ENTRY PROTOCOL

**Open SELECT.** This can be done either with the **SELECT icon** or by going to **M:\SeLect\SSentry.mdb** and opening the program. Microsoft Access must be installed on the user's computer to be able to access these programs.

**Highlight the name of the desired patient.** This activates the **[Edit Patient]** button, which allows entry of all patient questionnaires. **Click the [Edit Patient] button.**

**Verify the Patient ID:** Located in the top left-hand corner of the **Patient file** entry screen, and the right hand corner of the form to be entered. **This field is not entered by the user.** It is a unique, sequential number assigned to the patient by the computer. It represents the order in which the patient was randomized into the study. After a patient is randomized and entered into the Patient's table, the program then arranges the table in alphabetical order to facilitate data entry.

Generally, if you have any **blank fields** as you are entering information, use the following protocol:

**Date questions:**

If the question is supposed to be skipped, as part of the instructions on the questionnaire, leave it blank (this includes if the participant was not supposed to fill it out and put something there).

If the question is supposed to be answered, but the participant left it blank, leave it blank. This marks the information as missing and obtainable.

If the date will not ever be found (such as chronic diseases), then enter 11/11/1111. This means that the data is unobtainable.

**Alphanumeric and numeric questions:**

If the question is supposed to be skipped, as part of the instructions on the questionnaire, leave it blank (this includes if the participant was not supposed to fill it out and put something there).

If the question is supposed to be answered, but the participant left it blank, leave it blank. This marks the information as missing and obtainable.

If the information is unobtainable (because the patient refused to answer, they said they 'didn't know', or the question is not applicable for some reason), first choose 'missing' if it is a choice in the data entry program. If 'missing' is not a choice, then enter -9.

**Patient General Information Screen:** Verify each of these fields from the form being entered and update, if necessary. The fields are arranged in three columns progressing from left to right, top to bottom. Each field can be accessed by either using the **[Tab]** button, or by clicking the mouse on the desired field.

**First Column:**

**Last name:**

**First name:**

**Middle:**

**Title:** Choose **Mr.**, **Dr.**, or **Rev.** from the drop down menu (or **Ms.** or **Mrs.** for the truly confused)

**Second Column:**

**SS Num:**

**Birth date:**

**Chart Num:** Patient's chart number at clinic, if known.

**Off-site:** Patient's clinic location. This should always be checked, all clinics are considered off-site now.

**Third Column:**

**Status:** This field reflects the current participant status. Choose from the following **ONLY** if a Status has changed:

For all initial questionnaires, 1<sup>st</sup> urology and follow-up questionnaires, and (possibly) 2<sup>nd</sup> urology questionnaire entry (any questionnaires before randomization): Use these fields for any questionnaires returned **BEFORE** study pills are received:

**-Recruited:** Status before Initial questionnaire entry should be this.

**-Dropped out BEFORE randomization:** **ONLY** used for those participants who dropped out prior to receiving study pills. (During recruitment and run-in period). **If this option occurs, proceed to Reason.**

**-Ineligible to participate**

**For Urology and Follow-up Questionnaires after randomization:** Choose one of the following:

**-Randomized-Active**

**-Randomized-Temporarily Inactive:**

**-Dropped out AFTER randomization:** If choosing this option, proceed to **Reason.**

**Reason:** This text box is only available if status = dropped out. Choose the option that best describes the participant's reason for dropping out of the study.

- (blank) Currently Active**
- (other) Personal Reasons**
- Deceased**
- Lost to follow-up**
- Mentally unfit**
- No time for study-too busy**
- Patient not responsive**
- Pills too large**
- Potential side effects**
- Spouse or family interference**
- Taking too many supplements**
- Taking too many medications**
- Tired of Being in study**
- Too ill to continue in study**
- Not eligible**

-

The remainder of the patient's file can be accessed by clicking the appropriate file tabs on the bottom portion of the screen. **For questionnaire entry, Click the [Questionnaires] file tab.**  
**Entering Questionnaires.**

Highlight the appropriate questionnaire form, either **Initial**, **Follow-Up**, or **Urology**. This activates the Open Questionnaire button. **Click the [Open Questionnaire] button.**

## **Initial Questionnaire:**

**Verify the Distribution Number:** Located on the right at the top of both the entry screen and the form to be entered. The Distribution Number is assigned to each form and logged into the patient's file before it is mailed to the study patient. It is linked to all information entered from a given form into the patient's data file and will be used as the source of the information.

**Verify the Patient ID & Clinic:** Located in the right hand corner of the form to be entered.

**Verify Patient Name:**

**Questionnaire date:** This is **Today's date** on the form, located in the top right hand corner of the questionnaire. Enter all dates numerically as MMDDYY, the program will automatically add date slashes and correct for Y2K.

**SS Num:** Social Security number, enter/update, if necessary

**Birth Date:** MMDDYY

**Address:** This is the first file to be updated or entered from the Initial Questionnaire form. Address information is located in the upper half of the first page of the Initial Questionnaire. The format of the fields on the entry screen progresses across the screen, from left to right. Verify that all information in the address file matches that of the Initial Questionnaire form and update, if necessary.

### **1-Address Form Entry:**

The first two fields are date fields, which are **ONLY** used for patients with two or more addresses (i.e., summer homes). These fields are found in **Section I** of the Initial Questionnaire form. They indicate where correspondence should be mailed in order to reach the patient at different times of the year. Enter the dates the patient expects to reside at each address.

**Starting:** Use MMYYY as the format of this field.

**Ending:** Use MMYYY for the format of this field.

The remaining fields are found on the first page of the Initial Questionnaire.

**Address:** Use this field for the major portion of the patient's address.

**Address:** Use only if any portion of the address did not fit in the field above.

**City:**

**State:** Type the two-letter state abbreviation, or choose the correct state from the pull down menu.

**Zip:** five-digit numeric

**Home Phone:** See next field

**Work Phone:** Enter the area code and seven-digit telephone number, without parentheses or dashes. The program will automatically add these to the fields.

The following three fields do not appear on the Address entry screen. They can be accessed using the horizontal scroll bar located in the bottom right hand corner of the screen.

**Best Time:** Enter the numeric time, if applicable, and/or **AM** or **PM**.

**Best Place:** Use the pull down menu and choose either **Home** or **Work**.

**Travel Minutes:** enter the time it takes for the participant to get from that address to the clinic.

**[Tab]** through all of the fields to enter the record, increment the record number and to create the next empty record for future use.

**Note:** Do not update an address before determining whether it is a new address or a second address. Repeat the Address Form Entry with each additional address from **Section I**, entering one address per line. The program will automatically update the number of records in the Address file and create an empty record at the end of the file for future entry. **However, the user should verify that he/she is at the end of the address file before entering any additional addresses.** The empty record at the end of each file is preceded by the symbol **[\*]**. This can also be ascertained by checking the record scroll bar located in the bottom left hand corner of the screen.

The Address form entry is now complete. **[Click]** on the **[History]** tab.

## **2-History Form Entry:**

**Med Rel Form Date:** This is the date of the Medical Records Release Form, which is found in **Section B, Medical Records Release**, at the bottom of the first page of the Initial Questionnaire.

The remaining seven fields of the **History** file are found on the second page of the Initial Questionnaire form in **Section C, Personal History**. The user can **[Tab]** through the entire form and progress through the fields in the same order as that of the questionnaire.

## **Personal History:**

**Current Age:**

**Race:** use the pull-down menu and choose the participant's response from the following options:

- Caucasian
- African American
- Hispanic
- Asian
- Native American
- Other

**Height Feet:** Enter only the whole number for the patient's height in feet (no inches here!)

**Height Inches:** Enter the number of inches recorded for the patient's height.

**Weight lbs.:** Enter a whole number.

**Marital Status:** use the pull-down menu and choose the participant's response from the following options:

- Single
- Married
- Divorced
- Widowed

**Highest Grade:** Highest grade completed in school. Enter the number, or use the drop down menu to choose the participant's response.

The History form entry is now complete. **[Click] on the [Contact/Occupation] tab.**

### **3-Contact Person or Next of Kin/Occupational History Entry:**

**Contact Person:** This information is found in **Section D, Contact Person** on the bottom half of page two of the Initial Questionnaire. Note: if the contact person is living in the same household as the patient, call and get a contact person at another address and phone number.

**Contact Name:** Enter the Name of the Contact Person or Next of Kin, with Salutation, First and Last Name (Middle Name and/or Initial is optional).

**Street:** Enter full street address. If the first line of the address is a business name, enter it here and enter the street address in the field below.

**Street:** Use this field for the full street address only if the previous field was used for a business name.

**City:**

**State:** Choose from the drop down menu or type the two-letter abbreviation for the state

**Zip Code:** Include the nine digit extended zip, with the dash, if known

**Phone:** Include area code and all dashes, the program does not add them in this screen.

**Relationship:** Of contact person to patient, if known

**Occupation Information:** Located in **Section E, Occupational Information**, on the second page of the Initial Questionnaire.

**Current Occupation:**

**Longest Occupation:**

**Main Duties:** If there are several, list one on each line.

**Currently Retired:** Choose (1)Yes, (0)No or (9)Missing from drop down menu.

**Former Military:** Choose (1)Yes, (0)No or (9)Missing from drop down menu.



The Contact/Occupation form entry is now complete. **[Click] on the [Tobacco Use] file tab.**

**3-Tobacco Use:** This information is found in **Section F, Tobacco Use**, on the third page of the Initial Questionnaire. The easiest method of entering this page is to use the **[Tab]** button to move from field to field, rather than pointing and clicking with the mouse.

**Note:** The easiest method of entering the **[YES/NO]** information queries is to type one of these three responses:

- 1-for Yes
- 0 -for No
- 9 -for Missing

The program will choose the correct response from the pull down menus and the full answer will appear in the field without any additional typing. The user also has the option of choosing the correct response from the pull down menu, or manually typing in a YES/NO answer. **These entry options also apply to the Alcohol Use file.**

**Tobacco Use Form Entry:**

**Current Smoker: YES/NO**

**Cigarettes per day:** (NOTE: if they put a range, choose the **highest** number- for example, if they say 5-7, enter 7. A pack has 20 cigarettes)

**Age started:**

**Former Smoker: YES/NO**

**Cigarettes per day:**

**Age started:**

**Age stopped:**

**Cigarette smoking description:** This is a text box used to describe any smoking habits that are not adequately defined by the previous questions (i.e., 1 cigarette every other day). Use this box to fully describe any unique conditions.

**Lived with smoker: YES/NO**

**Years as adult:**

**Years as child:**

**Smoke cigars: YES/NO**

**Years:**

**Ever: YES/NO**

**Smoke a pipe: YES/NO**

**Years:**

**Ever: YES/NO**

**Chew tobacco: YES/NO**

**Years:**

**Ever: YES/NO**

**Note:** The program does not automatically default to the next [YES/NO] question in response to a [NO] answer. If a user enters a [NO] answer, he/she must manually tab through the information fields that correspond to a [YES] answer until the next [YES/NO] field is encountered. **These conditions also apply to the Alcohol Use file.**

If any [YES/NO] fields are blank, use the [9-Missing] option. If any of the numeric fields in response to a [YES] answer are blank, leave the field blank. **In either event, or if any answer is unclear or incorrect, call the participant as soon as possible to complete the questionnaire.**

The Tobacco Use Section is now complete. **[Click] on the [Alcohol Use] file tab.**

**4-Alcohol Use:** This information is found in **Section G, Alcohol Use**, on the fourth page of the Initial Questionnaire form. The entry format is identical to that of the Tobacco Use Section. **Please refer to the Tobacco Use Entry Section for a detailed description of methods for entering the YES/NO question options.**

**Alcohol Use Form Entry:**

**Current drinker: YES/NO**

**Days per week:** This question refers to how many days a week the patient drinks alcohol.

Choose one of the following numbers, which will pull up the correct response from the pull down menu:

(NOTE: if they put a range, choose the **highest** number- for example, if they say 2 to 3, enter 3)

1-Less than one day/week

2-One day/week

3-2-3 days/week

4-3-7 days/week

9-Missing

**Drinks/Day:** (NOTE: if they put a range, choose the **highest** number- for example, if they say 5-7, enter 7)

**Former Drinker: YES/NO**

**Days per week:**

**Drinks per day:**

**Years:**

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

The Alcohol Use File is now complete. **[Click] on the [Health] file tab.**

**6-Health Information:** This information is found in **Section H, General Health**, on the fourth page of the Initial Questionnaire. All fields, with the exception of the **Description** text box, follow the same YES/NO entry format of the Tobacco and Alcohol Use sections. **Please refer to the Tobacco Use Entry Section for a detailed description of methods for entering the YES/NO question options.**

**Health Information Form Entry:**

**Nail Splitting:** YES/NO

**Hair Loss:** YES/NO

**Garlic Breath:** YES/NO

**Note:** If the patient answers **[YES]** to any of the previous three questions, inform the Project Nurse immediately. These are the beginning symptoms of selenium toxicity and must be monitored

**Fatigue:** YES/NO

**Nausea:** YES/NO

**Description:** This text box is only used if any of the previous five questions were answered **[YES]**. The information should be entered using this format:

**Problem-date started (MM/DD/YY)**

Use one line per problem.

**Cancers:** YES/NO

**Hospitalizations:** YES/NO

**Cancer Screenings:** YES/NO

**Other Illnesses:** YES/NO

**Note:** If the patient answered **[YES]** to any of the four previous questions, make sure that each event is also listed on **the Illness Documentation form.**

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

The Health Information entry is now complete. **[Click] on the [Illnesses+] file tab.**

**7-Illnesses+:** The Illness Documentation Form is found in **Section J, Illness Documentation**, on the sixth page of the Initial Questionnaire. The format of the fields progresses across the page, from left to right. The order of the fields on the Illness Documentation Form match those of the Illness and Procedures file, with the exception of the **Ill. Class** field, which is completed by the nurses after the Initial Questionnaire is entered. Enter one illness per line, making sure each entry is as complete as possible.

#### **Illness Documentation Form Entry:**

**“Check here if No Illnesses or Medical Procedures in the last 5 years”:** If this box is checked on the questionnaire, and there are no illnesses reported on the rest of the form, **[Click]** on the check box to enter a check into the Illnesses and Procedures screen. **Proceed to the [Medications+] File Tab.**

#### **If Illnesses are reported:**

##### **Verify the Distribution Number**

**Verify the Illness Record Number:** This can be ascertained by checking the record status on the record scroll bar, located in the bottom left-hand corner of the screen. **Note:** The first illness record on the Initial Questionnaire Form should be record #1!!

**Illness or proc:** Use text to describe the illness event fully. If applicable, use standardized abbreviations for events, such as HBP for high blood pressure.

**Ill. Class:** Tab through this field, the nurses will complete this.

**Start:** Enter as MMDDYY, the computer will add the date slashes and correct for Y2K.

**If the start date is unknown (i.e., History of. ), enter 11/11/1111**

**Stop:** Enter as MMDDYY, the computer will add the date slashes and correct for Y2K.

**If the illness is chronic or the end date is unknown, enter 11/11/1111.**

**For either the Start or Start Date:**

**If the month and year are known and the day is unknown, use MM15YY**

**If only the year is known use 0701YY**

**Doctor:** Use the pull down menu to find the physician associated with the event, or type in his/her name. Highlight the physician's name and press [Enter]. The **Doctor, Specialty and Clinic or Hosp** fields will be automatically entered when the doctor is chosen.

**Specialty:** Will update automatically when the **Doctor** field is entered.

**Clinic or Hosp:** Will update automatically when the **Doctor** field is entered.

**If the patient only lists a hospital or clinic and no doctor:**

**Enter:** the **Department of Medical Records** option, from the **Doctors** pull down menu.

**Attach:** the appropriate Clinic or Hospital from the **Clinics** pull down menu. (This circuitous method is in response to inefficient programming.)

**Note:** This method should also be used if the medical records for the event will be obtained from the hospital and not the physician, or if the patient sees several doctors at the same facility.

**In the event that both the Physician and Clinic are not located in the Doctors or Clinic Tables, please see Appendix [XX] Adding Doctors/Clinics.**

The following five fields in the Illness or Procedure file are not shown on the Questionnaire form. They also do not appear on the Illness and Procedures entry screen but can be accessed using the horizontal scroll bar in the lower right hand corner of the screen.

**Reported:** This is the date of the Questionnaire, entered MMDDYY.

**Source:** This should automatically be updated with the [Questionnaire] option in the pull down menu. If, for some reason it does not update, choose [Questionnaire] from the pull down menu.

The remaining three fields, **Doc Requ.**, **Doc Compl.**, and **Doc Recv.** are not completed by the user during questionnaire entry. However, [Tab] through all of the fields to enter the record, increment the record number and to create the next empty record for future use.

**Repeat the Illness entry process with each illness reported by the patient.** The program will automatically update the number of records in the Illnesses and Procedures file and create an empty record at the end of the file for future entry. However, the user should always verify that he/she is at the end of the file before entering any additional records. The empty record at the end of each file is preceded by the symbol [\*]. The end of the file can also be ascertained by checking the status on the record scroll bar, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, [Click] the [►\*] button on the right side of the bar to create a new record.

As the patient's illness file grows, illness records can be accessed using the vertical scroll bar located on the right side of the Illness or Procedure screen.

**Note:** If a surgery is listed, a corresponding illness should either exist already in the illness table, or be added along with the surgery report. For instance, if a cataract surgery is reported, an illness record of "Cataracts " should be added to the illness table if one is not yet in place. **Enter all Surgeries and/or Procedures reported.**

**If any answer is blank, unclear or incorrect, call the participant as soon as possible to complete the questionnaire.**

The Illnesses+ section is now complete. [Click] on the [Medications+] file tab.

**8-Medications+:** The Medication Documentation Form is found in **Section K, Prescription Medication Documentation Form**, on the seventh page of the Initial Questionnaire form. The format of the fields progresses across the page, from left to right. Enter one medication per line, making sure each entry is as complete as possible.

**Medication Documentation Form Entry:**

**“Check here if you take NO MEDICATIONS currently”:** If this box is checked on the questionnaire, and there are no Medications reported on the rest of the form, **[Click]** on the check box to enter a check into the Medications and Supplements Screen. **Proceed to the Vitamin, Mineral, Herbal, and Non-Prescription Form entry.**

**If Medications are reported:**

**Verify the Distribution Number**

**Verify the Medication Record Number:** This can be ascertained by checking the status on the record scroll bar, located in the bottom left-hand corner of the screen. **Note:** The first Medication record entered from the Initial Questionnaire should be #1!!

**Medication:** Type in the name of the medication. Appropriate standard abbreviations are also acceptable if known, such as EES for erythromycin.

**Dosage:** Numeric dosage with the abbreviated weight/unit designation

**How often:** Use standard abbreviations, if known. (i.e., QD for once a day)

**Reason:** If known.

Refer to the **Illness Documentation Form Entry** for a complete description on the entry of the following four fields.

**Start Date:** Identical to the Illness Documentation Form Entry

**Stop Date:** Identical to the Illness Documentation Form Entry

**Doctor:** Identical to the Illness Documentation Form Entry

**Specialty:** Identical to the Illness Documentation Form Entry

The remaining two fields do not appear on the Questionnaire form. They also do not appear on the Medications and Supplements entry screen but can be accessed using the horizontal scroll bar in the lower right hand corner of the screen.

**Source:** This should automatically be updated with the **“Questionnaire”** option in the pull down menu. If, for some reason this field does not update, choose **“Questionnaire”** from the pull down menu.

**Reported:** This is the date of the Initial Questionnaire form, entered MMDDYY.

**[Tab]** through all of the fields to enter the record, increment the record number and to create the next empty record for future use.

**Repeat the Medication entry process with each additional medication reported by the patient.** With each new medication entry, the program will automatically update the number of records in the Medications and Supplements file and create an empty record at the end of the file for future entry. **However, the user should verify that he/she is at the end of the file before entering any additional records.** The empty record at the end of each file is preceded by the symbol [\*]. The end of file can also be ascertained by checking the status on the record scroll bar, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the **[▶\*]** button on the right side of the bar to create a new record.

As the patient's medications and supplement file expands, illness records can be accessed using the vertical scroll bar located on the right side of the Medications and Supplements screen.

**Supplements:** These are found on in **Section L, Vitamin, Mineral, Herbal and Non-Prescription Documentation Form**, on the eight page of the Initial Questionnaire form. Supplements are entered on the Medications and Supplements screen. Enter one supplement per line, making sure each entry is as complete as possible.

#### **Supplements Form Entry:**

**"Check here if you take NO VITAMIN, MINERAL, HERBAL, OR NON-PRESCRIPTION MEDICATIONS currently":** If this box is checked on the questionnaire, and there are no Supplements reported on the rest of the form, **[Click]** on the check box to enter a check into the Medications and Supplements Screen. **Proceed to the [Doctors] Form entry.**

#### **If Supplements are reported:**

##### **Verify the Distribution Number**

**Verify the Supplement Record Number:** The empty record at the end of each file is preceded by the symbol [\*]. This can also be ascertained by checking the record status on the record scroll bar, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the **[▶\*]** button on the record scroll bar to create a new supplement record.

**Medication/Supplement:** Type in the name of the supplement. Appropriate standard abbreviations are also acceptable if known, such as ASA for aspirin.

**Dosage:** Numeric dosage with the abbreviated weight/unit designation

**How often:** Use standard abbreviations, if known. (i.e., QD for once a day)

**Reason:** If known.

**Start Date:** Identical to the Illness Documentation Form Entry

**Stop Date:** Identical to the Illness Documentation Form Entry

The remaining four fields do not appear on the Questionnaire form. They also do not appear on the Medications and Supplements entry screen but can be accessed using the horizontal scroll bar in the lower right hand corner of the screen.

**Doctor:** Identical to the Illness Documentation Form Entry

**Specialty:** Identical to the Illness Documentation Form Entry

**Source:** This should automatically be updated with the [Questionnaire] option in the pull down menu. If, for some reason the field does not update, choose [Questionnaire] from the pull down menu.

**Reported:** This is the date of the Initial Questionnaire form, entered MMDDYY.

**[Tab]** through all of the fields to enter the record, increment the record number and to create the next empty record for future use.

**Repeat the Supplement entry process with each additional supplement reported by the patient.** With each new supplement entry, the program will automatically update the number of records held in the record scroll bar and will also add the next record entry line. **However, the user should verify that he/she is at the end of the file before entering any additional records.** The empty record at the end of each file is preceded by the symbol [\*]. The end of file can also be ascertained by checking the status on the record scroll bar, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the [►\*] button on the right side of the bar to create a new record.

As the patient's medications and supplement file expands, illness records can be accessed using the vertical scroll bar located on the right side of the Medications and Supplements screen.

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

The Medications and Supplements file is now complete. **[Click]** on the [Doctors] File Tab.

**9-Doctors File:** The Doctor's file is the section in which specific physicians, hospitals and clinics are attached to a patient. It is the **Patient's Doctor file**, a sub-file comprised of physicians, clinics and hospitals found in the Doctor's table and who are seen by a specific patient. As such, the Patient Doctor file is unique to each patient. **Adding a physician to a patient illness or medication record does not automatically add the doctor to the patient's Doctor file.** Every patient Doctor file must be created and/or updated manually.

Information about a patient's physicians comes from three sources: the **Illness and Procedures Documentation form**, the **Medications and Supplements Documentation form**, and **Section M, Physician Information form**. The format of the fields in the Doctor's file proceeds across the screen, from left to right.



**Doctor Entry:****From the Illnesses and Procedures Documentation forms:**

**Check the Illnesses and Procedures Documentation forms:** Create a patient doctor record for every physician, hospital and clinic found on the Illnesses and Procedures forms. Use one record line per practice.

**Verify Distribution Number:**

**Verify the Doctor Record Number:** The empty record at the end of each file is preceded by the symbol [\*]. This can also be ascertained by checking the record status on the record scroll bar, located in the bottom left-hand corner of the screen.

**Doctor:** Use the pull down menu to locate the patient's physician in the Doctor's Table. Highlight the doctor's name and press [Enter] to attach the physician to the patient.

**Phone Number:** Will automatically update when the **Doctor** field is chosen.

**Clinic:** Will automatically update when the **Doctor** field is chosen.

**If the patient only lists a hospital or clinic and no doctor:**

**Enter:** the **Department of Medical Records** option, from the **Doctors** pull down menu.

**Attach:** the appropriate Clinic or Hospital from the **Clinics** pull down menu. (This circuitous method is in response to inefficient programming.)

**Note:** This method should also be used if the medical records for the event will be obtained from the hospital and not the physician, or if the patient sees several doctors at the same facility.

The next two fields do not appear on the Illnesses and Procedures Documentation forms. The last field also does not appear on the Doctor's entry screen, but can be accessed using the horizontal scroll bar located in the bottom right hand corner of the screen.

**Date first visit:** If known, enter as MMDDYY.

**Date last visit:** If known, enter as MMDDYY.

[Tab] through all of the fields to enter the record, increment the record number and to create the next empty record for future use.

**Repeat the Doctor entry process with each additional physician, hospital and/or clinic found on the Illnesses and Procedures Documentation forms.** With each new doctor entry, the program will automatically update the number of records held in the record scroll bar and will also add the next record entry line. **However, the user should verify that he/she is at the end of the file before entering any additional records.** The empty record at the end of each file is preceded by the symbol [\*]. The end of file can also be ascertained by checking the status on the record scroll bar, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, [Click] the [▶\*] button on the right side of the bar to create a new record.

**From the Medications and Vitamin, Mineral, Herbal and Non-Prescription Documentation forms:**

**Check the Medications and Vitamin, Mineral, Herbal and Non-Prescription Documentation forms:** Create a patient doctor record for every physician, hospital and clinic found on these forms, **who has not already been attached from the Illnesses and Procedures forms.** Use one record line per practice. **The entry of these forms is identical to that of the Doctor entry from the Illnesses and Procedures forms.** Please refer to the Doctor's entry from the Illnesses and Procedures forms for complete entry instructions.

**From the Physician Information form:** The Physician Information form is found on the tenth page of the Initial Questionnaire form. The order of the fields in the Doctor's entry screen does not match that of the Physician Information form. **However, the entry of these forms remains identical to that of the Doctor entry from the Illnesses and Procedures forms.** Please refer to the Doctor's entry from the Illnesses and Procedures forms for complete entry instructions.

**Check the Physician Information form:** Create a patient doctor record for every physician, hospital and clinic found on these forms, **who has not already been attached from the previous four forms.** Use one record line per practice.

**Note:** A physician, hospital or clinic must be added to the Doctor's table before they can be attached to a patient. **To add new physicians, hospitals and clinics, or edit existing records, Please refer to Appendix [XX], Adding/Editing Doctors and Clinics.**

The Initial Questionnaire Entry is now complete.

**To Exit:**

**Close the Initial Questionnaire:** [Click] the [X] in the top right hand corner of the window.

**Close the Patient File:** [Click] the [X] in the top right hand corner of the Patient File window. Use the horizontal scroll bar at the bottom of the screen to access the [X].

A **Warning** may pop up, stating that **frm.Patient** has been updated and should changes be saved. Choose **[YES]**. (This means ECW is working!!!)

**To Continue Working in SELECT:** Choose **[Edit Patient]** from the SELECT Patient Menu to continue entering data on other patients.

**To Close SELECT:** [Click] the [X] in the top right hand corner of the window.

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## Follow-Up Study Questionnaire

The Follow-up questionnaire entry screen is broken up into four sections. The easiest method of entering this page is to use the **[Tab]** button to move from field to field, rather than pointing and clicking with the mouse. The screen will default on the last follow-up questionnaire entered.

**Verify the Follow-Up Questionnaire Record Number:** The user should always verify that he/she is at the end of the file before entering any additional records. The end of the file can be ascertained by checking the status on the **record scroll bar**, located in the bottom of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the **[>\*]** button on the right side of the bar to create a new record.

### Verify the Patient's Name

**Verify the Distribution Number:** Located on the right at the top of both the entry screen and the form to be entered. The Distribution Number is assigned to each form by the study nurse and is logged into the patient's file before it is mailed to the study patient. It is linked to all information entered from a given form into the patient's data file and will be used as the source of the information. **Proceed to the Pills Section.**

**Pills Section entry:** This information is found on the first page of the Follow-up questionnaire.

**Quest. Date:** Today's date on the follow-up questionnaire form. MMDDYY

**Missed taking pills:** Type in the number of the following responses, or choose the correct response from the drop-down menu.

- 1-Never
- 2-About once a month
- 3-About once a week
- 4-More than once a week
- 5-Stopped then started (proceed to Stopped taking pills)
- 6-Stopped and did not restart (proceed to Stopped taking pills)
- 9-Missing

**If the response to this question is 1-4 or 9, proceed to the Problems section.**

**Stopped taking pills:** Enter the following three fields **ONLY** if participant answered 5 or 6 to the preceding question.

**Stop date:** MMDDYY

**Restart date:** MMDDYY (11/11/1111 if participant has not restarted pills)

**Reason for stopping pills:** Use this text field to fully describe the participant's reason for stopping the pills.

**Note:** Stopping pills also requires the user to complete a Pill Problem form, and a Status Change form. Also, the participant's status must be changed in the program through the Patient Information screen.

**To change participant status:**

**Access Patient file:** [Click] on the Patient window behind the Follow up Questionnaire window to access the participant's file.

**Status:** Use the drop down menu and choose one of the following:

- Randomized, Temporarily inactive:** If participant is taking study pills and indicates that he has a temporary situation and will restart the pills when the problem is resolved.
- Dropped out BEFORE Randomization:** If participant is not yet taking study pills
- Dropped out AFTER Randomization:** If participant is taking study pills.

**Reason:** Choose the option that best describes the participant's reason for dropping out of the study.

- (blank) Currently Active
- (other) Personal Reasons
- Deceased
- Lost to follow-up
- Mentally unfit
- No time for study-too busy
- Patient not responsive
- Pills too large
- Potential side effects
- Spouse or family interference
- Taking too many supplements
- Taking too many medications
- Tired of Being in study
- Too ill to continue in study

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

**The Pill section is now complete. [Click] on the Problems file tab.**

**Problems:** This information is found on the bottom half of the first page of the Follow-up questionnaire.

**Note:** The easiest method of entering the [YES/NO] information queries is to type one of these three responses:

- 1-for Yes
- 0 -for No
- 9 -for Missing

The program will choose the correct response from the pull down menus and the full answer will appear in the field without any additional typing. The user also has the option of choosing the correct response from the pull down menu, or manually typing in a YES/NO answer. Also, the program does not automatically default to the next [YES/NO] question in response to a [NO] answer. If a user enters a [NO] answer, he/she must manually tab through the information fields that correspond to a [YES] answer until the next [YES/NO] field is encountered.

**Problems entry:**

**New garlic odor:** [YES/NO]  
**Date:** MMDDYY  
**New hair loss:** [YES/NO]  
**Date:** MMDDYY  
**New nail splitting:** [YES/NO]  
**Date:** MMDDYY

**Note:** If the patient answers [YES] to any of the previous three questions, inform the Project Nurse immediately. These are the beginning symptoms of selenium toxicity and must be monitored.

**Problem description:** Use this text field to fully describe any information the participant has provided in response to the above three questions.

**MRF date:** This field is found in the Medical Records Release section at the bottom of the first page of the questionnaire. Enter MMDDYY

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

The Problems section is now complete. **[Click] on the Illnesses and Procedures file tab.**

**Illnesses:** The Illness Documentation Form is found on page two of the Follow-up questionnaire. The form entry is identical to that of the Illness Documentation form entry of the Initial Questionnaire. **Please refer to Section 7, Illnesses+, for a complete description of entering illnesses.**

**Procedures:** The Procedures and Surgeries Documentation form is found on page three of the Follow-up questionnaire.

**“Check here if you have had No Medical Procedures or Surgeries in the last 5 years”:** If this box is checked on the questionnaire, and there are no procedures and surgeries reported on the rest of the form, **[Click]** on the check box to enter a check into the Illnesses and Procedures screen. **Proceed to the [Medications and Supplements] File Tab.**

**If procedures and/or surgeries are reported:** The form entry is identical to that of the Illness Documentation form entry of the Initial Questionnaire. **Please refer to Section 7, Illnesses+, for a complete description of entering procedures and/or surgeries.**

**Note:** If a surgery is listed, a corresponding illness should either exist already in the illness table, or be added along with the surgery report. For instance, if a cataract surgery is reported, an illness record of “Cataracts “ should be added to the illness table if one is not yet in place. **Enter all Surgeries and/or Procedures reported.**

The Illnesses and Procedures section is now complete. **[Click]** on the **Medications and Supplements** file tab.

**Medications and Supplements:** The Prescription Medications Documentation form is found on the bottom of the third page of the Follow-up questionnaire. The form entry is identical to that of the Medication Documentation form entry of the Initial Questionnaire. **Please refer to Section 8, Medications+, for a complete description of entering prescription medications.**

**Supplements:** The Supplements form (vitamin or mineral supplements, herbal remedies or non-prescription drugs) is found on the fourth and last page of the questionnaire. The form entry is identical to that of the Medication Documentation form entry of the Initial Questionnaire. **Please refer to Section 8, Medications+, for a complete description of entering prescription medications.**

**Note:** After entering any new Illness, Procedure or Medication, check the Patient Doctor file and verify that the doctor/clinic entered with the new record exists in the Patient Doctor File.

**Access Patient file:** **[Click]** on the **Patient** window behind the Follow up Questionnaire window to access the participant’s file.

**[Click]** on the **[Doctors]** file tab.

Locate the Doctor/Clinic in the Patient’s Doctor file.

**If the Doctor/Clinic is not in the Patient’s Doctor file, please refer to Section 9 in the Initial Questionnaire Entry Protocol for a complete description of entering the Doctor/Clinic into the Patient Doctor file.**

**If any answer is blank, unclear or incorrect call the participant as soon as possible to complete the questionnaire.**

**The Follow-Up Questionnaire is now complete.**

**Close the Follow-up form Window:** [Click] on the [X] in the upper right hand corner of the form.

**Close the Patient File:** [Click] the [X] in the top right hand corner of the Patient File window. Use the horizontal scroll bar at the bottom of the screen to access the [X].

A **SelectWarning** may pop up, stating that **frm.Patient** has been updated and should changes be saved. Choose **[YES]**. (This means ECW is working!!!)

**To Continue Working in Select:** Choose **[Edit Patient]** from the **SelectPatient** Menu to continue entering data on other patients.

**To Close Select:** [Click] the [X] in the top right hand corner of the window.

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## **Urology Questionnaire:**

The Urology questionnaire entry screen is broken up into four sections, which correspond to the numbers on the questionnaire form. The easiest method of entering this page is to use the **[Tab]** button to move from field to field, rather than pointing and clicking with the mouse. The screen will default on the last urology form entered. **[Click]** on the Full Screen button of the SELECT screen, or manually expand the window to access the record scroll bar of the Urology screen.

**Verify the Distribution Number:** Located on the right at the top of both the entry screen and the form to be entered. The Distribution Number is assigned to each form by the study nurse and is logged into the patient's file before it is mailed to the study patient. It is linked to all information entered from a given form into the patient's data file and will be used as the source of the information.

### **Verify the Patient's Name**

**Verify the Patient ID:** Located in the top left-hand corner of the Urology entry screen, and under the questionnaire date of the Urology form. **This field is not entered by the user.** It is a unique, sequential number assigned to the patient by the computer. It represents the order in which the patient was randomized into the study. After a patient is randomized and entered into the Patient's table, the program then arranges the table in alphabetical order to facilitate data entry.

**Verify the Urology Questionnaire Record Number:** The user should always verify that he/she is at the end of the file before entering any additional records. The end of the file can be ascertained by checking the status on the **record scroll bar**, located in the bottom of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the **[>\*]** button on the right side of the bar to create a new record.

**Quest Date:** This is the date of the form, located in the top right hand corner of the questionnaire. Enter all dates numerically as MMDDYY, the program will automatically add date slashes and correct for Y2K.

**Doctor:** Use the pull down menu to find the physician associated with the event, or type in his/her name. Highlight the physician's name and press **[Enter]**.

**If the patient only lists a hospital or clinic and no doctor:**

**Enter:** the **Department of Medical Records** option, from the **Doctors** pull down menu.

**Attach:** the appropriate Clinic or Hospital from the **Clinics** pull down menu. (This circuitous method is in response to inefficient programming.)

**Note:** This method should also be used if the medical records for the event will be obtained from the hospital and not the physician, or if the patient sees several doctors at the same facility.

**In the event that both the Physician and Clinic are not located in the Doctors or Clinic Tables, please see Appendix [XX] Adding Doctors/Clinics.**

**Section A, questions 1-8.**

**1) Appetite:** type in the number corresponding to one of these four responses:

- 1-Good
- 2- Fair
- 3 -Poor
- 9 -Missing

The program will choose the correct response from the pull down menus and the full answer will appear in the field without any additional typing. The user also has the option of choosing the correct response from the pull down menu, or manually typing in the answer.

**2) Current Weight:** enter in pounds

**3) Weight change:** Enter one of following four responses:

- 1-Weight Loss
- 2-Weight Gain
- 3 -No Change
- 9 -Missing

**Pounds change:** Any weight gain or loss entered in pounds

**4) Wants to lose weight:** [YES/NO].

**Note:** The easiest method of entering the [YES/NO] information queries is to type one of these three responses:

- 1-Yes
- 0 -No
- 9 -Missing

- 5) **Experience any:** If any of these four items are checked on the questionnaire, **[Click]** on the corresponding check boxes on the entry screen to enter a response.

- Nausea
- Vomiting
- Fever
- Chills

Do not check any boxes if [No Symptoms] is checked.

- 6) **New aches or pains:** [YES/NO].

- 7) **Numbness:** [YES/NO].

**Numbness Location:** use this text box to describe the reported area of numbness

**Section A is now complete. Please [Click] on the Section B file tab.**

**Section B, questions 8-14**

- 8) **Urinating at night:** Enter one of the following responses:

- 0- None
- 1- 1 time
- 2- 2 times
- 3- 3 times
- 4- 4 times
- 5- 5 times
- 6- 6 or more times
- 9- Missing

- 9) **Not emptying bladder:** enter one of the following responses:

- 1- Not at all
- 2- Less than 1 in 5
- 3- Less than half
- 4- About half the time
- 5- More than half
- 6- Almost always

**Note:** Questions 10-14 have the same responses to the questions as Question 9. Use the same [1-6] responses to enter the information from the questionnaire.

- 10) Frequent urinating:** [1-6]
- 11) Stopped and Started:** [1-6]
- 12) Urgent need:** [1-6]
- 13) Weak Stream:** [1-6]
- 14) Push or strain:** [1-6]

**Section B is now complete. Please [Click] on the Section C File Tab.**

**Section C, questions 15-23.**

- 15) Weakness in Arms:** [YES/NO]
- 16) Weakness in Legs:** [YES/NO]
- 17) Blood in Urine:** There are no numeric entries associated with the correct response as in previous questions. The user must use the pull down menu and choose one of the following responses, which correspond to the check box answers on the questionnaire form:

- Initially**
- Finishing**
- Total**
- Clots**
- None**
- Missing**

- 18) Stream Rating:** Choose one of the following responses:

- 1- good**
- 2- fair**
- 3- weak**
- 4- steady**
- 5- intermittent**
- 6- double**
- 7- missing**

- 19) Stress incontinence:** [YES/NO] If answer is [NO], proceed to question 21
- 20) Incontinence rating:** choose one of the following responses **ONLY** if question 19 was answered [YES]:

- stable**
- improved**
- worse**
- missing**

**Number of pads:** enter number in text box **ONLY** if question 19 was answered [YES].

**21) Had sex lately:** [YES/NO]

**22) Treated for Infection:** [YES/NO]

**23) Used catheter lately:** [YES/NO]

**Section C is now complete. Please [Click] on the Section D File Tab.**

**Section D, questions 24-27.**

**24) Last appointment:** Enter MM/DD/YY, program will correct for Y2K.

**25) Next appointment:** Enter same as question 24

**-OR-**

**[Click]** on the check box for **No appointment scheduled.**

**26) Date of last biopsy:** a text field, enter date as MM/DD/YY.

**27) Date of last exam:** same as question 26.

**28) Comments:** If applicable, type in exactly as written on questionnaire.

**If Illnesses, Procedures, Medications and/or Supplements are reported:**

**[Click]** on the Patient Window behind the Urology Questionnaire to access the **[Illness]** and/or **[Medications]** file tabs.

**[Click]** on the appropriate file tab (Illness or Medications)

**Verify the Record Number:** The program will automatically update the number of records in these files and will create an empty record at the end of the file for future entry. **However, the user should always verify that he/she is at the end of the file before entering any additional records.** The empty record at the end of each file is preceded by the symbol **[\*]**. The end of the file can also be ascertained by checking the status on the **record scroll bar**, located in the bottom left-hand corner of the screen. Make sure that the record scroll bar is at the end of the file. If not, **[Click]** the **[>\*]** button on the right side of the bar to create a new record.

**Add the Distribution Number from the Urology questionnaire:** The report must be attached to a source for future documentation. Use the pull down menu in the **Dist** column of the empty record to access a list of the distribution numbers assigned to the patient. Highlight the appropriate distribution number and press **[Enter]**. Continue entering the record.

**Please refer to Sections 7 and 8 in the Initial Questionnaire Entry Protocol for a complete description of entering Illnesses, Procedures and Surgeries, Medications and Supplements.**

**Note:** After entering any new Illness, Procedure or Medication , check the Patient Doctor file and verify that the doctor/clinic entered with the new record exists in the Patient Doctor File.

[Click] on the Doctors file tab.

Locate the Doctor/Clinic in the Patient's Doctor file.

**If the Doctor/Clinic is not in the Patient's Doctor file, please refer to Section 9 in the Initial Questionnaire Entry Protocol for a complete description of entering the Doctor/Clinic into the Patient Doctor file.**

**The Urology Questionnaire is now complete.**

**Close the Urology form Window:** [Click] on the [X] in the upper right hand corner of the form.

**Close the Patient File:** [Click] the [X] in the top right hand corner of the Patient File window. Use the horizontal scroll bar at the bottom of the screen to access the [X].

**A Select Warning** may pop up, stating that **frm.Patient** has been updated and should changes be saved. Choose **[YES]**. (This means ECW is working!!!)

**To Continue Working in Select:** Choose **[Edit Patient]** from the **SELECT Patient Menu** to continue entering data on other patients.

**To Close Select:** [Click] the [X] in the top right hand corner of the window.

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## APPENDIX [XX]

### ADDING/EDITING DOCTORS FOR SELECT

All physicians, hospitals and clinics must be added to the Doctor's table before they can be attached to any patient illnesses and/or medications, and also before they can be attached to the Patient Doctor Table. Physicians and clinics can be added to the Doctor's table through the **Patient File**, under any of the following file tabs: **[Doctors]**, **[Illnesses]**, **[Medications]**, or **[Questionnaires]**. Doctors are added within the three Questionnaire entry programs under the following three file tabs: **[Illnesses and Procedures]**, **[Medications and Supplements]**, or **[Doctors]**.

All modifications to existing doctor records must also be done by accessing the **Doctor** table through any of the previously mentioned Patient file tabs. **Note:** The Doctor table can be accessed and modified independent of the patient through any of the previously listed file tabs. This means that a user could add/edit the Doctor's table, while in a specific Patient file, without attaching the doctor record to the patient.

**Open Select** Either by clicking on the **Select icon** or by going to **M:\Select\SSentry.mdb** and opening the program. Microsoft Access must be installed on the user's computer to be able to access these programs.

**Highlight the name of the desired patient.** This activates the **[Edit Patient]** button, which allows browsing and editing of all patient files and allows additions and changes to the Doctor table. **[Click] the [Edit Patient] button.** It is now possible to add/edit the Doctor table.

#### **Adding Physicians:**

**Click on one of the following file tabs:** **[Doctors]**, **[Illnesses]**, **[Medications]**, or **[Questionnaires]**

**Note:** The Add Doctor entry program is identical throughout all of these file tabs. However, a user must choose the **[Questionnaire]** file tab if he/she is:

Entering a Questionnaire

Adding a doctor record that was originally reported on a questionnaire.

This preserves the source of the original information.

**Locate the [Doctors] button:** Found near the bottom of the screen. **Click on the [Doctors] button.**

**Search:** Enter the name of the physician, or use the pull down menu to ascertain that the physician (hospital, clinic) is not already in the Doctors table. **Avoid Duplications!**

**Find the physician's complete address:** Use the following resources to complete every field in the Doctor's table:

## **Resources for finding Physicians:**

**Information from the Patient's questionnaire forms.**

**The Yellow Pages:** if convenient

**Directory Assistance:**

**Internet Yellow Pages:** These are very handy, as they list the full address of the physician and also often list the doctor's specialty and fax number. A good Web page is **GTE Superpages®- Internet Services** at <http://yp.gte.net/>

**AMA Licensing Boards:** These lists can be found through Directory Assistance or the Internet. They list the physician's specialty, address and the status of their license. Also, some states publish these lists in books, which can be ordered from the state's licensing board. However, the books can be hard to obtain and are only updated once a year.

**Calls to the Physician's office:**

**Calls to the Patient:**

**Verify the record number:** The end of the file can be ascertained by checking the status on the record scroll bar, located in the bottom of the screen. Make sure that the record scroll bar is at the end of the file. If not, Click the [▶\*] button on the right side of the bar to create a new record.

## **Physician Record Entry:**

**Dr ID:** This field is not entered by the user. It is a unique, sequential number assigned to the record by the computer. It represents the order in which the record was entered into the table. After a record is entered into the Doctor's table, the program arranges the table in alphabetical order to facilitate data entry.

**Last Name:**

**First Name:**

**Middle Name:**

**Address:** Use this field if the physician practices under a physician's group or under a business name.

**Address:** Use this field for the street address of the Physician.

**City:**

**Zip Code:** five-digit numeric field

**State:** Enter the two-digit state abbreviation or use the pull down menu to choose the correct state.

**Phone Number:** Enter the area code and seven-digit number, without parentheses or dashes. The program adds these.



**Note:** The preceding eight fields (nine if the physician's address includes a business name) must be completed for the physician record to be considered valid.

**Fax Number:** Enter the area code and seven-digit number, without parentheses or dashes. The program adds these.

**Specialty:** Choose from the pull down menu. If the physician's specialty is not known, choose **99-Not Specified**.

**Clinic:** A physician can be attached to a clinic or hospital. This is useful if the doctor either sees the study patient in a clinic or hospital or works in such a facility. It is more efficient to request patient medical records from the clinic or hospital, rather than the physician. Therefore, the Clinics/Hospital table is separate from the Doctor's table.

**To Attach a Clinic or Hospital to a Physician:**

**[Click] on the [Clinics] button**

**Locate the Clinic or Hospital from the table and press [Enter]**

**Note:** If the desired Clinic or Hospital is not located in the Clinics/Hospitals table, the user must first add the facility to the table before he/she can attach it to any physicians from the Doctors table.

**Please see the Adding Clinics/Hospitals Entry below for a detailed description of entering clinics and hospitals into the Clinics/Hospitals table.**

**Not Active:** **[Click]** on this Check box if the physician has retired or has moved from the area and no longer sees study patients.

The new physician record is now complete. The record will be entered upon exiting the Doctors table.

**Close the Doctor's table:** **[Click]** the **[X]** in the top right hand corner of the window.

## **Adding Hospitals and Clinics:**

**[Click] on one of the following file tabs:** [Doctors], [Illnesses], [Medications], or [Questionnaires].

**Locate the [Clinics] button:** Found near the bottom of the screen. **Click on the [Clinics] button.**

**Search:** Enter the name of the facility, or use the pull down menu to ascertain that the hospital or clinic is not already in the Clinics/Hospitals table. Avoid Duplications!

**Find the facility's complete address:** Complete every field in the Clinics/Hospitals table. Please refer to **Adding Physicians-Resources for finding physicians** for additional information.

**Verify the record number:** The end of the file can be ascertained by checking the status on the record scroll bar, located in the bottom of the screen. Make sure that the record scroll bar is at the end of the file. If not, Click the [►\*] button on the right side of the bar to create a new record.

### **Clinic/Hospital Record Entry:**

**Clinic ID:** This field is not entered by the user. It is a unique, sequential number assigned to the record by the computer. It represents the order in which the record was entered into the table. After a record is entered into the Clinic/Hospitals table, the program arranges the table in alphabetical order to facilitate data entry.

**Clinic Name:**

**Clinic Contact:** Our Clinic Coordinator if the facility is one of our participating clinics. Otherwise, any staff member that may facilitate the collection of patient medical records.

**Phone Number:** See below.

**Fax Number:** Enter the area code and seven-digit number, without parentheses or dashes. The program adds these.

**Street:** Use this field for any department or business names associated with the facility

**Street:** Use this field for the street address of the facility.

**City:**

**Zip Code:** five-digit numeric field

**State:** Enter the two-digit state abbreviation or use the pull down menu to choose the correct state.

The new clinic/hospital record is now complete. The record will be entered upon exiting the Clinics/Hospitals table.

**Close the Clinics/Hospitals table:** [Click] the [X] in the top right hand corner of the window.

**Editing Physician records:**

**[Click] on one of the following:** [Doctors], [Illnesses], [Medications], or [Questionnaires]

**Locate the [Doctors] button:** Found near the bottom of the screen. **Click on the [Doctors] button.**

**Search:** Enter the name of the physician, or use the pull down menu.

**Verify that the physician is correct:** The user will be overwriting data in the database. Avoid mistakes and incorrect information!

**Editing:** Tab through the fields, modifying if necessary.

**Close the Doctor's table:** [Click] the [X] in the top right hand corner of the window.

**Editing Hospitals and Clinics:**

**[Click] on one of the following:** [Doctors], [Illnesses], [Medications], or [Questionnaires]

**Locate the [Clinics] button:** Found near the bottom of the screen. **[Click] on the [Clinics] button.**

**Search:** Enter the name of the facility, or use the pull down menu.

**Verify that the clinic/hospital is correct:** The user will be overwriting data in the database. Avoid mistakes and incorrect information!

**Editing:** Tab through the fields, modifying if necessary.

**Close the Clinics/Hospitals table:** [Click] the [X] in the top right hand corner of the window.

**To Exit:**

**Close the Questionnaire:** In the questionnaire, [Click] the [X] in the top right hand corner of the window.

**Close the Patient File:** [Click] the [X] in the top right hand corner of the Patient File window. Use the horizontal scroll bar at the bottom of the screen to access the [X].

**A SELECTWarning** may pop up, stating that **frm.Patient** has been updated and should changes be saved. Choose [YES]. (This means ECW is working!!!)

**To Continue Working in SELECT:** Choose [Edit Patient] from the SelectPatient Menu to continue entering data on other patients.

**To Close SELECT:** [Click] the [X] in the top right hand corner of the window

P:\SeLECT study\Protocols\forms entry\APPENDIX [XX] Dr\_Entry.doc

## **Protocol for Entering SmithKline Beecham Lab Results**

### Values within Normal Range

1. Open **SELECT** Program
2. Select patient
3. Select "Blood" tab
4. Select corresponding lab number
5. Select SMAC-18
6. Enter values
7. Select CBC (when applies)
8. Enter values

### Values Not within Normal Range

1. **Immediately photocopy lab results and fax to participant's Dr.**
2. **If prompted that values are 1.5X normal range notify Nurse on duty**
3. Open **SELECT** Program
4. Select patient
5. Select "Blood" tab
6. Select corresponding lab number
7. Select SMAC-18
8. Enter values
9. Select CBC (when applies)
10. Enter values

## SELECT BLOOD KIT TYPES

| <u>Type</u> | <u>Type of Vacutainer</u>    | <u>Qty.</u> | <u>Type of Sample</u> |
|-------------|------------------------------|-------------|-----------------------|
| <b>K1</b>   | Sodium Heparin<br>SST(9.5ml) | 1           | Selenium              |
|             |                              | 2           | Total PSA             |
|             |                              |             | CMP                   |
|             |                              |             | Chrom-A               |
|             |                              |             | Lycopene<br>Vit.E     |
| <b>K2</b>   | Sodium Heparin<br>SST(9.5ml) | 1           | Selenium              |
|             |                              | 1           | Total PSA             |
|             |                              |             | Chrom-A               |
| <b>K3</b>   | Sodium Heparin<br>SST(6 ml)  | 1           | Selenium              |
|             |                              | 2           | Total PSA             |
|             |                              |             | CMP                   |
|             |                              |             | Chrom-A               |

P:\SELECT Study\laboratory\Blood Kits\Select BLOOD KIT TYPES.doc

## SELECT BLOOD KIT SCHEDULE

| Visit Number | Kit Type | Checklist |
|--------------|----------|-----------|
| 1            | 1        |           |
| 2            | 2        |           |
| 3            | 3        |           |
| 4            | 2        |           |
| 5            | 3        |           |
| 6            | 2        |           |

P:\Select Study\Protocols\Laboratory and BKs\Select BLOOD KIT SCHEDULE.doc

## PROTOCOL FOR ASSEMBLING BLOOD KITS (Kit 1)

### 1. Blood Kit Materials

- 1, zip-lock baggie
- 1, 8ml. Blue top sodium heparin vacutainer tube
- 2, 9.5ml Tiger top SST vacutainer
- 8, aliquot tubes
- 1, specimen transfer pipet
- absorbent paper
- sample number labels

### 2. Labeling Vacutainers

- affix all labels length-wise down the vacutainer.
- affix the label marked as Se Vac onto the blue top Sodium Heparin tube.
- affix the label marked as PSA Vac onto the 9.5ml tiger top SST tube.
- affix the label marked as Lyco/vE Vac onto the same 9.5ml tiger top SST tube.
- affix the label marked as Chrom Vac onto the other 9.5ml tiger top SST tube.
- affix the label marked as CMP Vac onto this same 9.5ml tiger top SST tube.
- place a piece of tape over the entire label, overlapping about 0.5 cm on each end.
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 3. Labeling Aliquots

- affix the labels marked as Se 1 and Se 2 onto two clear aliquot tubes (make sure the aliquots don't have white marking on the outside, or residual liquid on the inside, these are for Vit. E analysis)
- affix the label marked as PSA onto the purple top aliquot
- affix the labels marked as Chrom-A onto two clear aliquots
- affix the label marked as Vit.E onto an aliquot which has white markings on the outside
- affix the label marked as Lycopene onto a clear aliquot
- affix the label marked as CMP onto a clear aliquot
- place a piece of tape around the affixed label, again overlap by about 0.5cm on each end
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 4. Labeling the Baggie

- affix the label marked as Sample Bag onto the lower left of the baggie
- write the Kit type number in the space provided



5. Packaging Materials

- styrofoam box
- cardboard box
- foam packing
- refrigerant pack
- **Fed-Ex USA Airbill** (making sure that under *section 4a*: FedEx Priority Overnight is marked, and under *section 5*: Other Pkg. Is marked)
  - This form should already be prepared with our address filled in under *To*, along with our account number.
- **Blue Procedure for Drawing, Processing, and Mailing Plasma and Blood Specimens** form
- **Yellow Laboratory Form**
- **Plastic Diagnostic Specimen Envelope**
- **Cover letter**

6. Tracking Blood Kit

- on blood kit tracking form write patient's name, where the kit was sent, treatment number, lab number (located on the labels), date package was sent, and Fed-Ex tracking number (located at the top of the Fed-Ex Airbill)

7. Assembling the Blood Kit for shipment

- assemble cardboard box leaving the top open
- place all the vacutainers, aliquots, transfer pipet in the labeled baggie with a piece of 2-ply absorbent paper
  - the absorbent paper is 6-ply and can be separated into three 2-ply pieces
- place the full baggie into the styrofoam box along side the coolant pack, place the lid on the box
- place the styrofoam box inside the cardboard box
- fold the **Diagnostic Specimen Envelope** in half 3 times and slide down the width of the cardboard box..
- fold the yellow **Laboratory Form**, the blue **Procedure for Drawing, Processing, and Mailing Plasma and Blood Specimens** and the cover letter in half and place behind the styrofoam box
- fold the **Fed-Ex USA Airbill** and place behind the styrofoam box as well.
- Fold down the lid of the cardboard box and place two pieces of packing tape over each end of the box.
- Affix the pre-printed participant label on the front of the box
- Place the box near the out-going mail basket

8. Special Shipping

- if blood kit needs to be shipped overnight, call Federal Express (1-800-463-3339) and arrange for a pick-up

## PROTOCOL FOR ASSEMBLING BLOOD KITS (Kit 2)

### 1. Blood Kit Materials

- 1, zip-lock baggie
- 1, 8ml. Blue top sodium heparin vacutainer tube
- 1, 9.5ml Tiger top SST vacutainer
- 5, aliquot tubes
- 1, specimen transfer pipet
- absorbent paper
- sample number labels

### 2. Labeling Vacutainers

- affix all labels length-wise down the vacutainer.
- affix the label marked as Se Vac onto the blue top Sodium Heparin tube.
- affix the label marked as PSA Vac onto the 9.5ml tiger top SST tube.
- affix the label marked as Chrom Vac onto the same 9.5ml tiger top SST tube.
- place a piece of tape over the entire label, overlapping about 0.5 cm on each end.
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 3. Labeling Aliquots

- affix the labels marked as Se 1 and Se 2 onto two clear aliquot tubes (make sure the aliquots don't have white marking on the outside, or residual liquid on the inside, these are for Vit. E analysis)
- affix the label marked as PSA onto the purple top aliquot
- affix the labels marked as Chrom-A onto two clear aliquots
- place a piece of tape around the affixed label, again overlap by about 0.5cm on each end
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 4. Labeling the Baggie

- affix the label marked as Sample Bag onto the lower left of the baggie
- write the Kit type number in the space provided

### 5. Packaging Materials

- styrofoam box
- cardboard box
- foam packing
- refrigerant pack
- **Fed-Ex USA Airbill** (making sure that under *section 4a*: FedEx Priority Overnight is marked, and under *section 5*: Other Pkg. Is marked)
  - This form should already be prepared with our address filled in under *To*, along with our account number.
- **Blue Procedure for Drawing, Processing, and Mailing Plasma and Blood Specimens form**
- **Yellow Laboratory Form**
- **Plastic Diagnostic Specimen Envelope**
- **Cover letter**

#### **6. Tracking Blood Kit**

- on blood kit tracking form write patient's name, where the kit was sent, treatment number, lab number (located on the labels), date package was sent, and Fed-Ex tracking number (located at the top of the Fed-Ex Airbill)

#### **7. Assembling the Blood Kit for shipment**

- assemble cardboard box leaving the top open
- place all the vacutainers, aliquots, transfer pipet in the labeled baggie with a piece of 2-ply absorbent paper
  - the absorbent paper is 6-ply and can be separated into three 2-ply pieces
- place the full baggie into the styrofoam box along side the coolant pack, place the lid on the box
- place the styrofoam box inside the cardboard box
- fold the **Diagnostic Specimen Envelope** in half 3 times and slide down the width of the cardboard box..
- fold the yellow **Laboratory Form**, the blue **Procedure for Drawing, Processing, and Mailing Plasma and Blood Specimens** and the cover letter in half and place behind the styrofoam box
- fold the **Fed-Ex USA Airbill** and place behind the styrofoam box as well.
- Fold down the lid of the cardboard box and place two pieces of packing tape over each end of the box.
- Affix the pre-printed participant label on the front of the box
- Place the box near the out-going mail basket

#### **8. Special Shipping**

- if blood kit needs to be shipped overnight, call Federal Express (1-800-463-3339) and arrange for a pick-up

P:\SeLECT Study\Laboratory\Kit Assembly\kit\_assem\_protocol\_1.doc

## PROTOCOL FOR ASSEMBLING BLOOD KITS (Kit 3)

### 1. Blood Kit Materials

- 1, zip-lock baggie
- 1, 8ml Blue top sodium heparin vacutainer tube
- 2, 6ml Tiger top SST vacutainer
- 6, aliquot tubes
- 1, specimen transfer pipet
- absorbent paper
- sample number labels

### 2. Labeling Vacutainers

- affix all labels length-wise down the vacutainer.
- affix the label marked as **Se Vac** onto the blue top Sodium Heparin tube.
- affix the label marked as **PSA Vac** onto a 6ml tiger top SST tube.
- affix the label marked as **CMP Vac** onto the same 6ml tiger top SST tube.
- affix the label marked as **Chrom Vac** onto the other 6ml tiger top SST tube.
- place a piece of tape over the entire label, overlapping about 0.5 cm on each end.
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 3. Labeling Aliquots

- affix the labels marked as **Se 1** and **Se 2** onto two clear aliquot tubes (make sure the aliquots don't have white marking on the outside, or residual liquid on the inside, these are for Vit. E analysis)
- affix the label marked as **PSA** onto the purple top aliquot
- affix the label marked as **CMP** onto a clear aliquot tube
- affix the labels marked as **Chrom-A** onto two clear aliquots
- place a piece of tape around the affixed label, again overlap by about 0.5cm on each end
- using a water-proof lab marker, write the patient's treatment number in the space provided

### 4. Labeling the Baggie

- affix the label marked as **Sample Bag** onto the lower left of the baggie
- write the Kit type number in the space provided

# SELECT Off-Site Blood Draw Protocol (Visit #1)

## **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (9.5ml) SST vacutainer labeled as **PSA** and **Chrom-A**.
3. Fill tiger top (9.5ml) SST vacutainer labeled as **Lyco/Vit. E** and **CMP**.

## **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINER 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled as **PSA** and **Lyco/vE Vac**.
2. Spin down tiger top SST vacutainer labeled as **Chrom** and **CMP Vac**.
3. Using a transfer pipet, transfer serum from SST vacutainer labeled **PSA** and **Lyco/vE** into the purple top aliquot tube labeled as **PSA**, the white striped aliquot tube labeled **Lycopene** and the clear aliquot tube labeled as **Vit. E**.
4. Using a transfer pipet, transfer serum for SST vacutainer labeled **Chrom** and **CMP** into the aliquot tubes labeled as **CMP** and **Chrom-A**.

## **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tube labeled as **PSA** with 1ml of serum.
3. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.
4. 1 aliquot tube labeled as **Lyco**. with 1ml of serum.
5. 1 white striped aliquot tube labeled as **Vit. E** with 1ml of serum.
6. 1 aliquot tube labeled as **CMP** with 1ml of serum.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

## SELECT Off-Site Blood Draw Protocol (Visit #2)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (9.5ml) SST vacutainer labeled as **PSA** and **Chrom-A**.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINERS 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled **PSA** and **Chrom-A**.
2. Using a transfer pipet, transfer serum from the SST vacutainer labeled **PSA** and **Chrom-A** into the purple top aliquot tube labeled as **PSA**, and into two clear aliquot tubes labeled as **Chrom-A**.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tube labeled as **PSA** with 1ml of serum in each.
3. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

## SELECT Off-Site Blood Draw Protocol (Visit #3)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (6ml) SST vacutainer labeled as **PSA**, and **CMP**.
3. Fill tiger top (6ml) SST vacutainer labeled as **Chrom-A**.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINERS 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled **PSA** and **CMP**.
2. Spin down tiger top SST vacutainer labeled as **Chrom-A**.
3. Using transfer pipet, transfer serum from SST vacutainer into the purple top aliquot tubes labeled as **PSA** and into the clear aliquot tube labeled as **CMP**.
4. Using transfer pipet, transfer serum from SST vacutainer into two aliquot tubes labeled as **Chrom-A**.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tub labeled as **PSA** with 1ml of serum.
3. 1 aliquot tube labeled as **CMP** with 1ml of serum.
4. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

## SELECT Off-Site Blood Draw Protocol (Visit #4)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (9.5ml) SST vacutainer labeled as **PSA** and **Chrom-A**.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINERS 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled **PSA** and **Chrom-A**.
2. Using a transfer pipet, transfer serum from the SST vacutainer labeled **PSA** and **Chrom-A** into the purple top aliquot tube labeled as **PSA**, and into two clear aliquot tubes labeled as **Chrom-A**.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tube labeled as **PSA** with 1ml of serum in each.
3. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**



## SELECT Off-Site Blood Draw Protocol (Visit #5)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (6ml) SST vacutainer labeled as **PSA**, and **CMP**.
3. Fill tiger top (6ml) SST vacutainer labeled as **Chrom-A**.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINERS 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled **PSA** and **CMP**.
2. Spin down tiger top SST vacutainer labeled as **Chrom-A**.
3. Using transfer pipet, transfer serum from SST vacutainer into the purple top aliquot tubes labeled as **PSA** and into the clear aliquot tube labeled as **CMP**.
4. Using transfer pipet, transfer serum from SST vacutainer into two aliquot tubes labeled as **Chrom-A**.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tub labeled as **PSA** with 1ml of serum.
3. 1 aliquot tube labeled as **CMP** with 1ml of serum, in each.
4. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

## SELECT Off-Site Blood Draw Protocol (Visit #6)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as **Se**.
2. Fill tiger top (9.5ml) SST vacutainer labeled as **PSA** and **Chrom-A**.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINERS 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled **PSA** and **Chrom-A**.
2. Using a transfer pipet, transfer serum from the SST vacutainer labeled **PSA** and **Chrom-A** into the purple top aliquot tube labeled as **PSA**, and into two clear aliquot tubes labeled as **Chrom-A**.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as **Se** with approximately 8ml of whole blood.
2. 1 purple top aliquot tube labeled as **PSA** with 1ml of serum in each.
3. 2 aliquot tubes labeled as **Chrom-A** with 1ml of serum in each.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

P:\SELECT Study\Laboratory\OffSite Blood Draw\Select\_Blood Draw Protocol #2.doc

## SELECT Off-Site Blood Draw Protocol (Visit A.E.)

### **BLOOD DRAW** (please draw in the following order)

1. Fill navy blue top (8ml) Sodium Heparin vacutainer labeled as Se.
2. Fill tiger top (6ml) SST vacutainer labeled as PSA.

### **BLOOD PROCESSING**

**\*\* FOR OPTIMAL RESULTS, IT IS SUGGESTED THAT THE SST VACUTAINERS SIT FOR 20MIN WITH PATIENT'S WHOLE BLOOD BEFORE THEY ARE SPUN DOWN. IN ADDITION, PLEASE INVERT THE BLUE TOP SODIUM HEPARIN VACUTAINER 8-10 TIMES AFTER THEY ARE FILLED WITH WHOLE BLOOD. \*\***

1. Spin down tiger top SST vacutainer labeled as PSA.
2. Using a transfer pipet, transfer serum from SST vacutainer labeled PSA into the purple top aliquot tube labeled as PSA.

### **END RESULTS FOR MAILING**

1. 1 navy blue top Sodium Heparin vacutainer labeled as Se with approximately 8ml of whole blood.
2. 1 purple top aliquot tube labeled as PSA with 1ml of serum.

**We realize that variability in patient blood draw volume will occur. Please draw blood in the specified order. Thank you.**

**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select A.E.)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) One tiger top SST vacutainer tubes (6ml).
- iii) Plasma/Serum storage aliquots (3).
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

- 1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
- 2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
- 3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
- 4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
- 5. **Place cardboard box** inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
- 6. **Put the FedEx shipping label** inside the mailing sleeve and stick on the specimen bag in the marked area.
- 7. Mail sample package **on the day of the blood draw** to the Tucson Coordinating Center using Federal Express. To ship overnight, please call **Federal Express at 1-800-238-5355--PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
- 8. **Call Brian Hartman toll-free at 1-800-243-6519, ext. 32** so that he can expect to receive the sample the following day.

If you have **ANY** questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

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**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V1)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (7ml).
- ii) Two tiger top SST vacutainer tube (9.5ml).
- iii) Plasma/Serum storage aliquots (8).
- iv) Sample number labels.
- v) Transfer pipet.
- vii) Absorbent paper.
- viii) Refrigerant pack.
- ix) Foam packing.
- x) Styrofoam shipping box.
- xi) FedEx diagnostic specimen envelope.
- xii) FedEx completed packing slip and mailing sleeve.
- xiii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

1. Please refer to the **WHITE Off-Site Blood Draw Protocol** form for drawing and processing procedures.
2. **Place** all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
5. **Place cardboard box** inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
6. **Put the FedEx shipping label** inside the mailing sleeve and stick on the specimen bag in the marked area.
7. Mail sample package **on the day of the blood draw** to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
8. **Call Brian Hartman toll-free at 1-800-243-6519, ext. 32** so that he can expect to receive the sample the following day.

If you have **ANY** questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V2)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) One tiger top SST vacutainer tubes (9.5ml).
- iii) Plasma/Serum storage aliquots (5).
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

- 1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
- 2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
- 3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
- 4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
- 5. **Place cardboard box** inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
- 6. **Put the FedEx shipping label** inside the mailing sleeve and stick on the specimen bag in the marked area.
- 7. Mail sample package **on the day of the blood draw** to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
- 8. **Call Brian Hartman toll-free at 1-800-243-6519, ext. 32** so that he can expect to receive the sample the following day.

If you have **ANY** questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

P:\SELECT Study\Laboratory\Laboratory Forms(blue)\Draw\_FedEx Instruc2.doc

**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V3)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) Two tiger top SST vacutainer tubes (6ml).
- iii) Plasma/Serum storage aliquots (6).
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
5. **Place cardboard box** inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
6. **Put the FedEx shipping label** inside the mailing sleeve and stick on the specimen bag in the marked area.
7. Mail sample package **on the day of the blood draw** to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
8. **Call Brian Hartman** toll-free at 1-800-243-6519, ext. 32 so that he can expect to receive the sample the following day.

If you have ANY questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

P:\SeLECT Study\Laboratory\Laboratory Forms(blue)\Draw\_FedEx Instruc2.doc

**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V4)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) One tiger top SST vacutainer tubes (9.5ml).
- iii) Plasma/Serum storage aliquots.
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
5. **Place cardboard box** inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
6. **Put the FedEx shipping label** inside the mailing sleeve and stick on the specimen bag in the marked area.
7. Mail sample package **on the day of the blood draw** to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
8. **Call Brian Hartman toll-free at 1-800-243-6519, ext. 32** so that he can expect to receive the sample the following day.

If you have **ANY** questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

P:\SELECT Study\Laboratory\Laboratory Forms(blue)\Draw\_FedEx Instruc4.doc



**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V5)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) Two tiger top SST vacutainer tubes (6ml).
- iii) Plasma/Serum storage aliquots (6).
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
5. Place cardboard box inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
6. Put the FedEx shipping label inside the mailing sleeve and stick on the specimen bag in the marked area.
7. Mail sample package on the day of the blood draw to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
8. Call Brian Hartman toll-free at 1-800-243-6519, ext. 32 so that he can expect to receive the sample the following day.

If you have ANY questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

P:\SeLECT Study\Laboratory\Laboratory Forms(blue)\Draw\_FedEx Instruc2.doc

**PROCEDURE FOR DRAWING, PROCESSING,  
AND MAILING PLASMA AND BLOOD SPECIMENS (Select V6)**

**Enclosed are the following supplies:**

- i) One blue top sodium heparin vacutainer tube (8ml).
- ii) One tiger top SST vacutainer tubes (9.5ml).
- iii) Plasma/Serum storage aliquots.
- iv) Sample number labels.
- v) Transfer pipet.
- vi) Absorbent paper.
- vii) Refrigerant pack.
- viii) Foam packing.
- ix) Styrofoam shipping box.
- x) FedEx diagnostic specimen envelope.
- xi) FedEx completed packing slip and mailing sleeve.
- xii) White cardboard shipping box.

**Directions for drawing and shipping blood sample:**

1. Please refer to the **WHITE Off-Site Blood Draw Protocol** for drawing and processing procedures.
2. Place all filled vacutainer tubes and specified aliquot tubes inside the plastic bag with the empty aliquot tubes and absorbent paper. Put this bag inside the styrofoam box cushioned between the foam and refrigerant pack.
3. **COMPLETE THE YELLOW FORM** and place this form in the box on top of the foam.
4. **After closing the styrofoam sample box**, place it into the cardboard box and tape securely.
5. Place cardboard box inside the large plastic FedEx diagnostic specimen bag, following the instructions on the bag.
6. Put the FedEx shipping label inside the mailing sleeve and stick on the specimen bag in the marked area.
7. Mail sample package on the day of the blood draw to the Tucson Coordinating Center using Federal Express. To ship overnight, please call Federal Express at 1-800-238-5355--**PLEASE DO NOT DRAW OR MAIL ON A FRIDAY.**
8. Call Brian Hartman toll-free at 1-800-243-6519, ext. 32 so that he can expect to receive the sample the following day.

If you have **ANY** questions, please call Brian Hartman, Laboratory Technician, toll-free at 1-800-243-6519, ext. 32.

**THANK YOU VERY MUCH FOR YOUR ASSISTANCE  
WITH THIS IMPORTANT CANCER PREVENTION PROJECT.**

## Select Blood Processing Instructions (Kit 1)

### A. Kit Should Contain:

- 1 Sodium Heparin Vacutainer -8ml (Navy Blue Top)
- 2 SST Serum Separator Vacutainer-9.5ml (Tiger Top)

### B. Directions for Processing:

#### Sodium Heparin Tubes

- 1. Spin down the Sodium Heparin tube in centrifuge for 7-10 minutes.
- 2. Fill the two aliquot tubes labeled Se I and Se2 with plasma from this tube.

#### SST Tubes

- 1. Spin down both SST tubes in centrifuge for 7-10 minutes.
- 2. Fill the PSA aliquot tube with serum from the 9.5ml SST tube. This aliquot tube has a purple top.
- 3. Fill the Lycopene aliquot tube with serum from the same 9.5ml SST tube.
- 4. With the remaining serum fill the aliquot tube labeled as Vit. E. This aliquot tube has a white stripe and antioxidant inside.
- 5. Fill the CMP aliquot tube with the serum from the other 9.5ml SST tube.
- 6. With the remaining serum fill the two aliquots labeled as Chrom-A.

### C. Directions for Storing Aliquot Tubes:

- 1. Place Se I aliquot tube into the box marked Cornell Se, found in Freezer B
- 2. Place Se2 aliquot tube into the box labeled To be Entered, located in Freezer B.
- 3. Place PSA aliquot tube into the box labeled PSA, located in Freezer B.
- 4. Place Chrom-A, Lycopene, and Vit. E aliquot tubes into the box labeled To Be Entered.

### D. Directions for Transporting Samples to SmithKline Beecham:

- 1. Write participants' last name, first name and draw date on a blank label and affix it over the SS label on the CMP aliquot.
- 2. Place the CMP aliquot into a SKB specimen bag for SmithKline.
- 3. Fill out SmithKline: *Select Test* form (located in SELECT filing cabinet, drawer 2).
- 4. Print patient's name, DOB, and sex in appropriate boxes.
- 5. Check "account" under the section that says Bill To.
- 6. Complete the date collected and time section.
- 7. Mark **COMP METABOLIC PANEL** (34389-3).
- 8. Mark **ALT (SGPT)** (823-10).
- 9. If there are any questions, refer to sample form in SELECT filing cabinet, drawer 2).
- 10. Call courier 332-8264? Drop off SST aliquots at front window.

## **E. Directions for Incoming Participant's Urologist of Their Lab Results**

1. Photocopy laboratory results from form from SmithKline.
2. Send photocopied results along with cover letter located in P:\SeLECT Study\Letters\letter to Dr..doc to patient's Urologist.

P:\Select Study\Protocol\Laboratory and BKA\Processing Blood KKa>Select Blood Processing Instructions.doc

## Select Blood Processing Instructions (Kit 2)

### A. Kit Should Contain:

- 1 Sodium Heparin Vacutainer -8ml (Navy Blue Top)
- 1 SST Serum Separator Vacutainers-9.5ml (Tiger Top)

### B. Directions for Processing:

#### Sodium Heparin Tubes

1. Spin down the Sodium Heparin tube in centrifuge for 7-10 minutes.
2. Fill the two aliquot tubes labeled Se I and Se2 with plasma from this tube.

#### SST Tubes

1. Spin down both SST tubes in centrifuge for 7-10 minutes.
2. Fill the PSA aliquot with serum from one of the SST tubes. This aliquot tube has a purple top.
3. Fill the Chrom-A aliquot tubes with serum from the same 9.5ml SST tube.

### C. Directions for Storing Aliquot Tubes:

1. Place Se I aliquot tube into the box marked Cornell Se, found in Freezer B
2. Place Se2 aliquot tube into the box labeled To be Entered, located in Freezer B.
3. Place PSA aliquot tube into the box labeled PSA, located in Freezer B.
4. Place Chrom-A aliquot tube into the box labeled To Be Entered.

P:\Elect Study\Protocols\Laboratory and BKs\Processing Blood Kits>Select Blood Processing Instruction1.doc

## SeLECT Blood Processing Instructions (Kit 3)

### A. Kit Should Contain:

- 1 Sodium Heparin Vacutainer 8ml (Navy Blue Top)
- 2 SST Serum Separator Vacutainer 6ml (Tiger Top)

### B. Directions for Processing:

#### Sodium Heparin Tubes

- 1. Spin down the Sodium Heparin tube in centrifuge for 7-10 minutes.
- 2. Fill the two aliquot tubes labeled Se 1 and Se 2 with plasma from this tube.

#### SST Tubes

- 1. Spin down both SST tubes in centrifuge for 7-10 minutes.
- 2. Fill PSA aliquot tube with serum from the 6ml SST Tube.
- 3. Fill the CMP aliquot with the remaining serum from the same 6ml SST Tube.
- 4. With the other 6ml SST Tube fill the aliquots labeled as Chrom-A.

### C. Directions for Storing Aliquot Tubes:

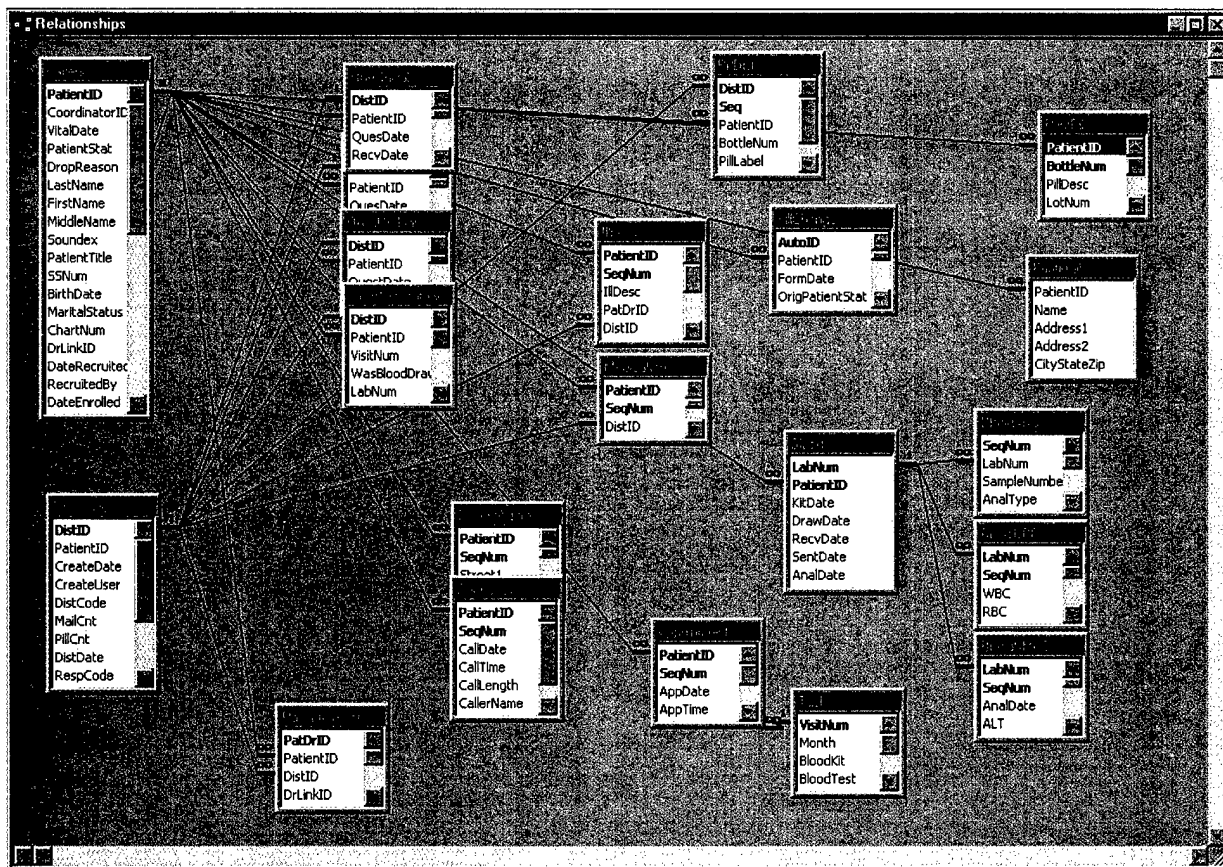
- 1. Place Se I aliquot tube into the box marked Cornell Se, found in Freezer B
- 2. Place Se2 aliquot tube into the box labeled To Be Entered, located in Freezer B.
- 3. Place PSA aliquot tube into the box labeled PSA, located in Freezer B.
- 4. Place the CMP aliquot tube into the box labeled To Be Entered, located in Freezer B.
- 5. Place the two Chrom-A aliquot tubes into the box labeled To Be Entered, located in Freezer B.

P:\SElect Study\Protocols\Laboratory and BKs\Processing Blood Kits\SeLECT Blood Processing Instructions2.doc

## Select Study Computer Program Interface.

The following are screen images of what the computer program looks like. Not all screens are displayed and only represent a portion of what is used to run the SELECT Study. There are many functions and capabilities this software has that is not represented here. For example, anything from the randomization process, to the assignment of participant IDs, the processing of bloods, to validating information already entered.

The image below represents most to the tables used in the trial (excludes standard lookup tables and other external tables used in all trials). The focus that needs to be shown is everything relies on two main tables – (1) the Patient table in the top left corner, and (2) the distribution table below that. This relational database structure is keyed to keeping all reference integrity based upon the unique PatientID field. All program coding automatically keeps the data intact. No manually entered PatientIDs is required. The Distribution table is used to track every item that goes out of the coordinating center to participants. More of this mentioned below.



The first screen the coordinator sees is the main menu stating what program they are using. Color-coding is used to visually show the coordinator which trial they are working with (cyan background). The menu items on the left represent the viewing of the data as a whole. The data seen from these options are not specific to individual participants but to the whole trial.

The coordinator has the option of viewing and picking an existing participant from clicking on the name and choosing "Edit Patient", or just double-clicking on the name. For participants not yet in the computer, the coordinator chooses "Add Patient". The screens that follow are listed below.

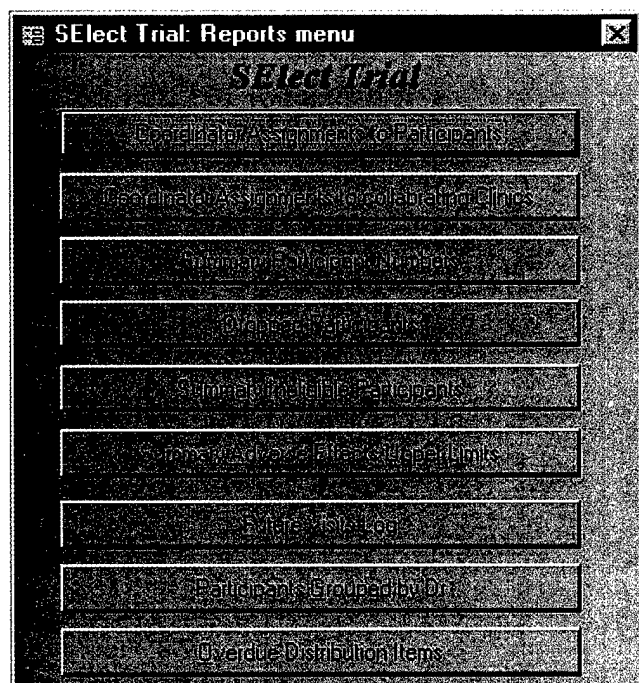
The screenshot shows a window titled "SSelect (m:\SElect\SSData)". On the left is a vertical menu with buttons: "All Patients", "Add Patient", "Edit Patient", "Distribution", "Ineligible", "Medication", "Pharmacokinetics", and "Pharmacodynamics". The main area displays a table of patient data.

| PatientID | Participant        | StatusDesc                       |
|-----------|--------------------|----------------------------------|
| SS01107   | Burcham, John      | *Randomized - Active             |
| SS01032   | Davies, Ray        | Ineligible to Participate        |
| SS01099   | Farrell, Charles   | Dropped out BEFORE Randomization |
| SS01073   | Farris, Wayne R.   | *Randomized - Active             |
| SS01065   | Gaspar, William S. | *Randomized - Active             |
| SS01057   | Hudgel, Dale L.    | *Randomized - Active             |
| SS01081   | Karnes, James      | *Randomized - Active             |
| SS01040   | Kline, Ted         | Ineligible to Participate        |
| SS01024   | Petit, Kyle        | Ineligible to Participate        |

On the right side of the window, there are two buttons: "Add Patient" and "Edit Patient".



The Reports button brings up the following screen to where the coordinator can display any number of reports to help run the trial. Other reports are created as needed.



Here is an example of a report showing a single page of which participants were assigned to the coordinator "PAW". This report allows the coordinator to quickly determine the status of each of their participants and take any actions necessary.

SElect Trial

Coordinator's Participants

Confidential

Page 3 of 3

Thursday, October 28, 1999 10:55:52 AM

| ID                           | Name         | Recruited | Enrolled                                  | Randomized | Took 1st Pill | Dropped  |                                  |
|------------------------------|--------------|-----------|---|------------|---------------|----------|----------------------------------|
| Coordinator PAW              |              |           |   |            |               |          |                                  |
| SS01057                      | Hudgel Dale  | 7/21/1999 | 7/21/1999                                 | 7/21/1999  | 7/22/1999     |          |                                  |
| SS01081                      | Karnes James | 8/18/1999 | 8/27/1999                                 | 9/6/1999   | 8/28/1999     |          |                                  |
| SS01040                      | Kline Ted    | 6/29/1999 | 6/29/1999                                 |            |               | 7/1/1999 | Didn't meet eligibility criteria |
| SS01024                      | Petit Kyle   | 6/28/1999 | 6/29/1999                                 |            |               | 7/8/1999 | Didn't meet eligibility criteria |
| Total Number Recruited:      |              | 4         | Total Recruited then Dropped:             |            | 0             |          |                                  |
| Total Number Enrolled:       |              | 4         | Total Enrolled then Dropped:              |            | 2             |          |                                  |
| Total Number Randomized:     |              | 2         | Total Randomized then Dropped:            |            | 0             |          |                                  |
| Total Number took 1st Pills: |              | 2         | Total Dropped Participants:               |            | 2             |          |                                  |
|                              |              |           | Total Recruited not yet Enrolled:         |            | 0             |          |                                  |
|                              |              |           | Total Enrolled not yet Randomized:        |            | 0             |          |                                  |
|                              |              |           | Total Pre-Randomized Active Participants: |            | 0             |          |                                  |
|                              |              |           | Total Randomized Active Participants:     |            | 2             |          |                                  |
|                              |              |           | Total Active Participants:                |            | 2             |          |                                  |

Below is the starting point after choosing a participant. The main screen shows the status of the participant and all the latest and important information. The top portion is the menu system to bring up each individual form or questionnaire.

This screen is the first place the coordinator goes to enter data for a new participant or starts from for updating for existing participants. The PatientID is automatically generated with new participants and it includes a check-digit within the value. Even though the entry of a PatientID is rarely performed, the check-digit will prevent an accidentally entered value. Other critical fields (i.e. Lab number) also include a check-digit to prevent miss-assignment of data. Important dates are entered or shown from this screen, along with the status of each participant. If the participant meets eligibility, the randomization is performed on this screen.

**Select Trial: Menu Items**

**Select Trial: Participant Main form**

PatientID: 316-26-5156  
 Date: 04/20/1928  
 Date Dropped:   
 Reason:   
 Mr. Dalkin, Bruce  
 08/16/1999  
 07/21/1999  
 Dr. Dalkin  
 Eligible  
 Enroll 07/21/1999  
 Randomize 07/21/1999  
 07/22/1999  
 PAW  
 6  
 0

As discussed above, the Distribution table is the second most common table the coordinator uses. This table tracks everything that is sent out to the participant. It tracks what is sent out (and when) and what is expected back (and when). If we send something out, expect it back, and is not returned, this table and corresponding report will highlight what needs following up. As you can see from the screen shot, this participant has had several items sent to him on different dates: Pills, several different questionnaires, and blood kits.

SELECT Trial: Distribution

| Item            | Item ID | Item Name       | Number of Labels | Date Distributed | Resp. Expected | Response Date | Created By | Create Date | Job Num | Task Num |
|-----------------|---------|-----------------|------------------|------------------|----------------|---------------|------------|-------------|---------|----------|
| Initial Fill w/ | 220     | Initial Fill w/ | 0                | 1                | 07/21/1999     | 1-Yes         | 07/22/1999 |             | 0       |          |
| Initial Quest   | 221     | Initial Quest   | 1                | 0                | 07/21/1999     | 1-Yes         | 07/24/1999 |             | 0       |          |
| Urology Ques    | 222     | Urology Ques    | 1                | 0                | 07/21/1999     | 1-Yes         | 07/24/1999 |             | 0       |          |
| Information P.  | 223     | Information P.  | 0                | 0                | 07/21/1999     | 0-No          |            |             | 0       |          |
| Blood kit       | 224     | Blood kit       | 1                | 0                | 07/22/1999     | 1-Yes         | 07/22/1999 |             | 2400224 |          |
| Follow Quest    | 225     | Follow Quest    | 1                | 0                | 08/09/1999     | 1-Yes         | 08/24/1999 |             | 0       |          |
| Urology Ques    | 226     | Urology Ques    | 0                | 0                | 08/09/1999     | 1-Yes         | 08/24/1999 |             | 0       |          |
| Food Quest      | 227     | Food Quest      | 0                | 0                | 08/09/1999     | 1-Yes         | 08/24/1999 |             | 0       |          |
| Mood Quest      | 228     | Mood Quest      | 0                | 0                | 08/09/1999     | 1-Yes         | 08/24/1999 |             | 0       |          |
| Study Pills w/  | 229     | Study Pills w/  | 0                | 1                | 08/09/1999     | 1-Yes         | 08/17/1999 |             | 0       |          |
| Blood kit       | 230     | Blood kit       | 1                | 0                | 08/16/1999     | 1-Yes         | 08/16/1999 |             | 2400265 |          |

Search: 
 Sort:

Page 1 of 1 (Filtered)

Here are some screen-shots of forms that represent the hardcopy questionnaires. The first questionnaire that the participant needs to complete is the Initial Questionnaire collecting baseline information.

Most forms have access to the common input routine for Illness events and medication including easy access to their doctors and address. This and the next screen-shot shows what is behind a tab that reflects each region or area on the hardcopy questionnaire.

**Select Trial: Initial Questionnaire**

Patient's Hospital Date:  Birth Date:  04/20/1928  
 Dis ID:  Questionnaire Date:  07/23/1999 SS Num:  316-26-5156

1 Home 2 Employment History 3 Contact / Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

☐ Check for all No illnesses in the past 5 years  
☐ Check for all No Procedures in the past 5 years  
☐ Input all current and past medications currently  
☐ Input all current and past supplements currently

**7 Medical Records Release**

Med Rec Form Date:  07/22/1999

**Select Trial: Initial Questionnaire**

Patient's Hospital Date:  Birth Date:  04/20/1928  
 Dis ID:  Questionnaire Date:  07/23/1999 SS Num:  316-26-5156

1 Home 2 Employment History 3 Contact / Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

Current smoker:  0-No ☐ Lived with smoker:  1-Yes ☐  
 Cigarettes per day:  Years as child:  7  
 Age started:  Years as adult:  6  
 Former smoker:  1-Yes ☐  
 Cigarettes per day:  20  
 Age started:  16  
 Age stopped:  38  
 Describe smoking description:

|              | Current   | Years                | Ever   |
|--------------|---|----------------------|--|
| Smoke cigars | <input type="text"/> 0-No <input type="checkbox"/>  | <input type="text"/> | <input type="text"/> 0-No <input type="checkbox"/> |
| Smoke a pipe | <input type="text"/> 1-Yes <input type="checkbox"/> | <input type="text"/> | <input type="text"/>                               |
| Chew tobacco | <input type="text"/> 0-No <input type="checkbox"/>  | <input type="text"/> | <input type="text"/> 0-No <input type="checkbox"/> |

Select Trial Follow up Questionnaire

Patient: H0001057 Ques. Date: 08/11/1999 Dist ID: 34 Visit Num: 2

Illnesses ☒ Check here if No New Illness ☒ Check here if No New Procedures

Medications ☒ Check here if No New Medications ☒ Check here if No New Supplements

1 1 (Filtered)

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**Select Trial: Follow-up Questionnaire**

Trial Date:  Study Date:  08/11/1999 DSID:  34  
 SS01057 Visit Num:  2

**Items** **2 Ris** **3 Problems**

New Hair Loss:  0-No Date onset:

New Hair Loss:  0-No Date onset:

New Hair Loss:  0-No Date onset:

New Fatigue:  0-No Date onset:

New Nausea:  0-No Date onset:

IF ANY OF THESE ANSWERS ARE "YES" PLEASE NOTIFY THE STUDY NURSE

Problem Description:

Date:  08/11/1999

1  2  3 of 3 (Filtered)

The Urology form has many questions relating to the prostate. Each tabbed section reflects a separate page on the hard-copy questionnaire.

**Select Trial: Urology Questionnaire**

Trial Date:  Study Date:  07/22/1999 DSID:  22  
 SS01057 Visit Num:  1  
 Doctor:  Dalkin Participant's Doctors:

**Section A (1-3)** **Section B (4-9)** **Section C (14-19)** **Section D (20-22+)**

1. Appetite:  3-Poor

2. Current weight:  185

3. Weight change:  3-No change

4. Weight change:

5. Want to lose weight:  0-No

6. Want weight to gain:  0-No

7. Area/Pain Location:

8. Numbness:  0-No

9. Numbness Location:

10. Weakness:  0-No

1  2  3 of 3 (Filtered)



The following are screen-shoots of other forms that are filled out through the course of trial and are self-explanatory.

**Select Trial: Appointments**

| Participant Name | Date       | Time | Site   | Visit # | Appt Kept                           |
|------------------|------------|------|--------|---------|-------------------------------------|
| Participant 1    | 07/22/1999 | 7:45 | Tucson | 1       | <input checked="" type="checkbox"/> |
| Participant 2    | 08/16/1999 | 8:00 | Tucson | 2       | <input checked="" type="checkbox"/> |
| Participant 3    |            |      |        |         | <input type="checkbox"/>            |

Print Tasks Edit Tasks

Page 1 of 1 1 of 2 (Filtered)

**Select Trial: Bloods**

| Participant Name | Tube Number | Alt Date   | Draw Date  | Date Received | Date Sent for Anal. at SmithKline | Analysis Date from SmithKline |
|------------------|-------------|------------|------------|---------------|-----------------------------------|-------------------------------|
| Participant 1    | 2400224     | 07/21/1999 | 07/22/1999 | 07/22/1999    |                                   |                               |
| Participant 2    | 2400265     | 08/16/1999 | 08/16/1999 | 08/16/1999    | 08/16/1999                        | 08/17/1999                    |
| Participant 3    |             |            |            |               |                                   |                               |

Print Form Blood Analysis SMAC-19 CBC Blood Charts

Page 1 of 1 1 of 2 (Filtered)

**Select Trial: Phone Calls**

| Patient | Date / Time     | Call Length | Group Name | Comments  |
|---------|-----------------|-------------|------------|---|
|         | 08/09/1999 9:17 | 1 min       | twilkins   | called pt to get a pill ct. left msg  |
|         | 08/10/1999 9:17 | 1 min       | twilkins   | pt returned call, left msg that he was doing fine w/pills, it was decided that a pill ct was unnecessary so he wasn't called again. Paw |
|         |                 |             |            |   |

Print Conversation

Page 1 of 2 (Filtered)

Due to the fact that all illness events are patient reported, we have a illness documentation system to confirm each report. For confirmation, we track all the doctors listed from each participant.

The screen below lists doctors for this one participant.

**PatientDoctor**

| Patient | Doctor Name | Specialty          | Primary Doctor           | Dr ID |
|---------|-------------|--------------------|--------------------------|-------|
| 000001  | Dr. [Name]  |                    | <input type="checkbox"/> |       |
| 000002  | Dr. [Name]  |                    | <input type="checkbox"/> |       |
| 000003  | Dr. [Name]  | Neurology          | <input type="checkbox"/> |       |
| 000004  | Dr. [Name]  | Cardiology         | <input type="checkbox"/> |       |
| 000005  | Dr. [Name]  | Cardiovascular Dis | <input type="checkbox"/> |       |
| 000006  | Dr. [Name]  |                    | <input type="checkbox"/> |       |

Page 1 of 2 (Filtered)

Buttons: Add, Edit, Delete



The main concern for us, is the ability to obtain medical records for the participants. So we have recorded a doctor and the associated site where the medical records department address is located. The example below shows that this Medical Records Site has three collaborating doctors.

140

And this screen shows the ability to edit each doctor. The complexity is hidden that shows the many-to-many relationship between doctors and medical sites. A doctor can belong to many institutes and an institute has many doctors.

**Dr Details [All Doctors with Medical Record Site]**

Dr ID:

Dr Name:

First Name:

Initials:

Last Name:

Specialty:

Associated MR Sites:

MR Site Name:

MR Street 1:

MR Street 2:

MR Address:

MR Address 2:

MR Address 3:

MR Address 4:

MR Address 5:

MR Address 6:

MR Address 7:

MR Address 8:

MR Address 9:

MR Coordinator:

Associated Drs:

Block Medical Site: ☒

Block Financial Site: ☐

Page 1 of 1 (Filtered)

**Doctor Details**

Associated Sites

Old Pueblo Urology AZ

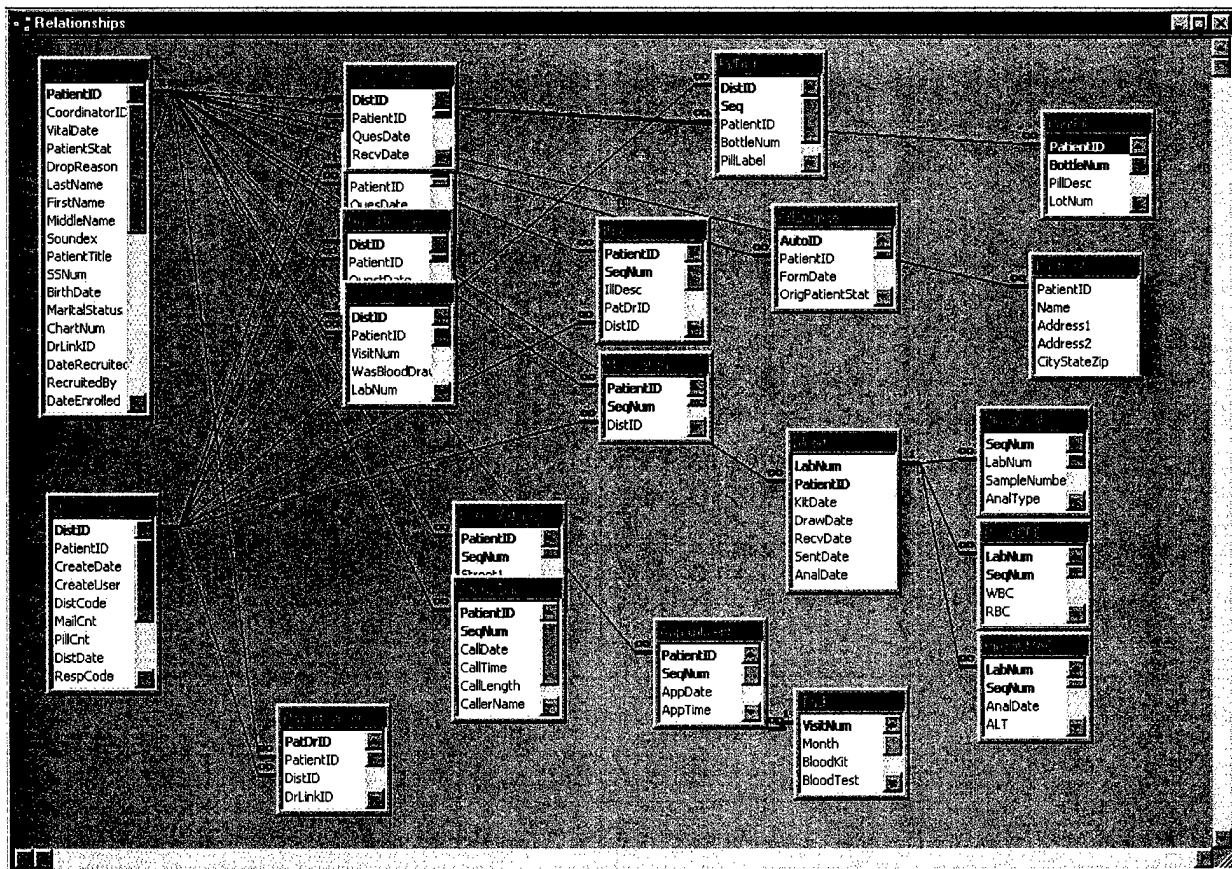
Associated DRs

|                   |         |
|-------------------|---------|
| Karsch, Daniel    | Urology |
| Newman, Thomas    | Urology |
| Steinberg, Steven | Urology |

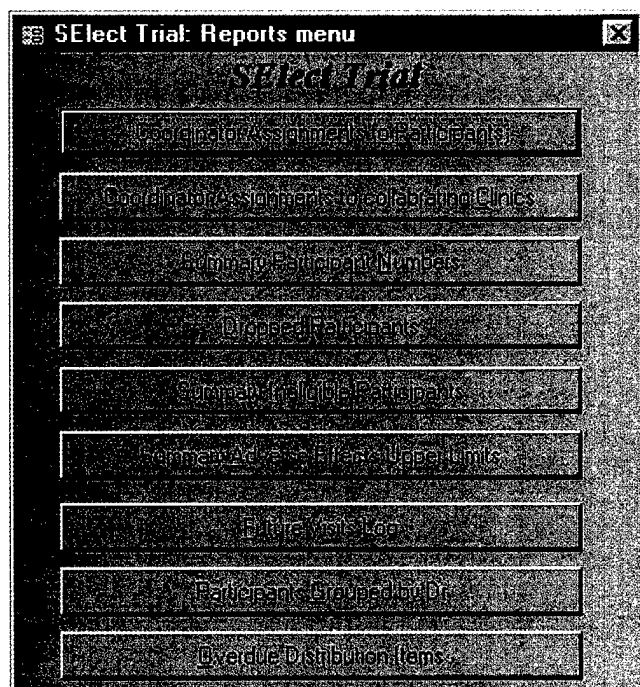
## Select Study Computer Program Interface.

The following are screen images of what the computer program looks like. Not all screens are displayed and only represent a portion of what is used to run the SElect Study. There are many functions and capabilities this software has that is not represented here. For example, anything from the randomization process, to the assignment of participant IDs, the processing of bloods, to validating information already entered.

The image below represents most to the tables used in the trial (excludes standard lookup tables and other external tables used in all trials). The focus that needs to be shown is everything relies on two main tables – (1) the Patient table in the top left corner, and (2) the distribution table below that. This relational database structure is keyed to keeping all reference integrity based upon the unique PatientID field. All program coding automatically keeps the data intact. No manually entered PatientIDs is required. The Distribution table is used to track every item that goes out of the coordinating center to participants. More of this mentioned below.



The Reports button brings up the following screen to where the coordinator can display any number of reports to help run the trial. Other reports are created as needed.



Here is an example of a report showing a single page of which participants were assigned to the coordinator "PAW". This report allows the coordinator to quickly determine the status of each of their participants and take any actions necessary.

| <i>Select Trial</i>                 |             |       | <i>Coordinator's Participants</i>                |                                       |                   |                      | <i>Confidential</i>                           |                                  | <i>Page 3 of 3</i> |
|-------------------------------------|-------------|-------|--|---------------------------------------|-------------------|----------------------|---|----------------------------------|--------------------|
|                                     |             |       |  |                                       |                   |                      | <i>Thursday, October 28, 1999 10:55:52 AM</i> |                                  |                    |
| <i>ID</i>                           | <i>Name</i> |       | <i>Recruited</i>                                 | <i>Enrolled</i>                       | <i>Randomized</i> | <i>Took 1st Pill</i> | <i>Dropped</i>                                |                                  |                    |
| <i>Coordinator PAW</i>              |             |       |  |                                       |                   |                      |   |                                  |                    |
| SS01057                             | Hudgel      | Dale  | 7/21/1999  | 7/21/1999                             | 7/21/1999         | 7/22/1999            |   |                                  |                    |
| SS01081                             | Karnes      | James | 8/18/1999  | 8/27/1999                             | 9/6/1999          | 8/28/1999            |   |                                  |                    |
| SS01040                             | Kline       | Ted   | 6/29/1999  | 6/29/1999                             |                   |                      | 7/1/1999                                      | Didn't meet eligibility criteria |                    |
| SS01024                             | Petit       | Kyle  | 6/28/1999  | 6/29/1999                             |                   |                      | 7/8/1999                                      | Didn't meet eligibility criteria |                    |
| <i>Total Number Recruited:</i>      |             |       | 4  | <i>Total Recruited then Dropped:</i>  |                   |                      | 0   |                                  |                    |
| <i>Total Number Enrolled:</i>       |             |       | 4  | <i>Total Enrolled then Dropped:</i>   |                   |                      | 2   |                                  |                    |
| <i>Total Number Randomized:</i>     |             |       | 2  | <i>Total Randomized then Dropped:</i> |                   |                      | 0   |                                  |                    |
| <i>Total Number took 1st Pills:</i> |             |       | 2  | <i>Total Dropped Participants:</i>    |                   |                      | 2   |                                  |                    |
|                                     |             |       | <i>Total Recruited not yet Enrolled:</i>         |                                       |                   | 0                    |   |                                  |                    |
|                                     |             |       | <i>Total Enrolled not yet Randomized:</i>        |                                       |                   | 0                    |   |                                  |                    |
|                                     |             |       | <i>Total Pre-Randomized Active Participants:</i> |                                       |                   | 0                    |   |                                  |                    |
|                                     |             |       | <i>Total Randomized Active Participants:</i>     |                                       |                   | 2                    |   |                                  |                    |
|                                     |             |       | <i>Total Active Participants:</i>                |                                       |                   | 2                    |   |                                  |                    |

The first screen the coordinator sees is the main menu stating what program they are using. Color-coding is used to visually show the coordinator which trial they are working with (cyan background). The menu items on the left represent the viewing of the data as a whole. The data seen from these options are not specific to individual participants but to the whole trial.

The coordinator has the option of viewing and picking an existing participant from clicking on the name and choosing "Edit Patient", or just double-clicking on the name. For participants not yet in the computer, the coordinator chooses "Add Patient". The screens that follow are listed below.

| PatientID | Participant        | StatusDesc                |
|-----------|--------------------|---------------------------|
| SS01107   | Burcham, John      | *Randomized - Active      |
| SS01032   | Davies, Ray        | Ineligible to Participate |
| SS01099   | Farrell, Charles   | Dropped out BEFORE Rand   |
| SS01073   | Farris, Wayne R.   | *Randomized - Active      |
| SS01065   | Gaspar, William S. | *Randomized - Active      |
| SS01057   | Hudgel, Dale L.    | *Randomized - Active      |
| SS01081   | Karnes, James      | *Randomized - Active      |
| SS01040   | Kline, Ted         | Ineligible to Participate |
| SS01024   | Petit, Kyle        | Ineligible to Participate |

Below is the starting point after choosing a participant. The main screen shows the status of the participant and all the latest and important information. The top portion is the menu system to bring up each individual form or questionnaire.

This screen is the first place the coordinator goes to enter data for a new participant or starts from for updating for existing participants. The PatientID is automatically generated with new participants and it includes a check-digit within the value. Even though the entry of a PatientID is rarely performed, the check-digit will prevent an accidentally entered value. Other critical fields (i.e. Lab number) also include a check-digit to prevent miss-assignment of data. Important dates are entered or shown from this screen, along with the status of each participant. If the participant meets eligibility, the randomization is performed on this screen.

The screenshot displays two overlapping windows from a medical trial management application.

The top window, titled "Select Trial: Menu Items", features a menu system with buttons for "Menu Items", "Participant", "Randomization", and "Distribution".

The bottom window, titled "Select Trial: Participant Note Form", contains the following fields and controls:

- Participant Information:**
  - Hudgel:** 316-26-5156
  - Date:** 04/20/1928
  - L:** [Empty]
  - Mr.:** [Empty]
  - Date Dropped:** [Empty]
  - Reason:** [Empty]
  - Dr. Dalkin:** Dalkin, Bruce
  - 08/16/1999**
- Eligibility and Status:**
  - 07/21/1999** (with a checked checkbox)
  - Eligible** (with a checked checkbox)
  - Enroll:** 07/21/1999
  - Randomize:** 07/21/1999
  - 07/22/1999**
  - PAW**
- Navigation and Controls:**
  - A vertical list of checkboxes on the left side of the bottom window.
  - Buttons labeled "6" and "0" at the bottom left.

As discussed above, the Distribution table is the second most common table the coordinator uses. This table tracks everything that is sent out to the participant. It tracks what is sent out (and when) and what is expected back (and when). If we send something out, expect it back, and is not returned, this table and corresponding report will highlight what needs following up. As you can see from the screen shot, this participant has had several items sent to him on different dates: Pills, several different questionnaires, and blood kits.

| SElect Trial: Distribution |         |           |                  |             |            |           |               |           |           |           |         |             |
|----------------------------|---------|-----------|------------------|-------------|------------|-----------|---------------|-----------|-----------|-----------|---------|-------------|
| Item                       | Item ID | Item Type | Item Description | Item Status | Item Date  | Item Time | Item Response | Item Date | Item Time | Item Name | Item ID | Item Status |
| Initial Pills w/           | 0       | 1         | 07/21/1999       | 1-Yes       | 07/22/1999 |           |               |           |           |           | 0       |             |
| Initial Quest              | 1       | 0         | 07/21/1999       | 1-Yes       | 07/24/1999 |           |               |           |           |           | 0       |             |
| Urology Ques               | 1       | 0         | 07/21/1999       | 1-Yes       | 07/24/1999 |           |               |           |           |           | 0       |             |
| Information P.             | 0       | 0         | 07/21/1999       | 0-No        |            |           |               |           |           |           | 0       |             |
| Blood kit                  | 1       | 0         | 07/22/1999       | 1-Yes       | 07/22/1999 |           |               |           |           |           | 2400224 |             |
| Follow Quest               | 1       | 0         | 08/09/1999       | 1-Yes       | 08/24/1999 |           |               |           |           |           | 0       |             |
| Urology Ques               | 0       | 0         | 08/09/1999       | 1-Yes       | 08/24/1999 |           |               |           |           |           | 0       |             |
| Food Quest                 | 0       | 0         | 08/09/1999       | 1-Yes       | 08/24/1999 |           |               |           |           |           | 0       |             |
| Mood Quest                 | 0       | 0         | 08/09/1999       | 1-Yes       | 08/24/1999 |           |               |           |           |           | 0       |             |
| Study Pills w/             | 0       | 1         | 08/09/1999       | 1-Yes       | 08/17/1999 |           |               |           |           |           | 0       |             |
| Blood kit                  | 1       | 0         | 08/16/1999       | 1-Yes       | 08/16/1999 |           |               |           |           |           | 2400285 |             |



Here are some screen-shots of forms that represent the hardcopy questionnaires. The first questionnaire that the participant needs to complete is the Initial Questionnaire collecting baseline information.

Most forms have access to the common input routine for Illness events and medication including easy access to their doctors and address. This and the next screen-shot shows what is behind a tab that reflects each region or area on the hardcopy questionnaire.

**Select Trial: Initial Questionnaire**

Parent's Birth Date:  Birth Date:  04/20/1928  
 SSN:  Questionnaire Date:  07/23/1999 SS Num:  316-26-5156

1 Items 2 Supplement/History 3 Contact/Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

**Illness**

☐ Check here if No Illnesses in the past 5 years.  
☐ Check here if No Procedures in the past 5 years.

**Medications**

☐ Check here if taking No Medications currently.  
☐ Check here if taking No Supplements currently.

**Doctor**

**Address**

**B. Medical Records Release**

Med Rel Form date:  07/22/1999

**Select Trial: Initial Questionnaire**

Parent's Birth Date:  Birth Date:  04/20/1928  
 SSN:  Questionnaire Date:  07/23/1999 SS Num:  316-26-5156

1 Items 2 Supplement/History 3 Contact/Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

Current smoker:  0-No ☐

Lived with smoker:  1-Yes ☐

Cigarettes per day:

Years as child:  7

Age start:

Years as adult:  6

Ever a smoker:  1-Yes ☐

Current:  Years:  Ever:

Smoke cigars:  0-No ☐

Smoke pipe:  1-Yes ☐

Chew tobacco:  0-No ☐

Age quit:  20

Age quit:  16

Age quit:  38

Age quit:



The following three screen-shots show each section of the follow-up questionnaire. Again, the first image allows for a common entry point for illness events and medication usage. The other images checks for compliance and any possible adverse effects.

**Select Trial: Follow-up Questionnaire**

Trial:  Date:  DistID:   
 SS01057 Vis Num:

☐ Illness Events ☐ Medication Usage

☐ ☒ No New Illnesses  
☐ ☒ No New Procedures

☐ ☒ No New Medications  
☐ ☒ No New Supplements

1 of 1 (Filtered)

**Select Trial: Follow-up Questionnaire**

Trial:  Date:  DistID:   
 SS01057 Vis Num:

☐ Illness Events ☐ Medication Usage

1- Never

1 of 1 (Filtered)

**Select Trial: Follow-up Questionnaire**

Patient:  Trial Date:  Dist ID:   
 Visit Num:

New Pain:  Date onset:   
 New BPH:  Date onset:   
 New Metastasis:  Date onset:   
 New Fatigue:  Date onset:   
 New Nausea:  Date onset:

IF ANY OF THESE ANSWERS ARE YES PLEASE NOTIFY THE STUDY NURSE

Other description:

MR date:

1 of 1 (Filtered)

The Urology form has many questions relating to the prostate. Each tabbed section reflects a separate page on the hard-copy questionnaire.

**Select Trial: Urology Questionnaire**

Patient:  Dist ID:   
 Trial Date:  Visit Num:   
 Doctor:

1. Appetite:   
 2. Current weight:   
 3. Weight change:   
 4. Fatigue:   
 5. Weight loss:   
 6. New rectal pain:   
 7. New rectal bleeding:   
 8. New rectal urgency:   
 9. New rectal urgency:   
 10. New rectal urgency:

1 of 2 (Filtered)

The following are screen-shoots of other forms that are filled out through the course of trial and are self-explanatory.

**Select Trial: Appointments**

| Patient Name | Date       | Time | Site   | Visit # | Appt. Kept                          |
|--------------|------------|------|--------|---------|-------------------------------------|
|              | 07/22/1999 | 7:45 | Tucson | 1       | <input checked="" type="checkbox"/> |
|              | 08/16/1999 | 8:00 | Tucson | 2       | <input checked="" type="checkbox"/> |
|              |            |      |        |         | <input type="checkbox"/>            |

Print Tasks Edit Tasks

1 of 2 (Filtered)

**Select Trial: Bloods**

| Patient ID | Number  | Date       | Draw Date  | Date Received | Date Sent for Analysis SmithKline | Analysis Date from SmithKline |
|------------|---------|------------|------------|---------------|-----------------------------------|-------------------------------|
|            | 2400224 | 07/21/1999 | 07/22/1999 | 07/22/1999    |                                   |                               |
|            | 2400265 | 08/16/1999 | 08/16/1999 | 08/16/1999    | 08/16/1999                        | 08/17/1999                    |
|            |         |            |            |               |                                   |                               |

ESAP-10 Blood Analysis SNAC-18 CBC Blood Charts

1 of 2 (Filtered)



The main concern for us, is the ability to obtain medical records for the participants. So we have recorded a doctor and the associated site where the medical records department address is located. The example below shows that this Medical Records Site has three collaborating doctors.

[illegible]



And this screen shows the ability to edit each doctor. The complexity is hidden that shows the many-to-many relationship between doctors and medical sites. A doctor can belong to many institutes and an institute has many doctors.

**Dr Details (All Doctors with Medical Record Site)**

**Doctor Details**  
NEW

Group ID: [ ]

Doc ID: [ ]

FirstName: [Daniel]  
 MiddleName: [N]  
 LastName: [Karsch]  
 SpecCode: [Urology]

Associated MR Sites: [ ]

MR Site Name: [Old Pueblo Urology]  
 MR Address: [1775 W. St. Mary's Rd. #115]  
 MR City: [Tucson]  
 MR State: [AZ]  
 MR Zip: [85712]  
 MR Contact: [Carol (Office Mgr)]  
 MR Phone: [(520) 623-8475 x]  
 MR Fax: [(520) 798-1826 x]

MR Coordinator: [JSH]

Associated Drs: [ ]

Board Member: ☒  
 Holds Org Consent: ☐

Records: [1] of 1 (Filtered)

Associated Sites:

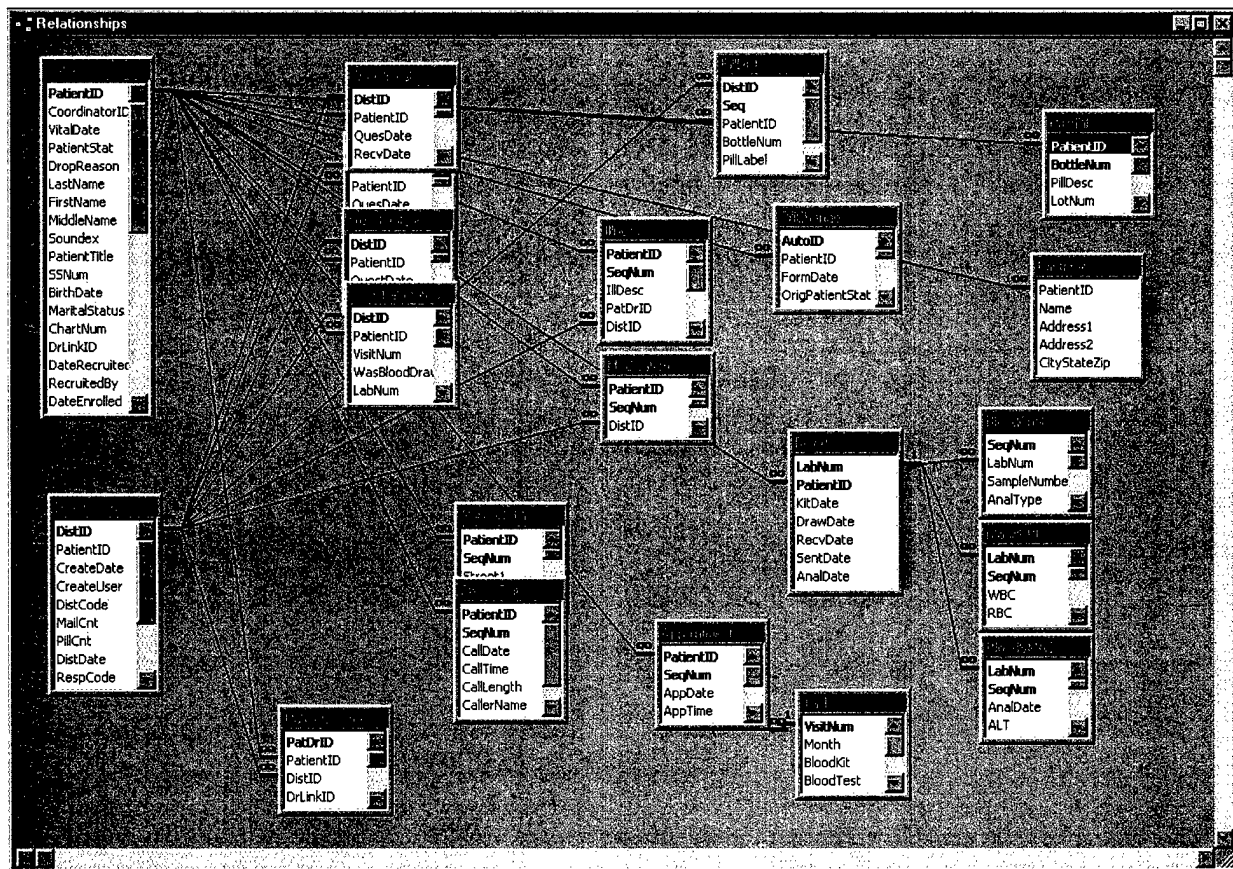
Associated DRs:

|                   |         |
|-------------------|---------|
| Karsch, Daniel    | Urology |
| Newman, Thomas    | Urology |
| Steinberg, Steven | Urology |

## Select Study Computer Program Interface.

The following are screen images of what the computer program looks like. Not all screens are displayed and only represent a portion of what is used to run the SElect Study. There are many functions and capabilities this software has that is not represented here. For example, anything from the randomization process, to the assignment of participant IDs, the processing of bloods, to validating information already entered.

The image below represents most to the tables used in the trial (excludes standard lookup tables and other external tables used in all trials). The focus that needs to be shown is everything relies on two main tables – (1) the Patient table in the top left corner, and (2) the distribution table below that. This relational database structure is keyed to keeping all reference integrity based upon the unique PatientID field. All program coding automatically keeps the data intact. No manually entered PatientIDs is required. The Distribution table is used to track every item that goes out of the coordinating center to participants. More of this mentioned below.



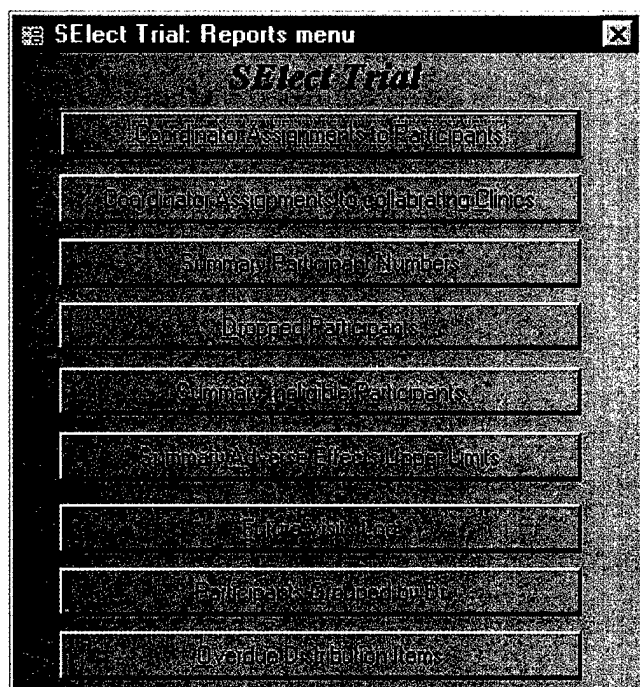
The first screen the coordinator sees is the main menu stating what program they are using. Color-coding is used to visually show the coordinator which trial they are working with (cyan background). The menu items on the left represent the viewing of the data as a whole. The data seen from these options are not specific to individual participants but to the whole trial.

The coordinator has the option of viewing and picking an existing participant from clicking on the name and choosing "Edit Patient", or just double-clicking on the name. For participants not yet in the computer, the coordinator chooses "Add Patient". The screens that follow are listed below.

| PatientID | Participant        | StatusDesc                |
|-----------|--------------------|---------------------------|
| SS01107   | Burcham, John      | *Randomized - Active      |
| SS01032   | Davies, Ray        | Ineligible to Participate |
| SS01099   | Farrell, Charles   | Dropped out BEFORE Rand   |
| SS01073   | Farris, Wayne R.   | *Randomized - Active      |
| SS01065   | Gaspar, William S. | *Randomized - Active      |
| SS01057   | Hudgel, Dale L.    | *Randomized - Active      |
| SS01081   | Karnes, James      | *Randomized - Active      |
| SS01040   | Kline, Ted         | Ineligible to Participate |
| SS01024   | Petit, Kyle        | Ineligible to Participate |



The Reports button brings up the following screen to where the coordinator can display any number of reports to help run the trial. Other reports are created as needed.



Here is an example of a report showing a single page of which participants where assigned to the coordinator "PAW". This report allows the coordinator to quickly determine the status of each of their participants and take any actions necessary.

| <i>SElect Trial</i>                 |             |       | <i>Coordinator's Participants</i> |  |                   |                      | <i>Confidential</i>                    |                                  | <i>Page 3 of 3</i> |
|-------------------------------------|-------------|-------|-----------------------------------|--|-------------------|----------------------|--|----------------------------------|--------------------|
|                                     |             |       |                                   |  |                   |                      | Thursday, October 28, 1999 10:55:52 AM |                                  |                    |
| <i>ID</i>                           | <i>Name</i> |       | <i>Recruited</i>                  | <i>Enrolled</i>                                  | <i>Randomized</i> | <i>Took 1st Pill</i> | <i>Dropped</i>                         |                                  |                    |
| <i>Coordinator PAW</i>              |             |       |                                   |  |                   |                      |  |                                  |                    |
| SS01057                             | Hudgel      | Dale  | 7/21/1999                         | 7/21/1999  | 7/21/1999         | 7/22/1999            |  |                                  |                    |
| SS01081                             | Karnes      | James | 8/18/1999                         | 8/27/1999  | 9/6/1999          | 8/28/1999            |  |                                  |                    |
| SS01040                             | Kline       | Ted   | 6/29/1999                         | 6/29/1999  |                   |                      | 7/1/1999                               | Didn't meet eligibility criteria |                    |
| SS01024                             | Petit       | Kyle  | 6/28/1999                         | 6/29/1999  |                   |                      | 7/8/1999                               | Didn't meet eligibility criteria |                    |
| <i>Total Number Recruited:</i>      |             |       | 4                                 | <i>Total Recruited then Dropped:</i>             |                   |                      | 0                                      |                                  |                    |
| <i>Total Number Enrolled:</i>       |             |       | 4                                 | <i>Total Enrolled then Dropped:</i>              |                   |                      | 2                                      |                                  |                    |
| <i>Total Number Randomized:</i>     |             |       | 2                                 | <i>Total Randomized then Dropped:</i>            |                   |                      | 0                                      |                                  |                    |
| <i>Total Number took 1st Pills:</i> |             |       | 2                                 | <i>Total Dropped Participants:</i>               |                   |                      | 2                                      |                                  |                    |
|                                     |             |       |                                   | <i>Total Recruited not yet Enrolled:</i>         |                   |                      | 0                                      |                                  |                    |
|                                     |             |       |                                   | <i>Total Enrolled not yet Randomized:</i>        |                   |                      | 0                                      |                                  |                    |
|                                     |             |       |                                   | <i>Total Pre-Randomized Active Participants:</i> |                   |                      | 0                                      |                                  |                    |
|                                     |             |       |                                   | <i>Total Randomized Active Participants:</i>     |                   |                      | 2                                      |                                  |                    |
|                                     |             |       |                                   | <i>Total Active Participants:</i>                |                   |                      | 2                                      |                                  |                    |

Below is the starting point after choosing a participant. The main screen shows the status of the participant and all the latest and important information. The top portion is the menu system to bring up each individual form or questionnaire.

This screen is the first place the coordinator goes to enter data for a new participant or starts from for updating for existing participants. The PatientID is automatically generated with new participants and it includes a check-digit within the value. Even though the entry of a PatientID is rarely performed, the check-digit will prevent an accidentally entered value. Other critical fields (i.e. Lab number) also include a check-digit to prevent miss-assignment of data. Important dates are entered or shown from this screen, along with the status of each participant. If the participant meets eligibility, the randomization is performed on this screen.

**Select Trial: Menu Items**

**Select Trial: Participant Main Form**

PatientID: 316-26-5156  
 Date: 04/20/1928  
 Date Dropped:   
 Reason:   
 Mr.   
 Dalkin, Bruce  
 08/16/1999

07/21/1999 ☐ Dr. Dalkin  
 Eligible ☐

Enroll: 07/21/1999  
 Randomize: 07/21/1999

07/22/1999  
 PAW

As discussed above, the Distribution table is the second most common table the coordinator uses. This table tracks everything that is sent out to the participant. It tracks what is sent out (and when) and what is expected back (and when). If we send something out, expect it back, and is not returned, this table and corresponding report will highlight what needs following up. As you can see from the screen shot, this participant has had several items sent to him on different dates: Pills, several different questionnaires, and blood kits.

SELECT Trial: Distribution

| Patient Name | Dist ID   | Item Category    | Number of Items | Waiting for Return | Date Distributed | Resp. Expected | Response Date | Created By | Create Date | Job Num | Trackpoint |
|--------------|-----------|------------------|-----------------|--------------------|------------------|----------------|---------------|------------|-------------|---------|------------|
| 000000000    | 000000000 | Initial Pill: w/ | 0               | 1                  | 07/21/1999       | 1-Yes          | 07/22/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Initial Quest    | 1               | 0                  | 07/21/1999       | 1-Yes          | 07/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Urology Ques     | 1               | 0                  | 07/21/1999       | 1-Yes          | 07/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Information P.   | 0               | 0                  | 07/21/1999       | 0-No           |               |            |             | 0       |            |
| 000000000    | 000000000 | Blood kit        | 1               | 0                  | 07/22/1999       | 1-Yes          | 07/22/1999    |            |             | 2400224 |            |
| 000000000    | 000000000 | Follow Quest     | 1               | 0                  | 08/09/1999       | 1-Yes          | 08/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Urology Ques     | 0               | 0                  | 08/09/1999       | 1-Yes          | 08/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Food Quest       | 0               | 0                  | 08/09/1999       | 1-Yes          | 08/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Mood Quest       | 0               | 0                  | 08/09/1999       | 1-Yes          | 08/24/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Study Pills w/   | 0               | 1                  | 08/09/1999       | 1-Yes          | 08/17/1999    |            |             | 0       |            |
| 000000000    | 000000000 | Blood kit        | 1               | 0                  | 08/16/1999       | 1-Yes          | 08/16/1999    |            |             | 2400265 |            |
| 000000000    | 000000000 | Impact           |                 |                    |                  |                |               |            |             |         |            |

Select: All records Sort: Patient Name

Here are some screen-shots of forms that represent the hardcopy questionnaires. The first questionnaire that the participant needs to complete is the Initial Questionnaire collecting baseline information.

Most forms have access to the common input routine for Illness events and medication including easy access to their doctors and address. This and the next screen-shot shows what is behind a tab that reflects each region or area on the hardcopy questionnaire.

**SElect Trial: Initial Questionnaire**

Patient Name: [Field] Birth Date: 04/20/1928  
 Questionnaire Date: 07/23/1999 SS Num: 316-26-5156

1 Illness 2 Supplement History 3 Contact/ Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

☐ Check here if No Illnesses in the past 5 years  
☐ Check here if No Procedures in the past 5 years  
☐ Check here if taking No Medications currently  
☐ Check here if taking No Supplements currently

**Medical Records Release**  
 Med. Rel. Form date: 07/22/1999

**SElect Trial: Initial Questionnaire**

Patient Name: [Field] Birth Date: 04/20/1928  
 Questionnaire Date: 07/23/1999 SS Num: 316-26-5156

1 Illness 2 Supplement History 3 Contact/ Occupation 4 Tobacco Use 5 Alcohol Use 6 Health

Current smoker: 0-No ☐ Lives with smoker: 1-Yes ☐  
 Years as child: 7  
 Years as adult: 6

Smoke cigars: 0-No ☐ Smoke a pipe: 1-Yes ☐ Chew tobacco: 0-No ☐

The following three screen-shots show each section of the follow-up questionnaire. Again, the first image allows for a common entry point for illness events and medication usage. The other images checks for compliance and any possible adverse effects.

**SELECT Trial: Follow-up Questionnaire**

Trial ID:  Visit Date:  Dist ID:  Visit Num:

**1. Illnesses** **2. Medications** **3. Problems**

**Illnesses**

- ☒ Check here if No New Illness
- ☒ Check here if No New Procedures

**Medications**

- ☒ Check here if No New Medications
- ☒ Check here if No New Supplements

1 of 1 (Filtered)

**SELECT Trial: Follow-up Questionnaire**

Trial ID:  Visit Date:  Dist ID:  Visit Num:

**1. Illnesses** **2. Medications** **3. Problems**

**Adverse Effects**

**Other Adverse Effects**

1 of 1 (Filtered)

**Select Trial: Follow-up Questionnaire**

Patient: 
 Dates Date: 
 DistID: 
 Dist Num:

|   |   |
|---|---|
| New Pain Index: <input type="text" value="0-No"/> Date onset: <input type="text"/>    | IF ANY OF THESE ANSWERS ARE YES PLEASE NOTIFY THE STUDY NURSE |
| New Weakness: <input type="text" value="0-No"/> Date onset: <input type="text"/>      |   |
| New Painful Urine: <input type="text" value="0-No"/> Date onset: <input type="text"/> |   |
| New Fatigue: <input type="text" value="0-No"/> Date onset: <input type="text"/>       |   |
| New Nausea: <input type="text" value="0-No"/> Date onset: <input type="text"/>        |   |

Problem Description:

MBF date:

The Urology form has many questions relating to the prostate. Each tabbed section reflects a separate page on the hard-copy questionnaire.

**Select Trial: Urology Questionnaire**

Patient: 
 DistID: 
 Dates Date: 
 Dist Num:

Urologist:

1. Anemia:

2. Weight:

3. Weight change:

4. Weight change:

5. Weight change:

6. Weight change:

7. Weight change:

8. Weight change:

9. Weight change:

10. Weight change:



The following are screen-shoots of other forms that are filled out through the course of trial and are self-explanatory.

**SElect Trial: Appointments**

| Patient Name | Date       | Time | Site   | Visit # | Appt. Kept                          |
|--------------|------------|------|--------|---------|-------------------------------------|
|              | 07/22/1999 | 7:45 | Tucson | 1       | <input checked="" type="checkbox"/> |
|              | 08/16/1999 | 8:00 | Tucson | 2       | <input checked="" type="checkbox"/> |
|              |            |      |        |         | <input type="checkbox"/>            |

Print Tasks Edit Tasks

1 of 2 (Filtered)

**SElect Trial: Bloods**

| Patient Name | Lab Number | Init Date  | Draw Date  | Date Received | Date Sent for Anal. at SmithKline | Analysis Date from SmithKline |
|--------------|------------|------------|------------|---------------|-----------------------------------|-------------------------------|
|              | 2400224    | 07/21/1999 | 07/22/1999 | 07/22/1999    |                                   |                               |
|              | 2400265    | 08/16/1999 | 08/16/1999 | 08/16/1999    | 08/16/1999                        | 08/17/1999                    |
|              |            |            |            |               |                                   |                               |

Print Bloods Send Analysis SMAPs 13 BBE Blood Charts

1 of 2 (Filtered)

**Select Trial: Phone Calls**

| Patient | Date/Time       | Call Length | Call Name | Comments  |
|---------|-----------------|-------------|-----------|---|
|         | 08/09/1999 9:17 | 1 min       | Wilkins   | called pt to get a pill ct. left msg  |
|         | 08/10/1999 9:17 | 1 min       | Wilkins   | pt returned call, left msg that he was doing fine w/pills, it was decided that a pill ct was unnecessary so he wasn't called again. Paw |
|         |                 |             |           |   |
|         |                 |             |           |   |

Print Conversation

Page 1 of 1

Due to the fact that all illness events are patient reported, we have a illness documentation system to confirm each report. For confirmation, we track all the doctors listed from each participant.

The screen below lists doctors for this one participant.

**PatientDoctor**

| Patient | First Name | Last Name | Specialty         | Year First Seen | Year Last Seen | Dispo |
|---------|------------|-----------|-------------------|-----------------|----------------|-------|
| 1       | John       | Wilkins   | Internal Medicine |                 |                |       |
| 2       | John       | Wilkins   | Internal Medicine |                 |                |       |
| 3       | John       | Wilkins   | Internal Medicine |                 |                |       |
| 4       | John       | Wilkins   | Internal Medicine |                 |                |       |
| 5       | John       | Wilkins   | Internal Medicine |                 |                |       |

Page 1 of 1

Add Delete



The main concern for us, is the ability to obtain medical records for the participants. So we have recorded a doctor and the associated site where the medical records department address is located. The example below shows that this Medical Records Site has three collaborating doctors.



And this screen shows the ability to edit each doctor. The complexity is hidden that shows the many-to-many relationship between doctors and medical sites. A doctor can belong to many institutes and an institute has many doctors.

**Dr Details [All Doctors with Medical Record Site]**

**Doctor Details**

First Name:  Last Name:  Specialty:  Associated Sites:

MR Site:  MR Address:  MR Street 2:  MR Address City:  MR Address State:  MR Address Zip:  MR Coordinator:  MR Phone 1:  MR Phone 2:  Associated Drs:

MR Coordinator:

Flag Inactive Site: ☒ Flag On Hold: ☐

Page 1 of 1 (Filtered)

# Appendix IV: Summary of IRB Approval Status

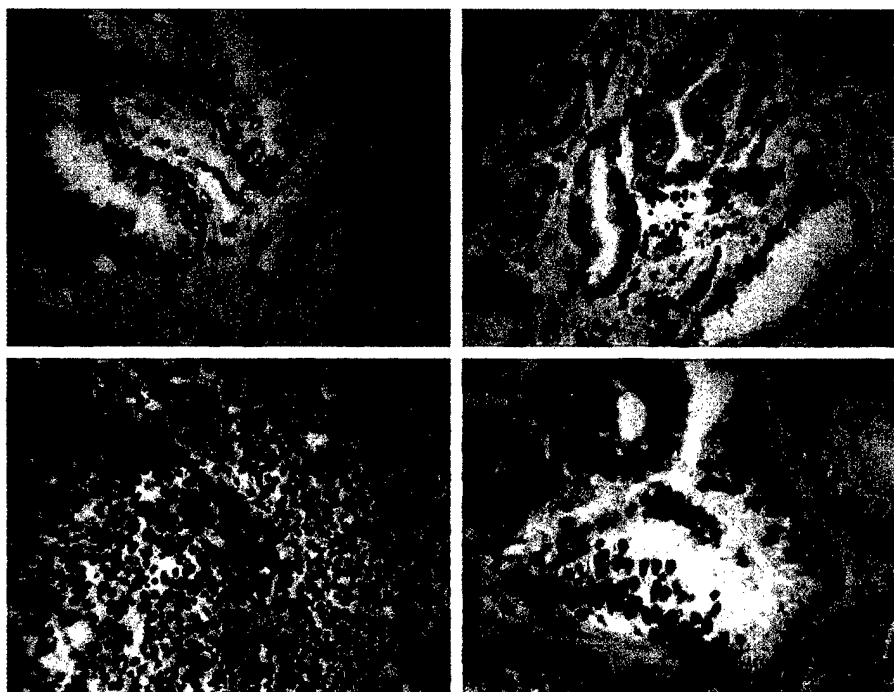
## Select Trial Urologist IRB status

| Last       | First Name | Clinic Location  | IRB Approval Status |
|------------|------------|------------------|---------------------|
| Barmatz,   | Mitzi      | Tucson, AZ       | Approved            |
| Dalkin,    | Bruce      | Tucson, AZ       | Approved            |
| Dickstein, | Steven     | Tucson, AZ       | Approved            |
| Greenberg, | Jerry      | Tucson, AZ       | Approved            |
| Herlong,   | James      | Columbia, SC     | Approved            |
| Hicks,     | Thomas     | Tucson, AZ       | Approved            |
| Hirsch,    | Irwin      | Philadelphia, PA | Approval pending    |
| Janosko,   | Edward     | Greenville, NC   | Approved            |
| Kalota,    | Susan      | Tucson, AZ       | Approved            |
| Marks,     | Sheldon    | Tucson, AZ       | Approved            |
| Mohler,    | James      | Chapel Hill, NC  | Approved            |
| Terris,    | artha K.   | Palo Alto, CA    | Approval pending    |

P:\SElect Study\Progress Reports\Annual Report\Urologist IRB status.doc

## Appendix V

### Immunohistochemical studies of surrogate markers



**Figure 1**

- A) Basel cell cytokeratins specific stain of non-Ca prostate glands**
- B) Basel cell specific stain of prostate glands, not absence of basel cells around cancerous glands**
- C) Pos control lymph node stained for Ki-67, note highly proliferative germinal center**
- D) Ki-67 on prostate cancer showing a low rate of proliferation**

## CURRICULUM VITAE

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PII Redacted



#### ***EDUCATION***

---

|        |  |      |
|--------|--|------|
| B.S.   | Alma College (Alma, MI), Biology                         | 1970 |
| M.P.H. | University of Michigan (Ann Arbor), Epidemiology         | 1974 |
| Ph.D.  | University of North Carolina (Chapel Hill), Epidemiology | 1982 |

*Dissertation:* A Case Control Study of Skin Neoplasms and the Anticarcinogenic Effects of Selenium.  
Dissertation Committee Chair: Carl M. Shy, M.D., Dr.P.H.

#### ***MAJOR FIELDS OF INTEREST***

---

- Cancer Prevention
- Diet and Cancer Epidemiology
- Environmental Epidemiology
- International Health

#### ***PROFESSIONAL SOCIETIES***

---

- American Association for Cancer Research
- American College of Epidemiology
- American Institute of Nutrition
- American Society for Preventive Oncology
- International Environmental Epidemiology Association
- International Association for Vitamin and Nutritional Oncology
- Society for Epidemiologic Research

## **ACADEMIC AND PROFESSIONAL APPOINTMENTS**

---

### **UNIVERSITY OF ARIZONA**

- 1999-present Adjunct, Associate Professor, College of Agriculture, Department of Nutritional Sciences
- 1994-1995 Director, Epidemiology Program, Arizona Cancer Center, College of Medicine
- 1992-present Associate Professor of Epidemiology, College of Medicine, Arizona Prevention Center
- 1987-1992 Assistant Professor of Epidemiology, College of Medicine, Department of Family and Community Medicine

### **CORNELL UNIVERSITY**

- 1986-1987 Assistant Professor of Epidemiology, College of Agriculture and Life Sciences, Biometrics Unit
- 1982-1986 Assistant Professor of Epidemiology, School of Veterinary Medicine, Department of Preventive Medicine
- 1982-1987 Joint Appointment with the Division of Nutritional Sciences

### **UNIVERSITY OF NORTH CAROLINA**

- 1978-1980 Epidemiologist - IPA Assignment, National Institute for Environmental Health Sciences, Biometry Branch, Research Triangle Park
- 1975-1980 Research Assistant, Department of Epidemiology
- 1975-1978 Project Director, Pesticide Use and Cancer Mortality Study, Institute for Environmental Studies

### **UNIVERSITY OF MICHIGAN**

- 1974-1975 Research Assistant, Department of Epidemiology

### **WORLD HEALTH ORGANIZATION-ACTION**

- 1971-1974 Surveillance Officer, Smallpox Eradication Program in Ethiopia

## **HONORS**

---

### **AWARDS**

- Cover Feature, Cancer Research, in recognition of the importance of joint Research in Selenium and Cancer Prevention with B.S. Reddy, K. El-Bayoumy, and E.S. Fiala, October, 1999
- Pioneer Science Award, Cancer Treatment Research Foundation, Research on Selenium and Human Cancer, 1997
- Dedication in *Prostate and Cancer A Family Guide to Diagnosis, Treatment, and Survival*, Sheldon Marks, 1999

### **SCIENTIFIC REVIEW COMMITTEES**

- American Cancer Society
- National Cancer Institute
- Center for Disease Control

### **PROGRAM REVIEW COMMITTEES**

- 1995 Chair, Program Project Site Visit Team, American Health Foundation, Valhalla, NY
- 1990 Scientific Board of Councilors Extramural Review of the Biometry Branch, Division of Cancer, Prevention and Control, National Cancer Institute
- 1988 International Vitamin A Program, Agency for International Development

### **AD HOC REVIEWER**

- American Cancer Society
- National Research Council
- Agency for International Development
- Center for Disease Control

### **PUBLICATIONS:**

---

#### **SCHOLARLY MONOGRAPHS:**

1. **Clark, L.C.**, Giuliano, A., Walsh, B., Guernsey de Zapien, J., Reid, M.E., Meister, J., Mason, T.J., "The Community Health Survey for Santa Cruz County," October, 1994
2. **Clark, L.C.** "A Case Control Study of Skin Neoplasms and the Anticarcinogenic Effects of Selenium." Dissertation at the University of North Carolina at Chapel Hill, Chapel Hill, North Carolina. Diss. Abstr. (B) 42 (12 ptl.) 1982: 4753-B.

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#### **SUBMITTED MANUSCRIPTS**

#### **BOOK REVIEWS:**

- **Clark, L.C.** "Progress and Perspectives in Chemoprevention of Cancer." G. DePalo, M.Sporn, U. Veronesi, eds. New York: Raven Press, 1992. 296pp., Ilus. Book review published in JNCI, 86: (1) p 57, 1994.

#### **OTHER SCHOLARLY CONTRIBUTIONS:**

##### **COMMENTARIES:**

- **Clark, L.C.** Commentary on "Interim Analyses: the Repeated Confidence Interval Approach" by Jennison, C., and Turnbull, B.W. Journal of the Royal Statistical Society. 51: 343 (3), 1989.

##### **LETTERS TO THE EDITOR:**

- **Clark, L.C.** and Jacobs, E.T. "Environmental Selenium and Cancer: Risk or Protection?" Cancer Epidemiology, Biomarkers & Prevention 7:847-848, 1998.
- JAMA
- Kamel, M.A., Ghaffar, Y.A., Wright, M. **Clark, L.C.**, Miller F.D. High HCV prevalence in Egyptian blood donors." Lancet. 340(8816):427, 1992.
- **Clark, L.C.** and Combs, Jr., G.F. Editorial reply to letter of Dr. Foster. Journal of Nutrition. 118: 238-239, 1988.
- **Clark, L.C.** and Portier, K.M. "Diethylstilbestrol and the Risk of Cancer." New England Journal of Medicine. 300: 263, 1979.

#### **RESEARCH REPORTS:**

1. **Clark, L.C.**, Guernsey de Zapien, J., Miester, J., and Mason T.E The Community Health Survey for Santa Cruz County: A Study of B-Lymphocyte Disorders. Tucson, AZ: University of Arizona, 1994.
2. Kramer, T.R., Noecker, R.J., Miller, J.M., Hutter, J.J., **Clark, L.C.** The histiocytoses of childhood: orbital involvement in Langerhans' cell histiocytoses. Tucson, AZ: University of Arizona, 1994.
3. Federer, W.T., **Clark, L.C.**, McDermott, N.M. and Robson, D.S. The Statistical Analyses of Ecological Data from the Cornell-China Diet and Cancer Project. Ithaca, NY: Cornell University, Biometrics Report Series, 1986.
4. Bondad, M., Candelaria, L., **Clark, L.C.**, Haaga, J.G., Haas, J., Henderson, C., Lisondra, F., Marks, G., Mason, J.B. and Test, K. Philippine National School Survey of Nutritional Status

Interim Report of Methods and Results from Region VI. Ithaca, NY: Cornell University, Nutritional Surveillance Program, 1984.

5. **Clark, L.C.** and Mason, J.B. Methodological and Analytical Issues in the Philippine National School Survey of Nutritional Status. Ithaca, NY: Cornell University, Nutritional Surveillance Program, 1983.
6. McKigney, J.L., **Clark, L.C.**, Olson, J.A. and Pettiss, S.T. Evaluation of the Vitamin A Deficiency Project. Office of Nutrition, Bureau for Science and Technology, Agency for International Development, 1988.
7. Federer, W.T., **Clark, L.C.** and Dubovi, E. A Surveillance and Control Program for Bovine Leukosis Based on Principles of Group Testing. Ithaca, NY Biometry Series 1987.
8. Federer, W.T., **Clark, L.C.** and Dubovi, E., A Surveillance and Sampling Program for the Identification of Blue Tongue Virus in Cattle. Ithaca, NY Biometry Series 1987.

#### **PRESENTATIONS:**

1. **Clark, L.C.**, "Prostate cancer -susceptibility markers," International Workshop on the Use of Biomarkers for Chemoprevention of Cancer The International Agency for Research on Cancer and the Deutsches Krebsforschungszentrum, with the support of the US National Institute of Environmental Health Sciences and the Deutsche Forschungsgemeinschaft. Heidelberg, Germany, Spring, 2000
2. **Clark, L.C.**, "Update: Selenium Prevention Trials," Nutritional Sciences - IDP Seminar Series, University of Arizona, September, 1999
3. **Clark, L.C.**, "1999 Cancer Conference, Meeting the Challenges of Comprehensive Cancer Control, Division of Cancer Prevention and Control, CDC, Atlanta, Georgia, September 9, 1999.
4. **Clark, L.C.**, Krongrad, A., Hollis, B., Carpenter, H.D., Borosso, C., Rounder, J.B., Jacobs, E.T., Witherton, R., Herlong, J.H., Janosko, E.O., Falk, S., "Selenium, Vitamin D, Melatonin, and Risk of Prostate Cancer," AUA Conference, Dallas, Texas, May, 1999
5. **Clark, L.C.**, "Selenium and Cancer Prevention," Committee on the Nutritional Sciences, University of Arizona, November, 1998-Invited.
6. **Clark, L.C.**, "Prevention of Cancer with Selenium," Grand Rounds, University of Colorado Cancer Center, September, 1998-Invited.
7. **Clark, LC**, "Selenium and Prevention of Prostate Cancer," US TOO International, Inc., Phoenix, Arizona, November, 1998.
8. **Clark, L.C.**, "Effects of the Trace Mineral Selenium on Prostate Cancer," International Conference on Quality of Life and Longevity Medicine, Brussels, Belgium, September, 1998
9. **Clark, L.C.**, "Decreased Incidence of Prostate Cancer with Selenium Supplementation," Satellite Symposium of the International Conference on Quality of Life and Longevity, Paris, France, September, 1998
10. **Clark, L.C.**, "Selenium: Un Role Spectaculaire Dans La Prevention Du Cancer," Press Conference for Pharma Nord, Paris, France, September, 1998.

11. **Clark, LC**, "Effects of Selenium on Cancer," Duluth Rotary Club, Duluth, MN, August, 1998
12. **Clark, LC**, "Nutritional Prevention of Cancer with Selenium:1983-93—The Results of the Randomized Trial." Moffitt Cancer Center, University of South Florida, Tampa, FL, August 1998.
13. **Clark, LC**, "Biomarkers for Establishing a UL for Selenium." Workshop on Dietary Antioxidants, National Academy of Sciences, Washington, D.C., July, 1998.
14. **Clark, LC**, "Nutritional Prevention of Cancer with Selenium:1983-93—The Results of the Randomized Trial." Moffitt Cancer Center, University of South Florida, Tampa, FL, June 1998.
15. **Clark, LC**, "Selenium Supplementation Decreases Cancer Incidence in a Randomized Cancer Prevention Trial." Selenium-Tellurium Developers Association (STDA) Symposium, Scottsdale, AZ, May 1998.
16. **Clark, LC**, "Decreased Incidence of Prostate Cancer with Selenium Supplementation," Critical Appraisal of Unconventional/Alternative Interventions for Carcinoma of the Prostate, US TOO International, Inc. The University of Chicago, Chicago, IL., May 1998
17. **Clark, LC**, "The Nutritional Prevention of Cancer with the Use of Selenium," FASEB Convention, Selenium Bionutrition II, April 1998, San Francisco, CA.
18. **Clark, LC**, "The Nutritional Prevention of Cancer with the Use of Selenium," 3<sup>rd</sup> Annual Symposium on Nutrition and Health, Harvard School of Public Health, March 1998, Boston, MA.
19. **Clark, LC**, "Whole Body Hypothermia:Another Option?" ICARE Prostate Cancer Symposium, March 1998, West Palm Beach, FL.
20. **Clark, LC**, "Selenium and Cancer Prevention," Cancer Biology Seminar Series, Arizona Cancer Center, University of Arizona, February 1998, Tucson, Arizona.
21. **Clark, LC**, "Reduced Incidence of Cancer in Patients Supplemented with Selenium: Results of a Randomized Clinical Trial," School of Biological Sciences Seminar, University of Surrey, January 1998, Surrey, United Kingdom.
22. **Clark, LC**, "Selenium and Cancer Prevention," Chemical and Biological Sciences, University of Arizona, November 1997.
23. **Clark, LC**, "Selenium Supplementation and Cancer Prevention: A Randomized Trial." 4<sup>th</sup> International Symposium on Nutrition in Cancer, October 1997, New Orleans, LA.
24. **Clark, LC**, "Selenium and Cancer Prevention." ACAM's Fall Convention, October 1997, Anaheim, CA.
25. **Clark, LC**, "Selenium Supplementation and Cancer Prevention: A Randomized Trial." Nutracon '97, 4<sup>th</sup> Annual Conference on Maximizing Scientific and Marketing Opportunities for Nutraceuticals, Dietary Supplements, Functional & Medical, July 1997, Las Vegas, NV.
26. **Clark LC**. "Cancer Prevention by Selenium." Symposium on Dietary Factors in Cancer Prevention: Molecular Mechanisms and Applications, June 1997, Rutgers University, N.J.
27. **Clark LC**. "Micronutrients and Prostate Cancer." Micronutrients and Human Cancer Risk, Prospects for Prevention, May 1997, Aarhus, Denmark.
28. **Clark LC**, Combs Jr GF, Turnbull BW, Slate EH and the Nutritional Prevention of Cancer Research Group. "Effects of Selenium Supplementation for Cancer Prevention in Patients with Carcinoma of the Skin: A Randomized Clinical Trial 1983-93. AACR, April 1997, San Diego,

CA.

29. **Clark LC**, Combs Jr GF, Turnbull BW, Slate EH. "Effect of Selenium Supplementation for Cancer Prevention 1983-1996: A Randomized Clinical Trial." FASEB, April 1997, New Orleans, LA.
30. **Clark, L.C.**, "The Nutritional Prevention of Cancer with Selenium: Results of a Cancer Prevention Trial," University of Pennsylvania Medical Center, April 1997, Philadelphia, PA.
31. **Clark, L.C.** "Decreased Incidence of Prostate Cancer in Patients with Prior Carcinoma of the Skin," 7th International Prostate Cancer Update, Beaver Creek, Colorado; January 1997.
32. **Clark, L.C.**, Powis, G., McCarty, M. "Selenium and Cancer," Arizona Cancer Center Workshop, Tucson, Arizona; December 1996.
33. **Clark, L.C.** "Effects of Selenium Supplementation for Cancer Prevention in Patients with Carcinoma of the Skin: A Randomized Trial." Cancer Prevention Program Presentation, Arizona Cancer Center; November 1996.
34. **Clark, L.C.** "Selenium Chemoprevention" University of Hawaii, Cancer Research Center, Honolulu, Hawaii, October 1996.
35. **Clark, L.C.** Council for Responsible Nutrition's Annual Meeting, "Selenium Supplementation Decreases Cancer Risk," September, 1996, Amelia Island, Florida.
36. **Clark, L.C.** Safety Monitoring and Advisory Committee Teleconference Meeting for the Nutritional Prevention of Cancer Project. Tucson, Arizona, February, 1994; Tucson, Arizona, December, 1994
37. **Clark, L.C.** "Antioxidants and Cancer Prevention." American Dietetic Association's 77th Annual Meeting and Exhibition, Orlando, Florida; October 1994.
38. **Clark, L.C.** Safety Monitoring Committee Meeting for the Nutritional Prevention of Skin Cancer Project. Ithaca, New York at Cornell University, March, 1988; August, 1989; November, 1989; October, 1990; December, 1991; July, 1992; June, 1993; June, 1994.
39. **Clark, L.C.** "The Role of Biomarkers in Field Studies of Environmentally Associated Cancers." Atlanta, Georgia, May, 1994.
40. **Clark, L.C.** "Cancer Prevention Trials with Selenium: The 10 Year Experience." Cancer Biology Seminar Series, Arizona Cancer Center, Tucson, Arizona January, 1994.
41. **Clark, L.C.**, Reid, M.E. Clinical Coordinator's Workshop, Nutritional Prevention of Skin Cancer. April, 1987, Charleston, South Carolina; June, 1988, Columbia, South Carolina, June, 1989, Columbia, South Carolina, June, 1990, Columbia, South Carolina, June, 1991, Columbia, South Carolina, March, 1992, Columbia, South Carolina, October, 1993, Wrightsville Beach, North Carolina.
42. **Clark, L.C.**, Reid, M.E. Clinical Coordinator's Meeting, Nutritional Prevention of Cancer, Full Day Meeting. September, 1988, Atlanta, Georgia; Columbia, South Carolina, April, 1990; June, 1991; April, 1992; Wilmington, North Carolina, September/October 1993.
43. **Clark, L.C.** "Nutritional Prevention of Cancer, Current Perspectives, Future Directions." Ann Arbor, Michigan, October, 1993.

44. **Clark, L.C.** "The Status of Selenium Compounds for Cancer Chemoprevention Trials." NCI September, 1993.**Clark, L.C.** "The Prevalence of Colorectal Adenomatous Polyps is Higher in Patients with Low Plasma Selenium Levels." Berlin, Germany; April, 1993.
45. **Clark, L.C.** "The First Generation of Cancer Prevention Trials: Lessons, Results, and Directions for the Future." American Society of Preventative Oncology Conference, March, 1993.
46. **Clark, L.C.** "Low Plasma Selenium Predicts the Prevalence of Colorectal Adenomatous Polyps in a Cancer Prevention Trial." Federation of American Societies for Experimental Biology, April 1993.
47. **Clark, L.C.** "Low Plasma Selenium (Se) Predicts the 24 Month Incidence of Squamous Cell Carcinoma of the Skin in a Cancer Prevention Trial." Federation of American Societies for Experimental Biology, April 1993.
48. **Clark, L.C., Reid, M.E.** Clinical Investigator's Annual Nutritional Prevention of Cancer Project. December, 1988, Washington, D.C., December, 1989, San Francisco, California, December, 1990, Atlanta, Georgia, December 1991, Dallas, Texas, December 1992, Washington, D.C., December, 1993, New Orleans, Louisiana, February, 1995.
49. **Clark, L.C., Reid, M.E.** Clinical Director's Meeting and Workshop Nutritional Prevention of Skin Cancer Project at the American Academy of Dermatology, San Antonio, Texas, December, 1987; Washington D.C., December, 1988; San Francisco, CA, December, 1989; Atlanta, GA, December, 1990; Houston, TX, December, 1991; San Francisco, CA, December, 1992.
50. **Clark, L.C.** "Inverse Association of Plasma Selenium Concentration and Incidence of Colorectal Neoplastic Polyps in Americans." The Fifth International Symposium on Selenium in Biology and Medicine, July, 1992.
51. **Clark, L.C.** "The Design of Secondary & Tertiary Cancer Prevention: An Epidemiological Perspective." The IVth International Conference on Prevention of Human Cancer: Nutrition & Chemoprevention Controversies, Arizona Cancer Center, Tucson, Arizona, June, 1992.
52. **Clark, L.C.** "The Nutritional Prevention of Skin Cancer in Double Blind Clinical Trial." University of Miami School of Medicine, November, 1991.
53. **Clark, L.C.** "Plasma Selenium Predicts the Risk of Neoplastic Polyps in a Double Blind Clinical Trial." NCI, 1991, DCPC seminar.
54. **Clark, L.C.** "Diet/Nutrition and Cancer: Fact and Fiction." Presented at the ACS Cancer Update Program, University of New Mexico, Albuquerque, NM, October, 1990.
55. **Clark, L.C.** "Opportunities for the Prevention of Melanoma Skin Cancer." Presented at the AMC Cancer Research Center, Denver, Colorado, October, 1990.
56. **Clark, L.C.** "Epidemiology of Micronutrients and Cancer." Presented at the National Cancer Institute, Cancer Prevention and Control Academic Course, Washington D.C., November, 1989.
57. **Clark, L.C.** "Cancer Prevention-Current Perspectives." Presented at Medical Grand Rounds, Martinez VA Medical Center, Martinez, California, June, 1989 (3 lectures).
58. **Clark, L.C.** Trial Investigator Workshop, "Selenium as a Chemopreventive Agent." NCI Invited Seminar, Rockville, Maryland, December, 1988.

59. **Clark, L.C.** "Selenium and Cancer: A Current Perspective." Presented at the 2nd International Conference of Anticancer Research, Saronis, Greece, October, 1988.
60. **Clark, L.C.** "Selenium as a Chemopreventive Agent." University of Arizona, College of Medicine, Tucson, Arizona, June, 1988.
61. **Clark, L.C.** "An Overview of Diet and Cancer." Invited address sponsored by the American Cancer Society and Area L Health Education Center, Wilson, NC, May, 1988.
62. Graham, G. and **Clark, L.C.** "A Prospective Cohort Study of Plasma Selenium and Non-Melanoma Skin Cancer." Presented at the North American Clinical Dermatology meeting in Portugal, April, 1988.
63. Allison, Jr. R., and **Clark, L.C.** "An Overview of a Double Blind Clinical Trial for the Prevention of Non-Melanoma Skin Cancer with Nutritional Supplement of Selenium." Presented at the North American Clinical Dermatology meeting in Portugal, April, 1988.
64. **Clark, L.C.** "The Epidemiology of Skin Cancer." Invited address, delivered at the Valley of the Sun Dermatology Conference, Scottsdale, Arizona, 1988.
65. Turnbull, B. and **Clark, L.C.** "Some New Approaches to Clustering Methodology: Application to Leukemia Incidence in Upstate New York." Invited address, delivered at the Division of Chronic Disease, Center for Disease Control, Atlanta, GA, 1988.
66. **Clark, L.C.** "Effect of Micronutrients on Cancer Risks." Invited address, delivered at the Grand Medical Rounds Interfaith Medical Center, Brooklyn, New York, 1988.
67. **Clark, L.C.** "Prevention of Primary Liver Cancer with a Nutritional Supplement of Selenium: A Pilot Study." Presented at the Third International Conference on the Prevention of Human Cancer: Chemoprevention, Tucson, Arizona, January, 1988.
68. Abu-Libdeh, H., **Clark, L.C.** and Turnbull, B.W. "Statistical Modeling and Analysis of Multiple Events of Skin Cancer in a Controlled Clinical Trial." Presented at the Third International Conference on the Prevention of Human Cancer: Chemoprevention, Tucson, Arizona, January, 1987.
69. McShane, L., **Clark, L.C.** and Turnbull, B.W. "Quality Control Procedure for High Pressure Liquid Chromatographic Analysis of Plasma Vitamin E." Presented at the Third International Conference on the Prevention of Human Cancer: Chemoprevention, Tucson, Arizona, January, 1987.
70. **Clark, L.C.** "Implications of Epidemiologic Studies for Ongoing Clinical Trials of Selenium and Selenium Enriched Yeast." Invited address, delivered at the NCI Workshop on Strategies Needed to Develop Selenium Compounds of Chemopreventive Agents, Bethesda, Maryland, 1985.
71. **Clark, L.C.** "The Epidemiology of Selenium and Cancer." Invited address, delivered at the Symposium on Selenium, Federation of American Societies of Experimental Biology, St. Louis, Missouri, 1984.
72. **Clark, L.C.** "Conference on Public Policy: Diet and Cancer." Co-Chairman of Risk Assessment Section, Ithaca, New York, 1982.
73. **Clark, L.C.**, Graham, G.F., Crounse, R., Grimson, R. and Shy, C.M. "A Case Control Study of Skin Cancer and Selenium in Eastern North Carolina." Presented at American Public Health Association, Montreal, Canada, 1982.



74. **Clark, L.C.**, Graham, G.F. and Crounse, R.G. "Selenium, Arsenical Keratoses and Skin Cancer in Eastern North Carolina." Presented at the Society for Environmental Geochemistry and Health, Greenville, North Carolina, 1982.
75. **Clark, L.C.**, Shy, C.M. and Portier, K.M. "Cancer Mortality and Agricultural Activity: An Association with Cotton Production and Large Farms in the Southeastern U.S." Presented at Society of Epidemiologic Research, Iowa City, Iowa, 1978.
76. Shy, C.M., **Clark, L.C.** and Most, B.M. "Atmospheric Carcinogens and Lung Cancer in the U.S." Presented at American Public Health Association, Washington, D.C., 1977.
77. **Clark, L.C.**, Shy, C.M. and Most, B.M. "Cancer Mortality and Pesticide Use in Selected Regions on the U.S." Presented at International Epidemiologic Association Meeting, San Juan, Puerto Rico, 1977.

#### **ORGANIZED WORKSHOPS:**

- **Clark, L.C.**, "PRECISE, Prevention of Cancer with Selenium," International Workshop. Conducted at the Danish Cancer Society in Copenhagen, Denmark, September, 1999
- **Clark, L.C.** "Selenium and Prostate Cancer", AUA Convention, Dallas, Texas, May, 1999.
- **Clark, L.C.**, "Changing the World with Selenium," PRECISE International Workshop III, Danish Cancer Society, Copenhagen, Denmark, September, 1998.
- **Clark, L.C.** "Selenium for Cancer Prevention in Europe and America Workshop II." Conducted at the Danish Cancer Society in Copenhagen, Denmark, January 16-18, 1998.
- **Clark, L.C.** "A Seven Country Study: Selenium for Cancer Prevention in Europe and America" Workshop. Conducted at the Danish Cancer Society in Copenhagen, Denmark, September 18-21, 1997.

#### **RESEARCH SUPPORT**

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##### **GRANTS / CONTRACTS CURRENTLY FUNDED AS PRINCIPAL INVESTIGATOR:**

- The Nutritional Prevention of Cancer. **Larry C. Clark**, P.I. Funded by the National Cancer Institute 5/1/99-4/30/02, Total direct amount for 3 years, \$1,750,203.
- Phase II Chemoprevention Trials of Selenium and Prostate Cancer – "Watchful Waiting Trial", **Larry C. Clark**, P.I. Funded by the National Cancer Institute, 09/01/98-08/31/03, Total amount funded for five years, \$3,957,181.
- Chemoprevention Trial of Selenium and Prostate Cancer, **Larry C. Clark**, P.I. Funded by the U.S. Army Medical Research and Materiel Command DOD Prostate Cancer Research Program 10/01/98-09/30/03, Total amount funded for five years \$482,008.
- Phase III Trial of Selenium for Prostate Cancer Prevention – "Negative Biopsy Trial" **Larry C. Clark**,

P.I. Funded by the National Cancer Institute, 07/01/99-6/30/04 Total amount funded for five years \$4,620,937.

**PREVIOUSLY FUNDED GRANTS/CONTRACTS:**

- Prevention of Non-Melanoma Skin Cancer with a Nutritional Supplement of Selenium. **Larry C. Clark**, P.I. Funded by the National Cancer Institute, 8/15/88-11/30/98, Total direct amount for 5 years, \$4,375,000.
- PSA as An Intermediate Marker of Prostate Cancer, **Larry C. Clark**, P.I. Funded by the National Cancer Institute, 7/1/93-6/30/96, Total three year direct cost amount \$894,000.
- Health Survey of Santa Cruz County: A Study of B-Lymphocytes Disorders. Funded by the Arizona State Department of Health 1/1/94-12/31/94. Total direct amount \$110,000.
- Prevention of Non-Melanoma Skin Cancer. Funded by the American Institute of Cancer Research, **Larry Clark**, P.I., 1/1/89-12/31/90. Total direct amount \$110,000.
- Prevention of Cancer with Selenium in the People's Republic of China. (**L. Clark**, P.I.) Funded by AICR (\$110,500, 5/1/84-4/30/86).
- The Prevention of Non-Melanoma Skin Cancer with a Nutritional Supplement of Selenium. Funded by AICR (Total Budget, \$110,000, 1/1/85-12/31/87).
- Colon Cancer Prevention Project. Funded by the National Cancer Institute. David Alberts, P.I., **Larry Clark**, Investigator (10%), Total annual amount \$1,500,000, 7/1/89-6/30/90.
- The Wilson Skin Cancer Cohort Project. Partial funding from the North Carolina Yam Commission (\$2,000, June 1, 1983).
- Pilot Study for the Nutritional Prevention of Squamous Cell Carcinoma. Funded by Nutrition 21 (\$15,000, May 1, 1983).

**PREVIOUSLY FUNDED GRANTS AS CO-INVESTIGATOR:**

- Cancer Etiology and Prevention Training Grant. The National Cancer Institute. Thomas Moon, P.I., **Larry Clark**, Co-investigator (5%), 6/1/90-5/30/95, Total annual amount \$79,740.
- Colon Cancer Prevention Program Project. The National Cancer Institute. David Alberts, P.I., **Larry Clark**, Investigator (7.5%), 7/1/90-6/30/95, Total annual amount \$1,500,000.
- Navajo Infant feeding study and morbidity study, Anne Wright, P.I., **Larry Clark**, Investigator (5%), 7/1/93 - 12/31/95, Total amount \$152,123.
- Five a day: Healthier Eating for the Overlooked Worker, David Buller, P.I., **Larry Clark**, Investigator, (1%), 4/1/93-3/31/97, Total amount \$1,597,899.

**SERVICE - UNIVERSITY OF ARIZONA COMMITTEES**

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- 1995 Arizona Cancer Center Deputy Director Search Committee  
Arizona Cancer Center Molecular Epidemiologist Search Committee Executive Committee,  
Epidemiology Graduate Program  
Committee on Nutrition
- 1994 Committee on Nutrition  
Executive Committee, Epidemiology Graduate Program

- 1993 Epidemiology and Biometry Section Curriculum Consultant  
Executive Committee, Epidemiology Graduate Program  
Family and Community Medicine Finance Committee  
Graduate Program in Public Health Planning Committee
- 1992 Epidemiology and Biometry Section Curriculum Consultant  
Executive Committee Epidemiology Graduate Program  
Family and Community Medicine Finance Committee  
Graduate Program in Public Health Planning Committee  
International Health Steering Committee  
Medical Student Research Committee
- 1991 Epidemiology and Biometry Section Curriculum Consultant  
Executive Committee, Epidemiology Graduate Program  
Family and Community Medicine Finance Committee  
Graduate Program in Public Health Planning Committee  
International Health Steering Committee  
Medical Student Research Committee
- 1990 Allied Health Professions Department Chair Search Committee  
College of Agriculture Research Review Committee  
Epidemiology and Biometry Section Curriculum Consultant  
Executive Committee, Epidemiology Graduate Program  
Family and Community Medicine Finance Committee  
Family and Community Medicine Academic Self-Study Committee  
Graduate Program in Public Health Planning Committee  
International Health Steering Committee  
Medical Student Research Committee
- 1989 Allied Health Professions Department Chair Search Committee  
Arizona Cancer Center Biometry Assistant Professor Search Committee  
Executive Committee, Epidemiology Graduate Program  
Family and Community Medicine Academic Self-Study Committee  
International Health Steering Committee

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## **Curriculum Vita**

### **James Roger Marshall, Ph.D.**

#### **Education**

- B.A. Political Science: California State University, Long Beach, 1968  
M.A. Behavioral Science: California State, Dominguez Hills, 1972  
M.A. Sociology: University of California at Los Angeles, 1974  
Ph.D. Sociology: University of California at Los Angeles, 1977;  
"Temporal Variation in Suicide: The United States: 1933-1972," Leo G. Reeder, Chair.

#### **Employment**

- 1996- Professor of Public Health  
1997- Associate Director of Cancer Prevention and Control  
Arizona Cancer Center  
University of Arizona, College of Medicine  
1515 N. Campbell Avenue, Tucson, Arizona 85724  
(520) 626-4768  
(520) 626-5348
- 1991-1996 Professor, Department of Social and Preventive Medicine  
School of Medicine and Biomedical Sciences  
State University of New York at Buffalo
- 1993-1996 Senior Associate Research Scientist  
Research Institute on Addictions, Buffalo, New York
- 1994-1996 Adjunct Professor, Nutrition Program  
School of Health Related Professions  
State University of New York at Buffalo
- 1991-1994 Research Associate Professor, Nutrition Program  
School of Health Related Professions  
State University of New York at Buffalo
- 1983-1991 Associate Professor, Department of Social and Preventive Medicine  
School of Medicine  
State University of New York at Buffalo
- 1981-1983 Assistant Professor, Department of Social and Preventive Medicine  
School of Medicine  
State University of New York at Buffalo
- 1981-present Assistant Research Professor  
Department of Experimental Pathology/Epidemiology

Roswell Park Cancer Institute, Graduate Division, Buffalo, New York

1977-1981     Assistant Professor, Department of Sociology  
State University of New York at Buffalo

1976-1977     Research Analyst, Division of Research in Medical Education  
University of Southern California School of Medicine

## **Honors and Awards**

1992           Commendation for Teaching Excellence  
SUNY at Buffalo School of Medicine and Biomedical Sciences

1994           Commendation for Teaching Excellence  
SUNY at Buffalo School of Medicine and Biomedical Sciences

1995           American Medical Women's Association: Gender Equity Award  
SUNY at Buffalo School of Medicine and Biomedical Sciences

1996           Commendation for Teaching Excellence  
SUNY at Buffalo School of Medicine and Biomedical Sciences

## **Memberships**

American Epidemiologic Society  
Society for Epidemiologic Research  
American Association for Cancer Research  
American Society for Nutritional Sciences  
American Association for Cancer Education  
American Society of Preventive Oncology

## **Editorial Service**

American Journal of Public Health  
Epidemiology  
Gastroenterology  
HMO Practice  
Journal of the American Medical Association  
Journal of the National Cancer Institute  
New England Journal of Medicine  
Nutrition and Cancer  
Statistics in Medicine  
Cancer Causes and Control

1983-1996     Consulting Editor, Journal of Suicide and Life-Threatening Behavior

1987-1998     Associate Editor, American Journal of Epidemiology

1998           Associate Editor, Cancer Epidemiology, Biomarkers and Prevention

## Grants and Contracts

### Current Research

#### Active

|  |                   |     |
|--|-------------------|-----|
| 1 R25 CA78447-01 (Marshall)                  | 07/01/98-06/30/03 | 15% |
| NIH/NCI                                      | \$2,744,232       |     |
| Cancer Prevention and Control Training Grant |                   |     |

The goal of this project is to continue the precedence of comprehensive training offered by the Cancer Prevention and Control Program established at the Arizona Cancer Center.

|   |                   |     |
|---|-------------------|-----|
| CA23074 NIH   | 07/01/98-06/30/03 | 10% |
| Cancer Center Support Grant                               | \$80,940          |     |
| Project: Behavioral Measurement Shared Service (Marshall) |                   |     |

This is a service core, providing questionnaire processing and data analysis, in the Arizona Cancer Center

|                                     |                   |    |
|-------------------------------------|-------------------|----|
| UCSD (Marshall)                     | 12/01/97-11/30/02 | 8% |
| Women's Healthy Eating Study (WHEL) | \$865,684         |    |

This is a randomized trial, evaluating diet change as a means of preventing breast cancer recurrence.

|   |                   |    |
|---|-------------------|----|
| CA41108 (PI: David Alberts)             | 05/01/95-04/30/00 | 6% |
| NCI                                     | \$2,131,170       |    |
| Colon Cancer Prevention Program Project |                   |    |

This is an integrated program project incorporating two randomized trials and an epidemiologic analysis of predictions of genetic mutations in adenomatous polyps.

|   |                   |    |
|---|-------------------|----|
| ADHS 85025 (PI: J. Marshall)                | 10/01/97-09/30/99 | 3% |
| Arizona Dept. of Health Services            | \$214,000         |    |
| Well Women Screening and Prevention Project |                   |    |

This project will institute and evaluate a prospective trial of physical activity among post menopausal Hispanic women at high risk for chronic disease.

|   |                   |    |
|---|-------------------|----|
| ADHS 85026 (PI: J. Marshall)                | 10/01/97-09/30/99 | 3% |
| Arizona Dept. of Health Services            | \$148,200         |    |
| Well Women Screening and Prevention Project |                   |    |
| Amendment #5 - Blood Analysis               |                   |    |

The purpose of this project is to determine the levels of certain nutrients within the blood.

|                                  |                   |    |
|----------------------------------|-------------------|----|
| ADHS 85027 (PI: J. Marshall)     | 10/01/97-09/30/99 | 0% |
| Arizona Dept. of Health Services | \$57,170          |    |

Well Women Screening and Prevention Project  
Amendment #6 - Promotoras

The purpose of this project is to educate urban women in Maricopa County regarding the availability of screening, diagnosis, follow-up, and treatment options for the prevention of breast and cervical cancer.

|                                   |                   |     |
|-----------------------------------|-------------------|-----|
| 1 U01CA74799-01 (PI: J. Marshall) | 07/01/97-06/30/01 | 15% |
| NIH/NCI                           | \$128,789         |     |
| Colon Cancer Family Registry      |                   |     |

The goal of this project is to establish a population based familial colon cancer registry using the Cancer Registry data bases of Colorado and Arizona as the ascertainment source for index cases.

|   |                   |     |
|---|-------------------|-----|
| 1 U01 CA77178-01A1 (PI: J. Marshall)                    | 12/01/98-11/30/03 | 30% |
| NIH/NCI   | \$5,433,647       |     |
| Selenium-based Chemoprevention among<br>HGPIIN Patients |                   |     |

## Invited Presentations

Speaker; Industrial Epidemiology Forum, Quality Control and Assurance in Epidemiologic Research, Salt Lake City, Utah, 1990.

Speaker; International Cancer Congress: An International Perspective on Diet, Nutrition and Cancer; Hamburg, Federal Republic of Germany, 1990.

Guest Lecturer, Memorial Sloan-Kettering Cancer Center, 1992.

Guest Lecturer, University of Minnesota School of Public Health, 1992.

Speaker; Fourth International Conference on the Prevention of Human Cancer: Nutrition and Chemoprevention Controversies; Arizona Cancer Center, Tucson, AZ, 1992.

Lecturer; American Cancer Society, Workshop on Nutrition and Cancer, 1992.

Faculty Speaker; Second International Conference on Dietary Assessment Methods, Boston, MA, 1995.

Third International Conference on Dietary Assessment Methods, Papendal, Arnhem, The Netherlands, May 6-9, 1998.

Charles Rasco III Symposium on Colorectal Cancer, Walton Auditorium, Arkansas Cancer Research Center, University of Arkansas College of Medicine, Little Rock, Arkansas, June 20, 1998.

“Future Strategies for the Medical Prevention of CRC” at Falk Symposium Colorectal Cancer: Molecular Mechanisms, Premalignant State and its Prevention, Titisee, Germany, October 14-15, 1998.

Vahouney Satellite Symposium on “Dietary Fibre in Health and Disease”, Nutrition Society of Australia and the Australasian Clinical Nutrition Society, Adelaide, Australia, November 29 to December 2, 1998.

“Cancer Prevention: Of Course. How?” to Leadership Summit, American Cancer Society, Phoenix, Arizona, August 28, 1999.

## Book Chapters

1. **Marshall J**, Graham S. Cancer. In: Applications of Social Science to Clinical Medicine and Health Policy. New Brunswick NJ: Rutgers University Press 1986, 157-174.
2. **Marshall JR**, Funch DP. Gender and illness behavior among colorectal cancer patients. In: Women and Cancer. New York: The Haworth Press 1987, 67-82.
3. Martinez ME, **Marshall JR**, Alberts DS. Dietary fiber, carbohydrates, and cancer. In: Nutritional Oncology. Academic Press 1999, 185-194.
4. **Marshall JR**, Alberts DS. Future strategies for the medical prevention of colorectal cancer. In: Colorectal Cancer Molecular Mechanisms, Premalignant State and its Prevention. (Schmiegel W, Scholmerich J, Eds). Hingham, Massachusetts: Kluwer Academic Publishers BV, 1999.

## Publications in Refereed Journals

1. **Marshall J**. Changes in white male suicide: 1948-1972. J Gerontol 33: 763-768, 1978.
2. **Marshall J**, Funch D. Mental illness and the economy: A critique and partial replication. J Health Soc Behav 20: 282-289, 1979.
3. **Marshall J**. Stress, strain, and coping. J Health Soc Behav 20: 200-201, 1979.
4. **Marshall J**, Priore R, Haughey B, Rzepka T, Graham S. Spouse-subject interviews and the reliability of diet studies. Am J Epidemiol 112: 675-683, 1980.
5. **Marshall J**. Political Integration and the effect of war on suicide: The United States, 1933-1976. Social Forces 59:771-785, 1981.
6. **Marshall J**, Priore R, Graham S, Brasure J. On the distortion of risk estimates in multiple exposure level case control studies. Am J Epidemiol 113: 464-473, 1981.
7. Graham S, Mettlin C, **Marshall J**. Dietary factors in the epidemiology of cancer of the larynx. Am J Epidemiol 113: 675-680, 1981.
8. Mettlin C, Graham S, Priore R, **Marshall J**, Swanson M. Diet and cancer of the esophagus. Nutr Cancer 2: 143-147, 1981.
9. Funch D, **Marshall J**. Patient attitudes following participation in a health outcome survey. Am J Public Health 71: 1396-1398, 1981.



10. **Marshall J**, Hodge R. Durkheim and Pierce on suicide and economic change. *Social Science Research* 10: 101-114, 1981.
11. **Marshall J**, Dowdall G. Employment and mental hospitalization: The case of Buffalo, New York, 1914-1955. *Social Forces* 60: 843, 1982.
12. Graham S, **Marshall J**, Mettlin C, Rzepka T. Diet in the epidemiology of breast cancer. *Am J Epidemiol* 116: 68-75, 1982.
13. **Marshall J**, Graham S, Swanson M. Caffeine consumption and benign breast disease: A case-control comparison. *Am J Public Health* 72: 610-612, 1982.
14. **Marshall J**, Graham S, Mettlin C, Shedd D, Swanson M. Diet in the epidemiology of oral cancer. *Nutr Cancer* 3: 145-149, 1982.
15. **Marshall J**, Gregorio D, Walsh D. Sex differences in illness behavior: Care seeking among cancer patients. *J Health Soc Behav* 23: 197-204, 1982.
16. Funch D, **Marshall J**. The role of stress, social support and age in survival from breast cancer. *J Psychosom Res* 27: 77-83, 1983.
17. **Marshall J**, Burnette W, Brasure J. On precipitating factors: Cancer as a cause of suicide. *Suicide Life Threat Behav* 13: 15-27, 1983.
18. **Marshall J**, Funch D. Social environment and breast cancer: A cohort analysis of patient survival. *Cancer* 52: 1546-1550, 1983.
19. Violanti J, **Marshall J**, Howe B. Police occupational demands, psychological distress and the coping function of alcohol. *J Occup Med* 25: 455-458, 1983.
20. **Marshall J**, Graham S, Byers T, Swanson M, Brasure J. Diet and smoking in the epidemiology of cancer of the cervix. *J Natl Cancer Inst* 70: 847-851, 1983.
21. Graham S, Haughey B, **Marshall J**, Priore R, Byers T, Rzepka T, Mettlin C, Pontes JE. Diet in the epidemiology of carcinoma of the prostate. *J Natl Cancer Inst* 70: 687-692, 1983.
22. Byers T, **Marshall J**, Graham S, Mettlin C, Swanson M. A case-control study of dietary and nondietary factors in ovarian cancer. *J Natl Cancer Inst* 71: 681-686, 1983.
23. Byers T, Rosenthal R, **Marshall J**, Rzepka T, Cummings M, Graham S. Dietary history from the distant past: A methodological study. *Nutr Cancer* 5: 69-77, 1983.
24. **Marshall J**, Graham S. Use of dual responses to increase validity of case-control studies. *J Chronic Dis* 37(2): 125-136, 1984.
25. Funch D, **Marshall J**. Self-reliance as a modifier of the effects of life, stress, and social support. *J Psychosom Res* 28: 9-15, 1984.
26. Haughey B, **Marshall J**, Mettlin C, Nemoto T, Krolbart K, Swanson M. Nurses' ability to detect nodules in silicone breast models. *Oncol Nurs Forum* 11: 37-42, 1984.
27. Gregorio D, **Marshall J**. Fine tuning well being: Food stamp use and nutritional adequacy of children's diets. *Social Science Quarterly*, December: 1137-1146, 1984.
28. Funch D, **Marshall J**. Measuring life stress: Factors affecting fall-off in the reporting of life events. *J Health Soc Behav* 25: 453-464, 1984.
29. Byers T, Graham S, Rzepka T, **Marshall J**. Lactation and breast cancer: Evidence for a negative association in premenopausal women. *Am J Epidemiol* 121: 664-674, 1985.
30. Gregorio D, **Marshall J**, Zielezny M. Fluctuations in relative odds ratios due to variance differences in case-control studies. *Am J Epidemiol* 121: 767-774, 1985.
31. Byers T, **Marshall J**, Fiedler R, Zielezny M, Graham S. Assessing nutrient intake with an abbreviated dietary interview. *Am J Epidemiol* 122: 41-50, 1985.
32. Gregorio D, Emrich L, Graham S, **Marshall J**, Nemoto T. Dietary fat consumption and survival among women with breast cancer. *J Natl Cancer Inst* 75: 37-39, 1985.

33. Assaf AR, Cummings KM, Graham S, Mettlin C, **Marshall J**. Comparison of the three methods of teaching women how to perform breast self-examination. *Health Educ Q* 12: 259-272, 1985.
34. Graham S, **Marshall J**, Haughey B, Stoll H, Zielezny M, Brasure J, West D. An inquiry into the epidemiology of melanoma. *Am J Epidemiol* 122: 606-619, 1985.
35. Middleton B, Byers T, **Marshall J**, Zielezny M, Graham S. Dietary vitamin A and cancer – A multi-site case-control study. *Nutr Cancer* 8: 107-116, 1986.
36. Violanti J, Vena J, **Marshall J**. Disease risk and mortality among police officers: New evidence and contributing factors. *J Police Sci Admin* 14: 17-23, 1986.
37. Vena J, Violanti J, **Marshall J**. Mortality of a municipal worker cohort: III Police officers. *Am J Ind Med* 10:383-397, 1986.
38. Funch D, **Marshall J**, Gebhardt G. Assessment of a short scale to measure social support. *Soc Sci Med* 23: 337-344, 1986.
39. Byers T, Graham S, Haughey B, **Marshall J**, Swanson M. Diet and lung cancer risk: Findings from the Western New York diet study. *Am J Epidemiol* 125: 351-363, 1987.
40. Byers T, **Marshall J**, Anthony E, Fiedler R, Zielezny M. The reliability of dietary history from the distant past. *Am J Epidemiol* 125: 999-1011, 1987.
41. **Marshall J**. The reliability and validity of dietary data as used in epidemiology. *Cancer Surv* 6: 673-683, 1987.
42. Graham S, **Marshall J**, Haughey B, Mittelman A, Swanson M, Zielezny M, Byers T, Wilkinson G, West D. Dietary epidemiology of cancer of the colon in Western New York. *Am J Epidemiol* 128: 490-503, 1988.
43. Haughey B, **Marshall J**, Nemoto T, Krolbart K, Mettlin C, Swanson M. Breast-self examination: Reported practices, proficiency and stage of breast cancer at diagnosis. *Oncol Nurs Forum* 15: 315-319, 1988.
44. Dlugosz LJ, Byers T, Msall ME, **Marshall J**, Lesswing A, Cooke RE. Relationships between laterality of congenital upper limb reduction defects and school performance. *Clin Pediatr* 27: 319-324, 1988.
45. Freudenheim J, **Marshall J**. The problem of profound mismeasurement and the power of epidemiologic studies of diet and cancer. *Nutr Cancer* 11: 243-250, 1988.
46. **Marshall J**. The use of dual or multiple reports in epidemiologic studies. *Stat Med* 8: 1041-1049, 1989.
47. Cummings KM, Markello SJ, Mahoney M, McElroy P, Bhargava A, **Marshall JR**. Measurement of lifetime exposure to passive smoke. *Am J Epidemiol* 130: 122-132, 1989.
48. Randall E, **Marshall J**, Graham S, Brasure J. Frequency of food use data and the multidimensionality of diet. *J Am Diet Assoc* 89: 1070-1075, 1989.
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54. Skretny MT, Cummings KM, Sciandra R, **Marshall J**. An intervention to reduce the sale of cigarettes to minors. *NY State J Med* 90: 54-55, 1990.
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56. Freudenheim J, Graham S, **Marshall J**, Haughey B, Wilkinson G. A case-control study of diet and rectal cancer in Western New York. *Am J Epidemiol* 131: 612-624, 1990.
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58. Randall DE, **Marshall JR**, Graham S, Brasure J. Patterns in food use and their association with nutrient intakes. *Am J Clin Nutr* 52: 739-745, 1990.
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60. Freudenheim JL, Graham S, Horvath PJ, **Marshall JR**, Haughey BP, Wilkinson G. Risks associated with source of fiber and fiber components in cancer of the colon and rectum. *Cancer Res* 50: 3295-3300, 1990.
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63. Randall E, **Marshall JR**, Graham S, Brasure J. High-risk health behaviors associated with various dietary patterns. *Nutr Cancer* 16(2): 135-151, 1991.
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65. Randall DE, **Marshall JR**, Brasure J, Graham S. Patterns in food use and compliance with NCI dietary guidelines. *Nutr Cancer* 15:141-158, 1991.
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69. Lance P, Grossman S, **Marshall JR**. Screening for colorectal cancer. *Semin Gastrointest Dis* 3: 22-33, 1992.
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71. **Marshall J**, Yinsheng Q, Junshi C, Parpia B, Campbell TC. Additional ecologic evidence: Lipids and breast cancer mortality among women age 55 and over in China. *Eur J Cancer* 28A(10): 1720-1727, 1992.
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75. Whittemore AS, Harris R, Itnyre J, Halpern J, and the Collaborative Ovarian Cancer Group (including **Marshall JR**). Characteristics relating to ovarian cancer risk: Collaborative analysis of 12 US case-control studies. I. Methods. *Am J Epidemiol* 136(10): 1175-1183, 1992.
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